# Writing Better Questionnaires: <br> How to Identify and Fix Biases and Communication Errors in Your Surveys 

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## The Framework for Writing Questionnaires



## Make Questions Clear

1. State the unit of measurement.
2. Use the vocabulary of respondents.
3. Use precise words and phrases.
4. When using the word "you," make sure respondents know to whom you are referring.
5. Make sure the question is really asking only one question.
6. When asking for percentages, make sure the base is clear.
7. Make sure the question stem and the answer choices match each other.
8. Use bold, underlining, italics, and/or capitalization to highlight key words and phrases.

Framework for Writing Questionnaires


## Write a Questionnaire Plan

Background:

Decisions: We will decide $\qquad$ -

| Information needed | How to ask the question | Analysis Plan |
| :--- | :--- | :--- |
| Screener |  |  |
|  |  |  |
|  |  |  |
| Information Category 1 |  |  |
|  |  |  |
|  |  |  |
| Information Category 2 |  |  |
|  |  |  |
|  |  |  |
| Information Category 3 |  |  |
|  |  |  |
|  |  |  |

## Conversational norms

How many cars do you own?

1. Did you, yourself take an aspirin within the past 7 days?
2. How many vitamin bottles are in your household?

Q: Which of the following best describes your role in purchasing food for the family?
__ I am the primary shopper for food
I share the responsibility equally with another person in the household
_ I purchase food from the store but less frequently than others household members
$\qquad$ I am not involved in food shopping

Q: Who does most of the grocery shopping for your household?
-
You
__ Someone else in your household
_ You and someone else in your household share equally in grocery shopping

```
1. When writing questions, say the question out loud as if you were talking to someone.
2. Make the question stem and the answer choices match each other.
3. Properly pretest your questionnaires (real cognitive interviewing)
```


## Avoid "Questionnaire Design Speak"

"What percent of your most recent purchases of individually packaged food items are your priority choice?"
"In the past 30 days, how many times have you frequented a fast-casual restaurant?"
"Is your dog a vegetarian?"

Client says, "Have them rate on a scale of 1 to $10 . . . "$
Client says, "We don't need to pre-test the survey. The questions are pretty straightforward."
Q: Please rate your loyalty to
Mr. Fleming's Pickle Relish.
_ Extremely loyal
_ Very loyal
—_ Somewhat loyal
_ Not loyal

## INSIDE THE MIND OF THE CONSUMER


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Writing a questionnaire is one of the most difficult forms of writing

## Sampling Error



Conduct Experiments to Improve Our Knowledge of How to Write Questionnaires (Collaboration with Ted Pulsifer, Market Cube)

We randomly assigned 1,200 people:

## Group A $n=400$

> Group B
> $\mathrm{n}=400$
Group C
$\mathrm{n}=400$

## Experimentally Testing Question Format



Agree / disagree


How well does each statement describe you?

Group C ( $\mathrm{n}=400$ )

Forced-choice: Which statement describes you better

I always look for the lowest priced option when I shop

## Agree/Disagree versus "How Well" Scale



| Group B |
| :---: |
| How well, or not well, do each of the |
| following statements describe you? |

## Agree/Disagree versus Forced Choice


Group C

Below are pairs of statements that may or may not describe you. Please indicate how much better one statement describes you compared to the other statement.

## IM

I always look for the lowest priced option when I shop

45\%
40\% 35\%
30\% 25\% 20\% 15\% 10\% 5\%


30\%
25\%
20\%

Describes mea Describes mea Describes mea Describes me a lot better little better

I would rather pay more for quality

## little better lot better

I always look for the lowest priced option when I shop

Agree / Disagree format
The best way to ensure peace is through military strength

55\% agree
42\% disagree

## Forced Choice

The best way to ensure peace is through military strength

33\% agree
OR

Diplomacy is the best way to ensure peace
(55\% agree)

## Replace Agree Disagree Scales Less-Biased Question Formats

|  | Does not <br> describe <br> me at all |  |  | Describes <br> me very <br> well |
| :--- | :---: | :---: | :---: | :---: |
| I worry about climate change | O | O | O | O |
| I support recycling | O | O | O | O |


|  | Describes <br> me <br> a lot more | Describes <br> me <br> a litte <br> more | Describes <br> me <br> a little <br> more | Describes <br> me <br> a lot more |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| I worry about climate <br> change | O | O | O | O | I do not worry about <br> climate change |
| I support recycling | O | O | O | $O$ | I do not support <br> recycling |

## Effect of Range of Numeric Categories

Q: About how much have you spent on organic produce (fruits and/or vegetables) in the past 30 days?

