



## The Personal Development School Social and Community Event Calendar for August 2022

| Sun | Mon   | Tues   | Wed   | Thurs   | Fri  | Sat |
|-----|---|--|---|---|--|-----|
|     | <p>1</p> <p><b>Study Group: Open Drop In Session</b><br/>10:00AM – 12:00PM</p> <p><b>Sharing Circle with Mike:</b><br/>2:00PM ET</p>  | <p>2</p> <p><b>Guided Meditation (All Levels)</b><br/>10:00AM ET</p> <p><b>Study Group: Open Drop In Session</b><br/>2:00PM – 5:00PM ET</p>  | <p>3</p> <p><b>Communication Scripts Practice</b><br/>2:30PM ET</p> <p><b>Sharing Circle with Mike</b><br/>5:00PM ET</p>  | <p>4</p> <p><b>Self-Discovery Routine with Mike</b><br/>10:00AM ET</p>  | <p>5</p> <p><b>Self-Love Routine with Joanna</b><br/>10:00AM ET</p>  | 6   |
| 7   | <p>8</p> <p><b>No Routines</b></p>  | <p>9</p> <p><b>No Routines</b></p>   | <p>10</p> <p><b>Communication Scripts Practice</b><br/>2:30PM ET</p> <p><b>Sharing Circle</b><br/>5:00PM ET</p>           | <p>11</p> <p><b>Self-Discovery Routine</b><br/>10:00AM ET</p>   | <p>12</p> <p><b>Self-Love Routine with Joanna</b><br/>10:00AM ET</p> | 13  |
| 14  | <p>15</p> <p><b>Study Group: Open Drop In Session</b><br/>10:00AM – 12:00PM</p> <p><b>Sharing Circle with Mike:</b><br/>2:00PM ET</p> <p><b>Community Q&amp;A</b><br/>4:30PM ET</p> | <p>16</p> <p><b>Guided Meditation (All Levels)</b><br/>10:00AM ET</p> <p><b>Study Group: Open Drop In Session</b><br/>2:00PM – 5:00PM ET</p> | <p>17</p> <p><b>Communication Scripts Practice</b><br/>2:30PM ET</p> <p><b>Sharing Circle with Mike</b><br/>5:00PM ET</p> | <p>18</p> <p><b>Self-Discovery Routine with Mike</b><br/>10:00AM ET</p>   | <p>19</p> <p><b>Self-Love Routine with Joanna</b><br/>10:00AM ET</p> | 20  |
| 21  | <p>22</p> <p><b>Study Group: Open Drop In Session</b><br/>10:00AM – 12:00PM</p> <p><b>Sharing Circle with Mike:</b><br/>2:00PM ET</p> <p><b>Community Q&amp;A</b><br/>4:30PM ET</p> | <p>23</p> <p><b>Guided Meditation (All Levels)</b><br/>10:00AM ET</p> <p><b>Study Group: Open Drop In Session</b><br/>2:00PM – 5:00PM ET</p> | <p>24</p> <p><b>Communication Scripts Practice</b><br/>2:30PM ET</p> <p><b>Sharing Circle with Mike</b><br/>5:00PM ET</p> | <p>25</p> <p><b>Self-Discovery Routine with Mike</b><br/>10:00AM ET</p> <p><b>Online Dating Tips &amp; Tools</b><br/>12:00PM ET</p> | <p>26</p> <p><b>Self-Love Routine with Joanna</b><br/>10:00AM ET</p> | 27  |
| 28  | <p>29</p> <p><b>Study Group: Open Drop In Session</b><br/>10:00AM – 12:00PM</p> <p><b>Sharing Circle with Mike</b><br/>2:00PM ET</p> <p><b>Community Q&amp;A</b><br/>4:30PM ET</p>  | <p>30</p> <p><b>Guided Meditation (All Levels)</b><br/>10:00AM ET</p> <p><b>Study Group: Open Drop In Session</b><br/>2:00PM – 5:00PM ET</p> | <p>31</p> <p><b>Communication Scripts Practice</b><br/>2:30PM ET</p> <p><b>Sharing Circle with Mike</b><br/>5:00PM ET</p> |   |  |     |