

Career progression has changed substantially in today's life-sciences industry:

PEOPLE ARE ON THE MOVE, what the individual is seeking varies, and career progression is less linear. Experts in career development discuss the issues confronting professionals and how to maneuver the twists and turns **ALONG THE CAREER PATH**.

HANGE IS THE ONE CONSTANT IN THE MODERN PHARMACEUTICAL INDUSTRY, AND

THAT APPLIES AS MUCH TO INDIVIDUALS AND THEIR CAREERS AS IT DOES TO COMPANIES.

In the past, an individual would join a pharma company after graduating from college and, quite conceivably, could expect to spend his or her entire career with that company. That's no longer the case.

"The days when an individual could join an organization and spend 25 to 30 years at that same organization happens much less frequently today," says Jeff Dodson, practice leader, U.S. pharmaceutical sector, Heidrick & Struggles, an

executive search firm. "People need to be more prepared to work in a number of different companies or settings, including not just

pharma but also specialty pharma and start-up biotech."

This means there is tremendous movement in the industry, which presents challenges for companies hiring individuals as well as for employees developing careers.

According to a study from the Economist Intelligence Unit, the ability of employees to do their jobs effectively is determined by a wide variety of factors,

including organizational structure, budget, availability of appropriate tools, and whether employees are given a reasonable degree of freedom to take certain types of risks.

Women hold just 17% of senior management positions in life-sciences companies.

Source: HBA E.D.G.E. in Leadership Study





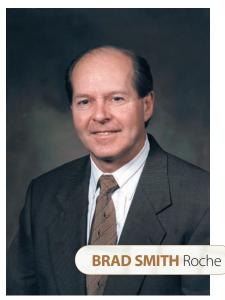
"The organization can prepare the employee through active engagement, trust, and with as much complete informational disclosure as possible from the commencement of the career," says Henry Miller, managing director, North America, and cofounder of Sharpstream Life Sciences. "It is up to the individual to be driven toward accepting the challenge and opportunity along with the inherent risk that conveys."

But today's knowledge worker faces a host of challenges. Downsizing, outsourcing, globalization, and company consolidation are daunting prospects for any workforce and can leave employees wondering how they will get onto the next rung on the ladder.

Equally, though, the industry is battling with a problem of attracting talent. In highlighting the changing face of the U.S. workforce, Deloitte & Touche notes that in the coming years there will be a 6 million person gap between the supply and demand of U.S. knowledge workers.

"We are clearly in the midst of a period where some of the best and brightest are trading in large pharma roles for positions at biotech and specialty companies," Mr. Miller says. "Additionally, the brain drain is about to begin as the first of the baby boomers can now file for early retirement."

It means that the linear view companies often take to hiring and promoting, seeking individuals who need little training and can hit the ground running, may require a rethink. The opportunities for rising stars may, in fact, be greater than ever.



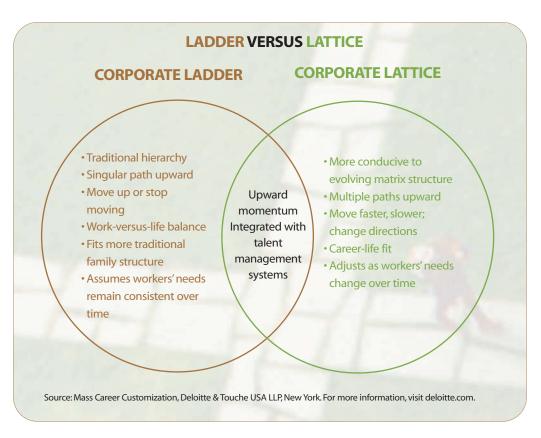
PROVIDING MENTORING TO OTHERS IS A GREAT OPPORTUNITY for people to develop their leadership skills.

Nothing can replace core competencies and knowledge as the foundation for job performance. Sales reps, for example, should ensure they understand the science as well as the company's products and those of its competitors, as well as healthcare reimbursement.

