



PRESBYTERIAN HOME AND
RETIREMENT COMMUNITY
A ministry of Presbyterian Homes of Georgia

Independent Living SAMPLE LUNCH MENU

MONDAY

Entrée: Baked Swiss Steak, Mashed Potatoes,
Yellow Squash, Biscuit

Alternate Entrée: Baked Chicken, Buttered Corn,
Steamed Broccoli

Dessert: Oatmeal Raisin Cookies

TUESDAY

Entrée: Fried / Baked Chicken, Macaroni
and Cheese, Turnip Greens, Country
Cornbread

Alternate Entrée: Bratwurst, Boiled New Potatoes,
Sauerkraut, Dinner Roll

Dessert: Lime Gelatin with Pear

WEDNESDAY

Entrée: Sloppy Joe on Bun, Tater Tots, Mixed
Vegetables

Alternate Entrée: Fried Catfish with Tartar Sauce, Rice
Pilaf, Broccoli Raisin Salad, Dinner Roll

Dessert: Apple Pie

THURSDAY

Entrée: BBQ Pork Ribs, Potato Salad, Breaded
Okra, Dinner Roll

Alternate Entrée: Beef Liver and Onions, White Rice,
Zucchini, Dinner Roll

Dessert: Mandarin Oranges

FRIDAY

Entrée: Fried/Baked Flounder, Cheese Grits,
Coleslaw, Hush Puppies

Alternate Entrée: Cheeseburger on Bun, French Fries,
Lettuce/Tomato/Onion

Dessert: Chocolate Chip Cookies

SATURDAY

Entrée: Honey Bourbon Roasted Pork Loin, Au
Gratin Potatoes, Seasoned Cabbage,
Hawaiian Roll

Alternate Entrée: Ranch Baked Chicken, Rice, Green
Peas w/ Diced Carrots, Hawaiian Roll

Dessert: Blueberry Pie

SUNDAY

Entrée: Roast Turkey w/ Gravy, Cornbread
Dressing, Green Beans, Wheat Roll,
Cranberry Sauce

Alternate Entrée: Lemon Baked Tilapia w/ Tartar Sauce,
Baked Potato w/ Sour Cream,
Seasoned Spinach, Wheat Roll

Dessert: Diced Pineapple