

Thais Gibson

MEDIA KIT



38M Views



115+ Countries



4.3M Email List



Thais' Story

Thais Gibson is a #1 best-selling author, speaker, and co-founder of The Personal Development School. Renowned for her work on integrated attachment theory, she has garnered over **38 million views** on her YouTube channel, taught over **30,000 members** inside of her e-learning platform, and has accumulated an email list of over **4.3 million** people.

But how did she get here?

Thais struggled with childhood trauma and battled anxiety, depression and addiction as a result.

She felt as though traditional methods of healing were ineffective, and she wasn't alone in this. During a therapy session, she heard a young woman say, "Every day is still a struggle."

She vowed she would find a better way to heal herself, and eventually, others.

Determined to heal herself and help others, she gained **certifications in over 13 modalities**, including NLP, Cognitive Behavioral Therapy, and a PhD. She opened a private practice that quickly amassed a two-year waitlist, highlighting the effectiveness of her approach. Realizing the need to reach a broader audience worldwide, she founded The Personal Development School.

Today, she is recognized as a leader in interpersonal relationships, integrated attachment theory and post-traumatic growth. Thais Gibson is more than a personal development expert; she's a visionary redefining the path to emotional healing.



Publications

Forbes

Psychology Today

INSIDER

FASTCOMPANY

CEO WEEKLY

broke & chic

Mashable

SUCCESS[®]

The Telegraph

LOS ANGELES **WIRE**

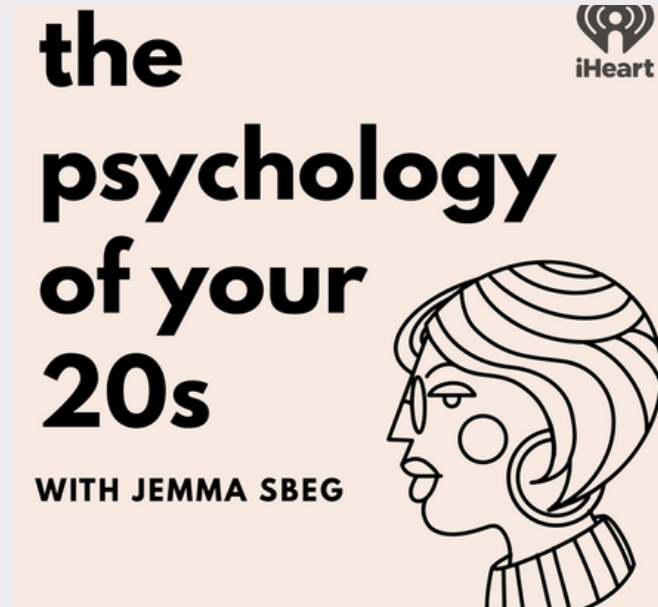
THE
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BEYOND THE HEADLINES

yahoo!
finance

Podcast Appearances



The Mel Robbins Podcast



Psychology of Your 20s



The Coachable Podcast



Superhuman Academy



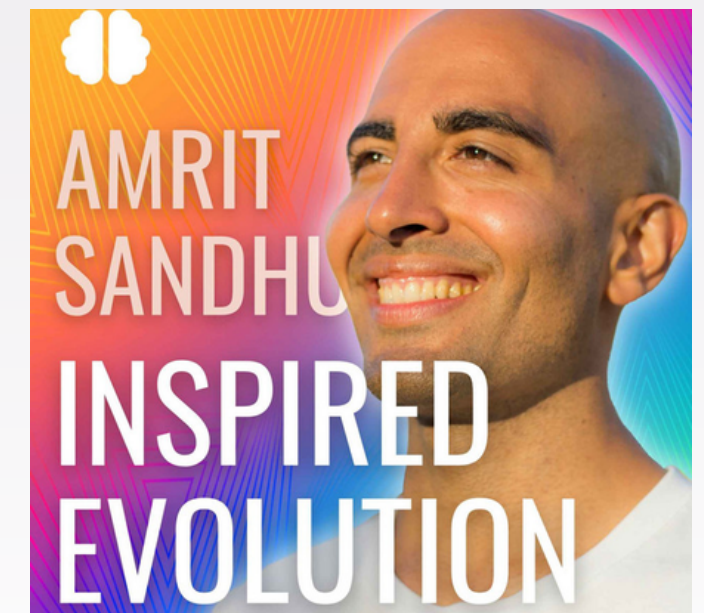
Digital Social Hour



Fearless Soul Podcast



Travis Makes Friends



Inspired Evolution



TV Appearances

the
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blend

The Morning Blend

ticker!