"Being strong in these areas alone is not enough to build a successful career; the representative must also focus on the key competencies and skills identified by the company to be effective," says John Hunter, manager, sales training and development, at Otsuka America Pharmaceutical (OAPI). "Once these are identified, it is important to focus efforts on continuous learning and development specific to these areas."

STARTING OUT

An individual's career progression is affected by his or her choices, including selecting a company that values people, that is growing, and that provides challenges and opportunities to learn, experts say.



HBA E.D.G.E. IN LEADERSHIP STUDY

ADVANCES IN THE PHARMA AND BIOTECH INDUSTRIES CONTINUE
TO BE MADE AT EXTRAORDINARY RATES, WITH BREAKTHROUGH
SCIENCE AND TECHNOLOGIES BRINGING NEW HOPE FOR
TREATMENTS FOR MANY DISEASES. AND YET FOR HALF THE
WORKFORCE PROGRESS IS STALLED.

A groundbreaking study by the Healthcare Businesswomen's Association (HBA) and Booz Allen Hamilton found that women hold just 17% of top management positions in life-sciences companies. According to the study — The Empowerment, Diversity, Growth, and Excellence (E.D.G.E.) in Leadership Study — of the 19 U.S. and European companies participating, several had no women in senior management positions, with the number of women represented topping out at 57%. In middle management, female representation is higher, with women occupying roughly one-third of positions. This number is consistent between biotechnology and pharmaceutical companies and across companies in Europe and the United States. It is also in the same range as other industries.

Within all life-sciences companies, the greatest representation of women middle managers is in research and development (37%) and corporate functions (34%). The lowest representation is in information technology, where women hold only 12% of middle-management positions.

A disappointing aspect of this is how little has changed over the past five years, but discussions with C-level managers in the context of the E.D.G.E. study did find that most recognize there is an imbalance and that action is required.

"At the moment, it is hard to imagine what the life-sciences industry will look like once one-third or one-half of all senior management positions are filled by women executives," says Anne Camille Talley, co-chair of the E.D.G.E. in Leadership committee and global pharmaceutical market research consultant at Health Leaders Consultancy. "We believe that there will be patient-care advances and commercial successes that are not possible under the

current management population statistics. We believe that women and men should have access to corporate training programs tailored to each person's development needs. We believe that both current leaders and aspiring leaders need to create and use corporate policies that effectively recruit, advance, and retain the most talented women."

There are steps that can help to improve the situation, including ensuring senior-level support for advancing women. Those involved in the study highlighted the importance of networking, team building, and relating to advocates and subordinates. Relation-

ships are found to be more important than many had grasped.

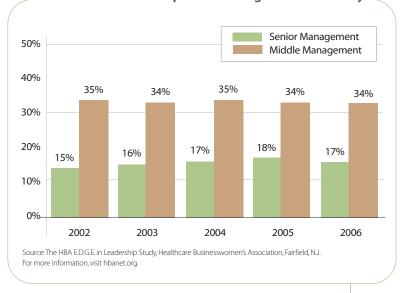
The E.D.G.E. study found that corporate commitment matters as much as corporate programs. More companies demonstrate clear commitment than don't. Also, more companies demonstrate low (rather than high) availability and use of programs and initiatives for women's advancement, retention, and recruitment.

"It is striking that even the four companies whose performance qualified them as 'failure-to-launch companies' in this key group of management metrics elected to support this research by including their data," Ms. Talley says. "We take that as a sign that there's a will; we believe that our research has identified a way."

To move forward, the study calls upon companies and individuals to measure and track

Best Practices Road Map 1 SENIOR LEADERSHIP SUPPORT FOR CORPORATE CHANGE **ENABLING CULTURAL ELEMENTS** 3 Measurement and Merit- and performancebased processes to accountability to drive ensure equity behavior end results SUPPORTING PROGRAMS 6 Career and work 4 Recruitment 5 Advancement flexibility models practices to programs for to return top support represenhigh-potential tation of women female employees female talent Source: The HBA E.D.G.E. in Leadership Study, Healthcare Businesswomen's Association, Fairfield, N.J. For more information, visit hbanet.org

Women in Life-Sciences Companies Working in U.S. and E.U. by Level



what is done, discard what does not work, and try new, bold, and comprehensive approaches to advance the careers of women. These tactics include: offering flexible work arrangements for senior executives; insisting that search firms always present diverse candidates; avoid branding high-potential employee programs as gender-specific for women; and telling middle management women to refocus their aspirations on performance metrics.

