



The Personal Development School December 2021 Webinar Schedule

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 Welcome Webinar Onboarding 7:00 PM ET	2 Live Q&A with Thais Gibson 7:30PM- 9:00PM ET	3 Break Through Self-Sabotage and Procrastination 12:00PM – 1:30 PM ET	4 Reparenting for Healthy Relationships 2:00PM – 3:30 PM ET Live Q&A with Thais Gibson 3:30PM – 4:30PM ET
5	6	7 PDS Customer Care Webinar 7:30PM ET	8	9 Live Q&A with Thais Gibson 7:30PM- 9:00PM ET	10 How To Heal From A Break Up 12:00PM - 1:30PM ET	11 Healing Your Relationship To Money 2:00PM – 3:30PM ET Live Q&A with Thais Gibson 3:30PM – 4:30PM ET
12	13	14	15 Welcome Webinar Onboarding 7:00 PM ET	16 Live Q&A with Thais Gibson 7:30PM – 9:00PM ET	17 Overcoming Loneliness & Creating Fulfilling Connections 12:00PM – 1:30PM ET	18 Shadow Work For Your Workplace Relationships 2:00PM – 3:30PM ET Helpful Tools For Healthy Family Dynamics & The Holidays 3:30PM- 4:30PM ET
19	20	21 Maximizing Growth In Your Career 7:30 PM ET	22	23	24	25
26	27	28 Somatic Processing For Emotional Triggers 7:30 PM ET	29 Welcome Webinar Onboarding 7:00 PM ET	30	31	

Attending live webinars with Thais will enable you to better understand the course content, connect with others in the community, and ask any personal questions you may have. Attending the webinars is highly recommended and will facilitate your personal growth.



THE PERSONAL DEVELOPMENT SCHOOL DECEMBER 2021 SOCIAL & COMMUNITY EVENT CALENDAR

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			<p>1 Communication Scripts Practice: 2:30PM ET</p> <p>Sharing Circle with Mike 6:00PM ET Welcome Onboarding Webinar 7:00PM ET</p>	<p>2 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>3 Self-Love Routine with Joanna 8:30AM ET</p>	4
5	<p>6 Study Group: Break Through Self-Sabotage & Procrastination 12:00PM ET</p> <p>Sharing Circle with Mike: 4:00PM ET</p> <p>Communication Scripts Practice: 6:30PM ET</p>	<p>7 Guided Meditation (All Levels) 10:00AM ET</p> <p>Study Group: Break Through Self-Sabotage & Procrastination 3:00PM ET</p> <p>PDS Customer Care Webinar 7:30 PM</p>	<p>8 Communication Scripts Practice: 2:30PM ET</p> <p>Sharing Circle with Mike 6:00PM ET</p>	<p>9 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>10 Self-Love Routine with Joanna 8:30AM ET</p>	11
12	<p>13 Study Group: Mastering Your Abundance Mindset 12:00PM ET</p> <p>Sharing Circle with Mike: 4:00PM ET</p> <p>Communication Scripts Practice: 6:30PM ET</p>	<p>14 Guided Meditation (All Levels) 10:00AM EST</p> <p>Study Group: Mastering Your Abundance Mindset 3:00PM ET</p>	<p>15 Communication Scripts Practice: 2:30PM ET</p> <p>Sharing Circle with Mike 6:00PM ET</p> <p>Welcome Onboarding Webinar 7:00PM ET</p>	<p>16 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>17 Self-Love Routine with Joanna 8:30AM ET</p>	18
19	<p>20 Study Group: How To Heal From A Break Up 12:00PM ET</p> <p>Sharing Circle with Mike: 4:00PM ET</p> <p>Communication Scripts Practice: 6:30PM ET</p>	<p>21 Guided Meditation (All Levels) 10:00AM ET</p> <p>Study Group: How To Heal From A Break Up 3:00PM ET</p> <p>Online Dating Forum 6:15 PM ET</p>	<p>22 Communication Scripts Practice: 2:30PM ET</p> <p>Sharing Circle with Mike 6:00PM ET</p>	<p>23 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>24 Self-Love Routine with Joanna 8:30AM ET</p>	25

26	27	28 Guided Meditation (All Levels) 10:00AM ET Study Group: Somatic Processing 3:00PM ET	29 Communication Scripts Practice: 2:30PM ET Sharing Circle with Mike 6:00PM ET	30	31 Self-Love Routine with Joanna 8:30AM ET	
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