## Group A <br> Low Range

|  |  |
| :--- | :--- |
| Less than \$5 | $12 \%$ |
| \$5 to less than \$10 | $23 \%$ |
| \$10 to less than \$15 | $21 \%$ |
| \$15 to less than \$20 | $18 \%$ |
| $\$ 20$ or more | $26 \%$ |
|  |  |

Group B
High Range

|  |  |
| :--- | ---: |
| Less than $\$ 20$ | $47 \%$ |
| $\$ 20$ to less than \$30 | $23 \%$ |
| $\$ 30$ to less than \$40 | $15 \%$ |
| $\$ 40$ to less than \$50 | $5 \%$ |
| $\$ 50$ or more | $11 \%$ |
|  |  |

Group C
Open-ended

| Please enter a dollar amount and do not add cents. |  |
| :---: | :---: |
| Less than \$5 | 4\% |
| \$5 to less than \$10 | 5\% |
| \$10 to less than \$15 | 9\% |
| \$15 to less than \$20 | 9\% |
| \$20 to less than \$30 | 15\% |
| \$30 to less than \$40 | 6\% |
| \$40 to less than \$50 | 7\% |
| \$50 or more | 45\% |
|  | 74\% |

Which of the following best describes the state you are at, when it comes to shopping for a lawn mower?
$\square$ I am thinking about what I need and what's out there (that I should consider)
I know what's important to meandam narrowing down to a few options
$\square$ I have a short list of options that I am evaluating and comparing
I've decided on the brand/model I wantandam getting ready to buy

Q: How involved were you in selecting your car?
$\square$ I was the sole decision-maker
$\square$ I shared the decision-making responsibility with someone else
$\square$ I was not at all involved in the decision-making

Q: Who was the decision-maker in selecting your car?
$\square$ I was the sole decision-maker
$\square$ I shared the decision-making responsibility with someone else
$\square$ I was not at all involved in the decision-making

```
> Use precise words and phrases.
>Make sure the question stem and the answer choices match each other.
```

```
I routinely read the labels for packaged food items to know the ingredients.
I am concerned about my health, so I often take vitamins.
In the past 4 weeks, did your medical condition prevent you from living as you wanted
by causing swelling in your ankles?
I enjoy athletic activities.
```

> Make sure the question is really asking only one question.

I enjoy athletic activities

Better to task separately:
$>$ I enjoy watching athletic activities
$>$ I enjoy participating in athletic activities
$>$ Make sure your question is really asking only one question.
$>$ Make sure concepts are clear and concrete.

## Group B ( $n=400$ )

How well, or not well, do each of the following statements describe you?

- I enjoy athletic activities


## Group C ( $\mathrm{n}=400$ )

How well, or not well, do each of the following statements describe you?

- I enjoy watching athletic activities - I enjoy participating in athletic activities
 all


Don't ask people to rate things they don't know anything about.
$>$ Screen people into, or out of, knowledge questions.


| Group A <br> $(\mathrm{n}=400)$ |
| :--- |
| Full Filter   <br> In the past 30 days, have you purchased   <br> any organic produce (fruits and/or   <br> vegetables)?   <br> Yes   <br> No   |


| Group B(n=400) |  |
| :---: | :---: |
| Partial Filter |  |
| Thinking about the produce (fruits and/or vegetables) you have purchased in the past 30 days, about what percent was organic? |  |
| None | 24\% |
| Less than $25 \%$ of my purchase | 39\% |
| 25-50\% of my purchase | 26\% |
| 51-75\% of my purchase | 8\% |
| 76-99\% of my purchase | 2\% |
| 100\% | 0\% |

$>$ Know that full filter and partial filter questions will give different answers.

## If "Not sure" is a Legitimate Answer Choice, Offer it as an Option

| Group A <br> $(n=400)$ |  |
| :--- | :---: |
| Do you plan to purchase |  |
| any organic produce (fruits |  |
| and/or vegetables) in the |  |
| next 30 days? |  |
| Yes |  |
| No $66 \%$ |  |
|  |  |


| Group B <br> (n=400) |  |
| :--- | :--- |
| Do you plan to purchase |  |
| any organic produce (fruits |  |
| and/or vegetables) in the |  |
| next 30 days? |  |
| Yes | $50 \%$ |
| No | $21 \%$ |
| Not sure | $29 \%$ |

$>$ Make sure the list includes all possible answer choices.
> When using a full-filter question, add "Not sure" when appropriate.