"Women should take advantage of opportunities to learn how to network effectively, talk, debate, and deliberate on how to apply the results of this and other research, and then go out and act on those conversations in support of themselves and their colleagues," Ms. Talley says.

 $Source: The \ HBA\ E.D.G.E.\ in\ Leadership\ Study, Health care\ Business women's\ Association, Fairfield, N.J.\ For\ more\ information,\ visit\ hbanet.org.$



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CAREER building

Experts note that it is imperative that any individual in the pharma industry, no matter the discipline, focus on the daily successes required to deliver and determine the steps needed to arrive at that goal.

"Communication with their immediate supervisor upon joining is key when determining the top three to five goals by which that supervisor will judge success," Mr. Miller says. "Employees need to ask their supervisor how those goals can best be met. Additionally, they need to seek out more senior peers who are likely to share their perspective on pathways to success and who that supervisor believes are a good model for achievement."

Junior careerists can also take advantage of their close proximity to the customer,

ENABLING EMPLOYEES

IN JULY 2007 THE ECONOMIST INTELLIGENCE UNIT CONDUCTED AN ONLINE SURVEY OF 1,351 SENIOR EXECUTIVES WORLDWIDE TO DETERMINE HOW VARIOUS FACTORS AFFECT EMPLOYEES' LEVEL OF ENABLEMENT — THEIR ABILITY TO DO THEIR JOBS WELL — AND WHETHER ANY RELATIONSHIP COULD BE IDENTIFIED BETWEEN **ENABLEMENT AND CORPORATE PERFORMANCE.**

Overall, the research found that many employees already feel adequately enabled: 63% of survey respondents indicated they have a high degree of autonomy, while more than one-quarter (25.2%) say they collaborate frequently with others.

Yet the findings also suggest that employees could be much more enabled than they are. On the technology front, only about one-half of companies surveyed (53%) indicated they have the IT tools they need, while roughly the same proportion said they have access to the information they need. One-third said they have the teamwork structures necessary for enablement, while only 17% feel that their organizations have enough employees with the necessary skills and training to work independently. Just 10% feel there is enough money in the budget to enable individuals and teams to accomplish their tasks.

The research also suggests that if firms want employees to be more effective, they should allow them to take prudent risks within parameters that limit potential losses. Encouragingly, nearly two-thirds of survey respondents (64%) say that their organizations tolerate reasonable risk-taking. Yet a full 20% say their firms discourage it and only 13% say their companies actively support it.

Source: Economist Intelligence Unit, London. For more information, visit eiu.com.

research, and competitive intelligence to determine trends and market potential or challenges and pass that information along to their supervisors, Mr. Miller says.

"In today's life-sciences environment, information flow is key," he says.

Soliciting feedback can benefit employees, particularly if they aren't getting enough feedback from their managers, says Brad Smith, director of staffing and diversity at Roche.

One source of feedback is a 360-degree review, which is an organizational survey.

'Typically, a number of people will be asked to complete a survey for an individual, including his or her boss, peers, some key clients and stakeholders, and maybe customers," Mr. Smith says. "The feedback is anonymous and an employee gets a summary, usually only his or her boss' feedback is visible, but the rest of the information is pooled to show how the employee is viewed by clients and peers. The employee then looks at those areas where he or she has needs or weaknesses and uses that as a basis for development planning to strength those areas."

MOVING UP

Today's career path is more often an undulating journey of climbs and lateral moves, becoming less a corporate ladder and more a corporate lattice, say Deloitte & Touche analysts.

The emphasis today is placed on breadth of experience amid the need for leaders who can respond to changing market demands.

