



September 2021 Webinar Schedule

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2 Live Q&A with Thais Gibson 7:30PM- 9:00 PM ET	3 Attachment Styles & Their Relationship to Sex 12:00PM – 1:30 PM ET	4 Communication Scripts and Live Examples 2:00PM – 3:30 PM ET Live Q&A with Thais Gibson 3:30PM – 4:30PM ET
5	6	7 Customer Feedback Webinar 7:30PM ET	8	9 Live Q&A with Thais Gibson 7:30PM- 9:00PM ET	10 Rebuilding Self-Trust 12:00PM - 1:30PM ET	11 Eating Disorder Recovery 2:00PM – 3:30PM ET Live Q&A with Thais Gibson 3:30PM – 4:30PM ET
12	13	14 Customer Feedback Webinar 7:30PM ET	15	16 Live Q&A with Thais Gibson 7:30PM – 9:00PM ET	17 Reprogramming Chronic Guilt 12:00PM – 1:30PM ET	18 How to Heal from A Breakup 2:00PM – 3:30PM ET Live Q&A with Thais Gibson 3:30PM- 4:30PM ET
19	20	21 Customer Feedback Webinar 7:30PM ET	22	23 Live Q&A with Thais Gibson 7:30PM – 9:00PM ET	24 The Science of Post-Traumatic Growth 12:00PM – 1:30PM ET	25 Releasing the Inner Critic & Negative Self-Talk 2:00PM – 3:30PM ET Live Q&A with Thais Gibson 3:30PM – 4:30PM ET
26	27	28	29	30		

Attending live webinars with Thais will enable you to better understand the course content, connect with others in the community, and ask any personal questions you may have.

Attending the webinars is highly recommended and will facilitate your personal growth.

Study Groups will help you work through your courses with others inside The School!

Routines will enable you to set intentions, work through guided meditations, activities, group shares and more!

Socials give you a chance to interact and connect with others in the community!



September 2021 Social Schedule

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			<p>1 Communication Scripts Practice 2:30PM ET Sharing Circle with Mike 6:00PM ET</p> <p>Technical Support Onboarding Webinar 6:30PM ET</p>	<p>2 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>3 Self-Love Routine with Joanna 8:30AM ET</p>	4
5	6	<p>7 Guided Meditation (All Levels) 10:00AM ET</p> <p>Study Group: Overcoming Loneliness & Creating Fulfilling Connections 3:00PM ET</p>	<p>8 Communication Scripts Practice 2:30PM ET Sharing Circle with Mike 6:00PM ET</p> <p>Technical Support Onboarding Webinar 6:30PM ET</p>	<p>9 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>10 Self-Love Routine with Joanna 8:30AM ET</p>	11
12	<p>13 Study Group: Rebuilding Trust & Overcoming Jealousy in a Relationship 12:00PM ET</p> <p>PDS Social: 5:00PM ET</p> <p>Communication Scripts Practice: 6:30PM ET</p>	<p>14 Guided Meditation (All Levels) 10:00AM EST</p> <p>Study Group: Rebuilding Trust & Overcoming Jealousy in a Relationship 3:00PM ET</p>	<p>15 Communication Scripts Practice 2:30PM ET Sharing Circle with Mike 6:00PM ET</p> <p>Technical Support Onboarding Webinar 6:30PM ET</p>	<p>16 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>17 Self-Love Routine with Joanna 8:30AM ET</p>	18
19	<p>20 Study Group: Eliminate Your Inner Guilt & Shame 12:00PM ET</p> <p>PDS Social: 5:00PM ET</p> <p>Communication Scripts Practice: 6:30PM ET</p>	<p>21 Guided Meditation (All Levels) 10:00AM ET</p> <p>Study Group: Eliminate Your Inner Guilt & Shame 3:00PM ET</p>	<p>22 Communication Scripts Practice 2:30PM ET Sharing Circle with Mike 6:00PM ET</p> <p>Technical Support Onboarding Webinar 6:30PM ET</p>	<p>23 Self-Discovery Routine with Mike 10:00AM ET</p>	<p>24 Self-Love Routine with Joanna 8:30AM ET</p>	25
26	<p>27 Study Group: Emotional Mastery & Belief Reprogramming 12:00PM ET</p> <p>PDS Social: 5:00PM ET</p> <p>Communication Scripts Practice: 6:30PM ET</p>	<p>28 Guided Meditation (All Levels) 10:00AM ET</p> <p>Study Group: Emotional Mastery & Belief Reprogramming 3:00PM ET</p>	<p>29 Communication Scripts Practice 2:30PM ET</p> <p>Sharing Circle with Mike 6:00PM ET</p> <p>Technical Support Onboarding Webinar 6:30PM ET</p>	<p>30 Self-Discovery Routine with Mike 10:00AM ET</p>		