



## The Personal Development School May 2021 Webinar Schedule

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						<p>1 <b>Transforming Your Relationship with Anger</b> 2:00PM ET</p> <p><b>Open Q&amp;A with Thais Gibson</b> 3:30PM ET</p>
2	3	4	5	<p>6 <b>Open Q&amp;A with Thais Gibson</b> 7:30PM ET</p>	<p>7 <b>Workbook: Overcoming Procrastination &amp; Self-Sabotage</b> 12:00PM ET</p>	<p>8 <b>Reprogramming Your Subconscious Mind for Abundance</b> 2:00PM ET</p> <p><b>Open Q&amp;A with Thais Gibson</b> 3:30PM ET</p>
9	10	11	12	<p>13 <b>Open Q&amp;A with Thais Gibson</b> 7:30PM ET</p>	<p>14 <b>12 Key Pillars to Healthy &amp; Securely Attached Relationships</b> 12:00PM ET</p>	<p>15 <b>Live Course: Overcoming Perfectionism Trauma &amp; Fear of Losing Control (Part 1)</b> 2:00PM ET</p> <p><b>Live Course: Overcoming Perfectionism Trauma &amp; Fear of Losing Control (Part 2)</b> 3:30PM ET</p>
16	17	18	19	<p>20 <b>Open Q&amp;A with Thais Gibson</b> 7:30PM ET</p>	<p>21 <b>Overcoming Addictive Patterns &amp; Unhealthy Habits</b> 12:00PM ET</p>	<p>22 <b>Live Course: Emotional Mastery &amp; Belief Reprogramming</b> 2:00PM ET</p> <p><b>Live Course: Emotional Mastery &amp; Belief Reprogramming (Part 2)</b> 3:30PM ET</p>
23	24	<p>25 <b>PDS Success Story Share with Thais</b> 7:00PM ET</p>	26	<p>27 <b>Social Event with Thais – Live Q&amp;A with Breakout Rooms</b> 7:30PM ET</p>	<p>28 <b>Dismissive Avoidants in the Power Struggle Phase of Relationships + Q&amp;A</b> 12:00PM ET</p>	<p>29 <b>Fearful Avoidants in the Power Struggle Phase of Relationships + Q&amp;A</b> 2:00PM ET</p> <p><b>Anxious Preoccupied in the Power Struggle Phase of Relationships + Q&amp;A</b> 3:30PM ET</p>

Attending live webinars with Thais will enable you to better understand the course content, connect with others in the community, and ask any personal questions you may have. Attending the webinars is highly recommended and will facilitate your personal growth.



## The Personal Development School May 2021 Social Schedule

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	<p><b>Study Group: Advanced Fearful Avoidant</b> 12:00PM ET</p> <p><b>PDS Social</b> 6:30PM ET</p>	<p><b>PDS Social</b> 1:00PM ET</p> <p><b>Study Group: Advanced Fearful Avoidant</b> 3:00PM ET</p>	<p><b>Intention &amp; Connection Routine with Mike</b> 5:30PM ET</p> <p><b>Sharing Circle with Mike</b> 7:00PM ET</p>	<p><b>Self-Discovery Routine with Mike</b> 10:00AM ET</p>	<p><b>Self-Love Routine with Joanna</b> 8:30AM ET</p>	8
9	<p><b>Study Group: Discover, Embrace &amp; Fulfill Your Personal Needs</b> 12:00PM ET</p> <p><b>PDS Social</b> 6:30PM ET</p>	<p><b>Self-Love Routine with Joanna</b> 8:30AM ET</p> <p><b>PDS Social</b> 1:00PM ET</p> <p><b>Study Group: Discover, Embrace &amp; Fulfill Your Personal Needs</b> 3:00PM ET</p>	<p><b>Intention &amp; Connection Routine with Mike</b> 5:30PM ET</p> <p><b>Sharing Circle with Mike</b> 7:00PM ET</p>	<p><b>Self-Discovery Routine with Mike</b> 10:00AM ET</p>	<p><b>Self-Love Routine with Joanna</b> 8:30AM ET</p>	15
16	<p><b>Study Group: How to Repair any Relationship</b> 12:00PM ET</p> <p><b>PDS Social</b> 6:30PM ET</p>	<p><b>PDS Social</b> 1:00PM ET</p> <p><b>Study Group: How to Repair any Relationship</b> 3:00PM ET</p>	<p><b>Intention &amp; Connection Routine with Mike</b> 5:30PM ET</p> <p><b>Sharing Circle with Mike</b> 7:00PM ET</p>	<p><b>Self-Discovery Routine with Mike</b> 10:00AM ET</p>	<p><b>Self-Love Routine with Joanna</b> 8:30AM ET</p>	22
23	<p><b>Study Group: Emotional Mastery</b> 12:00PM ET</p> <p><b>PDS Social</b> 6:30PM ET</p>	<p><b>Self-Love Routine with Joanna</b> 8:30AM ET</p> <p><b>PDS Social</b> 1:00PM ET</p> <p><b>Study Group: Emotional Mastery</b> 3:00PM ET</p>	<p><b>Intention &amp; Connection Routine with Mike</b> 5:30PM ET</p> <p><b>Sharing Circle with Mike</b> 7:00PM ET</p>	<p><b>Self-Discovery Routine with Mike</b> 10:00AM ET</p>	<p><b>Self-Love Routine with Joanna</b> 8:30AM ET</p>	29

**Study Groups will help you work through your courses with others inside The School!**

**Routines will enable you to set intentions, work through guided meditations, activities, group shares and more!**

**Socials give you a chance to interact and connect with others in the community!**