A Best Practices report, Career Path Definition and Succession Planning, notes there are ways to acquire this breadth, including through short-term international assignments, vertical and lateral rotations through various functional areas, and varied

training courses.

"In a big company, sometimes the best way to advance is not a straight line but by taking side steps and becoming more knowledgeable about different parts of the company," Mr. Smith says. "It's not unusual for a scientist to move into another role in development or for somebody in finance to move into a marketing or commercial role. Employees recognize that they can't be linear; they need to have a broad base to move up into a leadership

role where they might be heading up various functions across a group."

He notes, for example, that most of Roche's senior commercial leaders have spent time in both sales and marketing.



JEFF DODSON Heidrick & Struggles

THE LIFE-SCIENCES INDUSTRY WILL BE A MORE VOLATILE INDUSTRY GOING FORWARD and people need to take a much more proactive approach toward their own career than they used to.

"The top MBAs we recruit to the company are asked to do a stint as a sales rep to help develop their career," Mr. Smith says. "This may be someone who has eight to 10 years of industry experience so asking that person to spend two years as a rep is a tough sell, but new employees recognize that the skill and experience are going to benefit them in the long run."

Mr. Dodson says functional breadth for example, exposure to the business side if the

> individual is on the research side, is important but even more important is geographic breadth.

"The pharma industry has historically been an industry focused around developed markets, but in the future emerging markets such as China and India are not only becoming big markets themselves, but are also becoming global bases for other functions, such as research and development," he says. "An individual who aspires to a C-level position needs some pretty substantial geographic diversity and

This breadth of experience is particularly important in an industry as complex and regulated as pharma, experts say.

Sales employees at OAPI, for example, are

represent 8.33% of CEOs, around 10% of C-level executives, around 20% of VP-level

executives, and around **30%** of nonexecutive professionals.

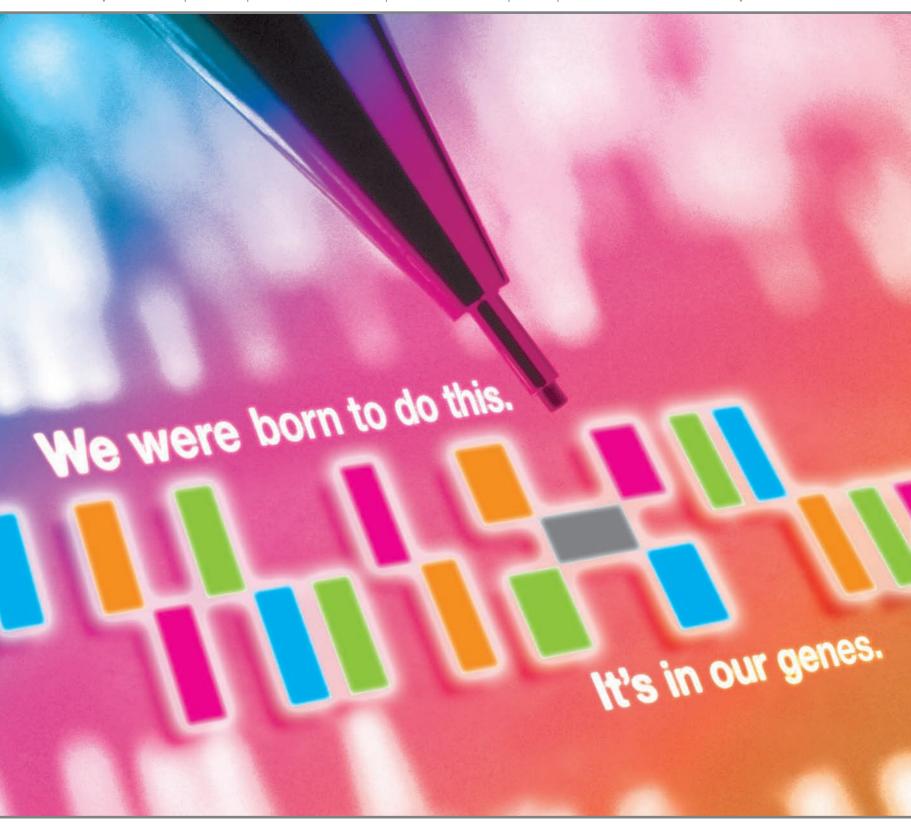
Source: ZoomInfo InSite Report: Gender in the

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CAREER building

given the opportunity to serve in a variety of roles in their districts, thus expanding their breadth of competencies.

