

Interceptive Orthodontics Process for Children

Guiding your child's dental development for a healthier smile.

Based on [Interceptive Orthodontics](#) by Cool Mountain Kids Pediatric Dentistry

Step 1: Identify Potential Signs

Look for indicators that your child might benefit from early orthodontic evaluation. These include early or late loss of baby teeth, thumb sucking beyond age 5, crowded or misplaced teeth, jaw shifting or sounds, or teeth that meet abnormally.

- These signs don't always mean a serious problem, but warrant an evaluation.
- Early identification often leads to simpler solutions.



Step 2: Schedule an Initial Evaluation

If you notice any potential signs, schedule an orthodontic evaluation. This is the first step to determine if interceptive orthodontics is necessary for your child.

- This evaluation is crucial for assessing developing dental and jaw issues.



Step 3: Undergo Comprehensive Examination

During the initial evaluation, expect a detailed examination of your child's jaw movement and teeth, facial and dental photographs, X-rays, and impressions or digital scans.

- This information helps create a personalized treatment plan.
- The goal is to understand your child's unique needs.



Step 4: Understand Common Conditions

Familiarize yourself with common issues addressed by interceptive orthodontics, such as crossbites, crowding, protruding front teeth, underbites, severe overbites, and open bites.

- Early intervention can guide jaw growth and create space for permanent teeth.
- Addressing these issues early can reduce future treatment complexity.



Step 5: Consider the Benefits of Early Intervention

Recognize the advantages of interceptive orthodontics, including influencing jaw growth, creating space for permanent teeth to reduce extractions, and potentially shortening future treatment time with braces.

- Leveraging natural growth processes is key.
- Preserving natural dentition is a priority.



Step 6: Determine if Treatment is Right

The decision for interceptive orthodontics is case-by-case, considering the specific issues, your child's age, cooperation, and family history. Not all children require early intervention.

- Focus is on identifying children who will genuinely benefit.
- Conservative and non-invasive approaches are preferred.



Step 7: Engage in Personalized Treatment

If interceptive orthodontics is recommended, expect a personalized treatment plan tailored to your child's unique needs and personality, with a focus on making dental visits a positive experience.

- Building trust with your child is essential.
- A kid-friendly office environment helps ease anxiety.

Resources & Further Reading

Related guides for this process:

■ Interceptive Orthodontics for Kids (Infographic)

<https://storage.googleapis.com/pediatric-dentistry-checklists-20260707-64863c/pediatric-dentistry/Infographic/interceptive-orthodontics-info-graphic.pdf>

■ Interceptive Orthodontics Checklist for Parents

<https://storage.googleapis.com/pediatric-dentistry-checklists-20260707-a10c96/pediatric-dentistry/Checklist/interceptive-orthodontics-checklist-for-parents-checklist.pdf>

Cool Mountain Kids Pediatric Dentistry | 6160 Tutt Blvd #140, Colorado Springs, CO 80923
(719) 550-1010 | www.coolmountainkids.com
Proactive dental care for your child's developing smile.