



The Personal Development School Social & Community Event Calendar

April 2023

SUN	MON	TUE	WED	THU	FRI	SAT
						01
02	03 Emotional Resilience 10:00 AM ET Sharing Circle With Mike 2:00 PM ET Community Q&A 4:30 PM ET	04 Guided Meditation (All Levels) 11:00 AM ET	05 Communication Scripts Practice 2:30 PM ET Sharing Circle 5:00 PM ET	06 Self-Discovery Routine With Mike 10:00 AM ET Sharpen Your Relationships 2:00 PM ET Emotional Resilience 4:00 PM ET	07 Self-Love Routine With Joanna 10:00 AM ET	08
09	10 Emotional Resilience 10:00 AM ET Sharing Circle With Mike 2:00 PM ET Community Q&A 4:30 PM ET	11 Guided Meditation (All Levels) 11:00 AM ET	12 Communication Scripts Practice 2:30 PM ET Sharing Circle 5:00 PM ET	13 Self-Discovery Routine With Mike 10:00 AM ET Sharpen Your Relationships 2:00 PM ET Emotional Resilience 4:00 PM ET	14 Self-Love Routine With Joanna 10:00 AM ET	15
16	17 Emotional Resilience 10:00 AM ET Sharing Circle With Mike 2:00 PM ET Community Q&A 4:30 PM ET	18 Guided Meditation (All Levels) 11:00 AM ET	19 Communication Scripts Practice 2:30 PM ET Sharing Circle 5:00 PM ET	20 Self-Discovery Routine With Mike 10:00 AM ET Sharpen Your Relationships 2:00 PM ET Emotional Resilience 4:00 PM ET	21 Self-Love Routine With Joanna 10:00 AM ET	22
23	24 Emotional Resilience 10:00 AM ET Sharing Circle With Mike 2:00 PM ET Community Q&A 4:30 PM ET	25 Guided Meditation (All Levels) 11:00 AM ET	26 Communication Scripts Practice 2:30 PM ET Sharing Circle 5:00 PM ET	27 Self-Discovery Routine With Mike 10:00 AM ET Sharpen Your Relationships 2:00 PM ET Emotional Resilience 4:00 PM ET	28 Self-Love Routine With Joanna 10:00 AM ET	29
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