"There are opportunities to serve on task forces and participate in home office internships, as well as serve in leadership positions in the field," Mr. Hunter says. "Last year, the human resources department launched a new online

resource tool providing just-in-time coaching and development opportunities for everyone. In addition, we hold a management development conference each year for the management team to continue its career development."

The changing face of the industry is presenting a number of challenges, including how best to expand career experience.

"In the past, some major pharma companies had default two-year rotations for many roles," Mr. Miller says. "When a major drug was getting beaten in the market, lost patent protection, or was recalled, those rotations were no longer a given and many employees realized that new limited career progression was a raw deal."

Important though a formal career develop-

Sound Bites from the Field

PHARMAVOICE ASKED EXPERTS HOW WOMEN CAN SEEK TO ADVANCE THEIR CAREERS AND NAVIGATE THE CHANGING FACE OF THE U.S. WORKFORCE, THROUGH THE HELP OF MENTORS OR THEIR OWN INTUITION, AND HOW THEY CAN MAKE THE NEXT LEAP TO MORE SENIOR-LEVEL POSITIONS.



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Women looking to move into the executive suite should actively seek out formal coaching. This is a process whereby a coach facilitates a woman to navigate through a predominately male business model. Women should be mindful to define what their ground rules are before accepting senior positions, particularly if they need time to balance work with a family life. Many women are also excellent at being 'lampshades.' By that I mean they shine downwards on the people that they are responsible for by being nurturing and supportive. But a woman aiming to move up the ladder must learn to become a 'spotlight,' shining upward as well to receive proper recognition for her ideas, successes, etc.



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The most important action women can take to move successfully into senior leadership roles is to build strategic relationships. In higher positions, accomplishing results through other people becomes more important than applying technical knowledge. Becoming part of informal networks and working with

mentors are the most critical ways to understand political relationships and power, encourage mutual assistance with peers, and gain visibility with key executives who can help navigate career moves.



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colleagues, clients, community, investors, and other key audiences. For more information, visit karenfriedman.com.

Learn to trust your instinct and your gut. If something doesn't feel right, don't do it. There is nothing more important than your reputation and credibility. I also advise women to keep away from the rumor mill and never talk behind someone's back if they want to be perceived as leadership material. Additionally, it's critical to listen first and talk second. Act like a sponge to soak up information and develop skills. Ask a lot of questions. Good questions create an impression that you are genuinely interested to learn and contribute. When seeking a mentor, look for someone who can play a significant role in your development not just by helping you improve your skills but by offering advice about career growth, planning, and important decisions.



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disciplines, including the life sciences, financial services, and consumer products. For more information, visit jbkassociates.net.

Great mentors can be men or women, so don't

limit your choices by gender. Invite a potential mentor to join you for coffee or lunch. Outline your career goals and ask if she or he would consider mentoring you. The right mentor will have the time and ability to give advice that will help you achieve your career goals. But the most important key to career success is having written goals. Even before meeting with a potential mentor, you need to know what you want to achieve. Mentors can help you reach your goals, but they can't tell you what your goals are.



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Women have traditionally been seen as the doers, the folks who get work done without much fuss or fanfare. For those women seeking to advance into senior leadership roles, I would recommend four key steps. First, be decisive. Make well-informed decisions, but don't always try to please everyone with them. You can't. Trying to form consensus around everything will make you appear to be indecisive. Second, be bold and take risks. You can't stand out by doing what is expected all of the time. Third, don't be afraid to say no. Many women feel they have to always respond affirmatively when asked to take on an additional task or responsibility. If the task or responsibility doesn't fit with your game plan, or you can't do it well, don't take it on. Fourth, avoid trying to act like a man. It is possible to be successful without having to imitate the characteristics we typically associate with male leaders.