Ticker! News

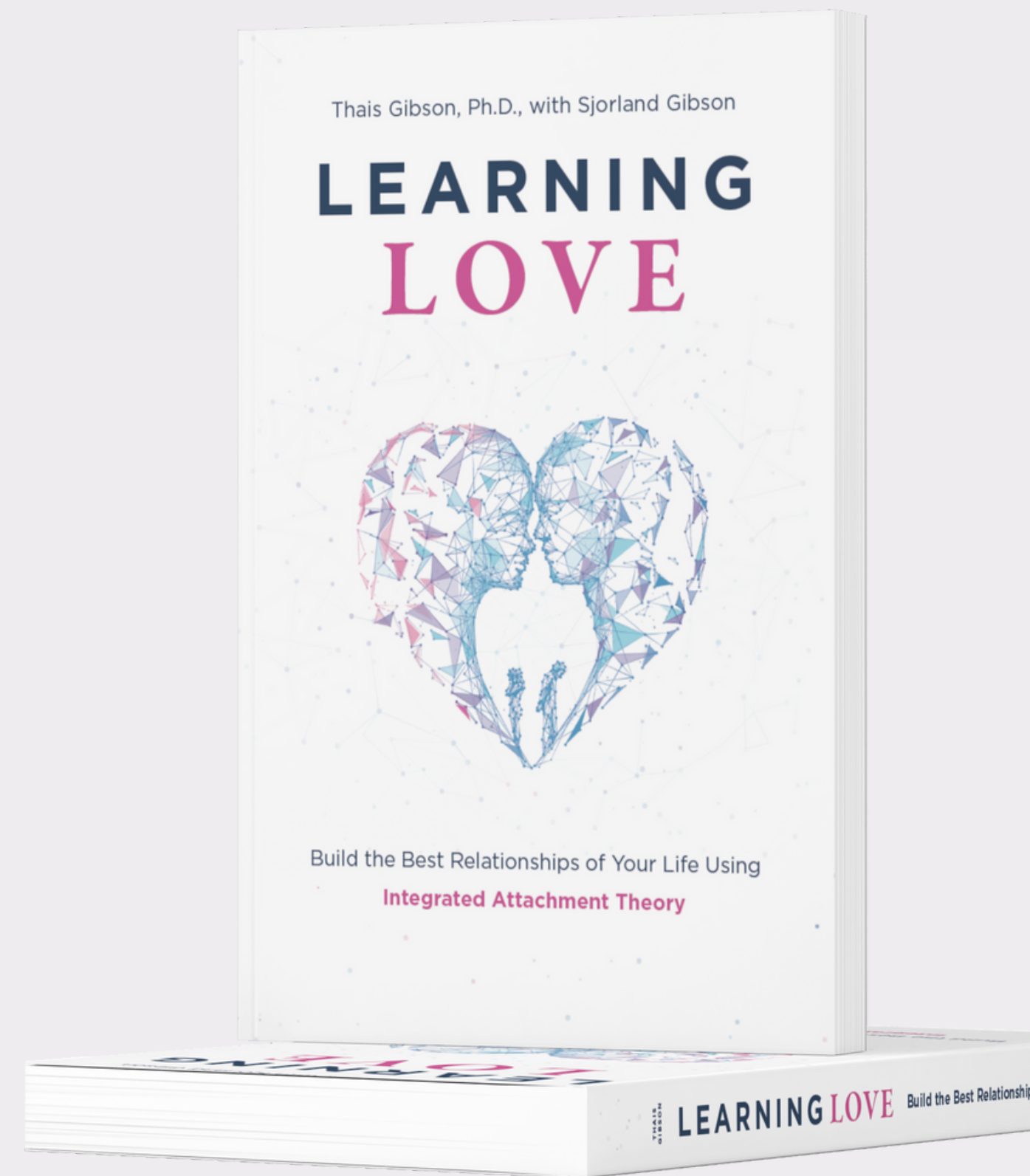
FOX 5

Fox 5 Founders Story

Accomplishments

- ✔ #1 Best-selling author, speaker, and coach with a PhD
- ✔ 38M YouTube Views, 230K Subscribers, 60K Instagram Followers
- ✔ 30,000 members in The Personal Development School in 115 countries
- ✔ Keynote speaker for Google's International Women's Day
- ✔ Founder of Integrated Attachment Theory

"I started watching your videos a few days ago, and I've healed more in these **3 days than I did in nine months of therapy**. I feel like all of a sudden, all the lights went on, and I found all the answers I've been looking for. The peace I finally feel is unbelievable, and **my future feels so much brighter now**. I can't thank you enough."



Thank You
FOR VIEWING