SUSAN MORRIS is President of Morris Consulting Group LLC, Langhorne, Pa., which offers relationship training design and delivery, consulting, and ment plan is, individuals also play a key role in determining their own future.

"Employees need to take responsibility for their own career goals and development," Mr. Hunter says. "This evaluation should incorporate activities, resources needed, and targeted completion dates, which can help individuals track and reassess progress." Being open to change is also paramount.

"People who have an open mind to new experiences cope best with career changes," Mr. Dodson says. "It's also important to be able to build relationships and learn from peers, supervisors, and subordinates."

Mr. Smith agrees, saying it can often be difficult for individuals to ascertain how to move

from A to B, and the best way to handle this is to talk to people who have already made the journey.

"It comes down to having dialogues, engaging in career discussions, and networking with people," he says. "It's important to learn more about the company and about options and opportunities across the business."



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First, be a mentor. Know what skills to look for in a mentor and you'll be a better protege. Be ready to succinctly describe your career goals. Observe the no surprise rule, talk to your manager, identify a senior leader who will share his or her organizational wisdom, and shorten your learning curve. Select a mentor who you can trust and who will be available when you are. Consider experts outside of your organization or industry as mentors.



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dedicated solely to maximizing the potential of specialty brands. For more information, visit lifebrandsusa.com.

My advice is to just ask for advice when and where you need it. The worst someone can say is no. Don't lose touch with your former colleagues. They are often a great resource. My dream was to combine my love of science and good business sense into an agency devoted to specialty brands. My career path took many turns, but passion and persistence, and a little well-placed help, finally brought my dream to life. In terms of career advancement, find a focus that's differentiating and follow your passion. Women often eschew office politics in the belief that it's all about the work. Don't make that mistake.

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Many hiring decisions are made on the basis of

impressions of your leadership potential, not just your actual leadership experience. While this seems like a style-over-substance issue, it's best to reframe this as a substance-with-style approach. A good leader is defined as someone who inspires others to action. Leaders are defined by their followers — without them, they are not leaders. If you have to break the 'old' model, you need to have a strong leadership presence, through how you approach your job and how you look and sound, as well as in the substance of your work.



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groups of scientists to master the skills required for success. For more information, visit stillpointcoaching.com.

If you want to reach the corner office, accustom yourself to being proactive and doing some homework. This includes finding good mentors. Look for people who are on the path you want to take. Learn more about them from other colleagues to get a sense of their values and potential for being receptive to your questions. Ask for an introduction, or introduce yourself and ask the potential mentor specific questions and if he or she would be willing to answering more of your questions. If he or she is, continue building that relationship. Don't limit yourself to people in your own work place. For example, look within professional societies. Get advice from people who have recently moved up the ladder; they may know the current hurdles better than more senior people will. Don't fixate on finding just one good mentor; the person who can teach you how best to learn new content areas may not be the one who can clue you in on time management.

A HELPING HAND

Taking the next step in a career requires the individual to expand his or her skills, knowledge base, and even contacts. Mentorship and networking, therefore, are important aspects to navigating career development.

Roche has put in place a leadership development initiative in which early career MBAs who join the program are assigned a senior executive, called a sponsor, who acts as a mentor and who offers broader support.

"They meet three or four times a year and talk about long-term career planning," Mr. Smith says. "These same sponsors can also act as champions for these individuals, who we call associates, to help them open doors or network career opportunities."

After the associates have been at Roche for a few years, they are encouraged to take on a more traditional mentorship role with new associates coming into the program as well as summer interns, who are a feeder group for these programs.

"It's a more formal approach that works very well; it's very structured, with clear guidelines and expectations," Mr. Smith says. "Our sponsors are accountable and the programs are monitored by our program manager, who regularly has discussions with both associates and sponsors to make sure the meetings are happening and dialogues are productive."

OAPI's Mr. Hunter says mentorship and career development work hand in hand. When working with sales reps, he says mentors can assist new reps by sharing real-world applications of what they have learned at formal training sessions.

"Mentors can prevent many of the pitfalls that may be awaiting a new representative and enhance sales effectiveness when in front of the customer," he says. "In addition, offering mentor programs enhances the perception of employers by demonstrating the organization's commitment to skill and career development."

Many smaller companies don't have the staff resources to provide formal guidance and in their place external professional networks provide opportunities for career development. For women, such groups include the Healthcare Businesswomen's Association (HBA), Executive Women of New Jersey, and Catalyst, an organization that works with businesses and professionals to build inclusive environments and expand opportunities for women in business.

CAREER building



"The trend for cross-company networking and skills pollination is evident and a real need for these associations has risen as formal mentoring has become more scattershot," Mr. Miller says. "Professional networks have evolved naturally as colleagues have spread into differing companies globally."

Providing mentorship is also one of the components of leadership skills.

"Organizational leadership skills are generally a key determinant for the individual looking to punch through from mid-level to the executive level," Mr. Dodson says. "Mentorship is one skill among many that effective leaders have."

How much guidance and support new hires receive early on contributes to that person's ability to adapt and succeed, experts say.

"Some groups are very good at orientation, planning out that first day, week, month, providing an in-depth overview of the job and organization," Mr. Smith says. "To the extent that a group does a good job of providing orientation, it's going to make them much more comfortable, and success will come quicker."

That said, the onus also needs to be on the ambitious employee to seek guidance. Many executives will make themselves available to employees seeking their perspectives and knowledge, an approach one executive describes as "feeding the hungry," Mr. Miller says.

THE COMPANY'S ROLE

The Economist Intelligence Unit report, titled Ready, Willing and Enabled: a Formula for Performance, sought to uncover what employees need to make optimal decisions. It found they require: autonomy sufficient to make the best decisions for the company; tools to do the best possible job; access to financial resources that may be needed to buy these tools and allow for enough people to handle the workload; a collaborative working environment that motivates people and reduces

IT IS IMPORTANT FOR THE REPRESENTATIVE TO USE HIS OR HER MANAGER TO GAIN FEEDBACK ON SKILL SETS, STRENGTHS, AND AREAS OF OPPORTUNITY.

The representative can also ask the manager to suggest activities to help strengthen existing skills and develop new ones.

JOHN HUNTER OAPI

the cost of working together; performance incentives, both financial and nonfinancial; and clarity of policies and procedures.

"Talented individuals seek challenges and opportunities, and companies need to keep their learning curve relatively steep," Mr. Dodson says. "That's relatively easy early in somebody's career because he or she is exposed to new things. It gets harder when someone gets to that upper/middle level, and to keep the learning curve steep it's necessary to promote him or her to a job that might not be available until somebody is ready to retire."

One way to get around this dilemma is by rotating people within different functions and geographically, Mr. Dodson says.

"One company has a list of high potential people and matches the list against the development needs of those particular individuals versus key jobs," he says. "Those positions are used as platforms to develop people, moving them around with the idea that they're better positioned to get promoted into executive level jobs."

Employees also need to know what is

expected of them and how their performance will be measured.

"Formal development, performance planning, clear objectives that are measurable, and regular feedback on how individuals are doing and, most important strategically, how they fit into the bigger picture are critical for retaining employees," Mr. Smith says. "Then companies have to tie incentive to compensation; the better the individual does, the better they're paid; the better the company does, the better people are paid."

To make these goals a reality, Roche ensures that all employees have a development plan and encourages all managers to engage their reports in career development discussions.

"A career development plan is not just about the job a person is in, but where he or she wants to be in five years; we try to get employees to consider assignments that broaden their expertise, knowledge, or prepare them better for a new area through projects, experiences, or education that enhances the skills they need to advance," Mr. Smith says. •

PharmaVOICE welcomes comments about this article. E-mail us at feedback@pharmavoice.com.

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