V1. Which of the following best describes your mindset for the type of truck you are shopping for?
$\qquad$ I am only shopping for a new truck
_ I am primarily shopping for a new truck but considering a used truck
_ I am primarily shopping for a used truck but considering a new truck
_ I am only shopped for a used truck
_ Not sure

V2. Are you shopping for a...
More conversational, _ Used truck only
Used truck but will consider a new truck
_ New truck but will consider a used truck
New truck only
Not sure
> Ask the question as if you were talking to someone
$>$ Make the question as easy as possible.
$>$ Use the question stem to point to the answer choices.

Q: How would you rate your health?
_ Excellent
_ Very good
_ Good
_ Fair
_ Poor
Make sure bipolar scales are balanced.

Improved option A:
Q: How would you rate your health?
_ Very good
Good
__ Fair
_ Poor
_ Very Poor

Improved option B:
Q: How would you rate your health?
_ Extremely good
_ Very good
_ Good
Fair
Poor
_ Very poor
_ Extremely poor

## Use balanced scales

Q: How would you rate the quality of healthcare in the United States?

| Unbalanced Scale <br> Group A ( $\mathrm{n}=400$ ) |  |
| :--- | ---: |
| Excellent | $2 \%$ |
| Very good | $16 \%$ |
| Good | $37 \%$ |
| Fair | $32 \%$ |
| Poor | $13 \%$ |

$\square$

How satisfied were you with this purchase experience, where $1=$ Not at all satisfied and $7=$ Very satisfied.

1. Not at all satisfied 2.
2. 
3. Neutral
4. 
5. 
6. Very satisfied
7. Not at all satisfied
8. Slightly satisfied
9. Somewhat satisfied
10. Moderately satisfied
11. Satisfied
12. Very satisfied
13. Extremely satisfied

How satisfied or dissatisfied were you with this purchase experience, where 1 = Very dissatisfied at all and $7=$ Very satisfied.

1. Very dissatisfied
2. Dissatisfied
3. Somewhat dissatisfied
4. Neutral
5. Somewhat satisfied
6. Satisfied
7. Very satisfied

## Effect of Items on the List

Q: Which of the following reasons, if any, best captures why you purchase organic produce? Please select all that apply.

| reasons | Group A <br> $n=400$ | Group B <br> $n=400$ |  |
| :--- | :---: | :---: | :---: |
| No pesticides | $58 \%$ | -- |  |
| Healthier | $55 \%$ | -- |  |
| Non-GMO | $42 \%$ | $45 \%$ |  |
| No hormones | $42 \%$ | $43 \%$ |  |
| To avoid artificial ingredients | $41 \%$ | $50 \%$ |  |
| Fresher | $39 \%$ | $39 \%$ |  |
| Support local farmers | $35 \%$ | $42 \%$ |  |
| Taste better | $34 \%$ | $36 \%$ |  |
| More nutritious | $31 \%$ | $39 \%$ |  |
| Better for environment | $30 \%$ | $34 \%$ |  |
| Sustainable | $16 \%$ | $18 \%$ |  |
| They are reliably inspected | $14 \%$ | $15 \%$ |  |
| Recommended by my doctor | $3 \%$ | $4 \%$ |  |
| Other (Please specify) | $4 \%$ | $4 \%$ |  |
|  |  |  |  |

## Open or Closed-ended Questions?

Q: There have been a lot of national and world events and changes over the past 50 years...Would you select/mention one or two such events or changes that seem to you to have been especially important?

|  | Closed-ended | Open-ended |
| :--- | :---: | :---: |
| World War II | $23 \%$ | $14 \%$ |
| Exploration in space | 16 | 7 |
| Assassination of J. F. Kennedy | 12 | 5 |
| Invention of the computer | 30 | 1 |
| The Vietnam War | 14 | 10 |
| All other responses | 5 | 52 |
| Don't know | 0 | 11 |

## Closed-ended Questions

We have respondents focus their "attention on specific responses chosen by the investigator"

## Open-ended Questions

We ask respondents to write down what is readily available in their minds *

## Cognitive Probes

| Cognitive Probe | Example |
| :--- | :--- |
| Comprehension / <br> Interpretation | What does the term outpatient mean to you? |
| Paraphrasing | Can you repeat the question in your own <br> words? |
| Confidence Judgment | How sure are you that your health insurance <br> covers drug and alcohol treatment? |
| Recall Probe | How do you remember that you went to the <br> doctor five times in the past 12 months? |
| Specific Probe | Why do you think that cancer is the most <br> serious health problem? |
| General Probes | How did you arrive at that answer? <br> Was it easy or hard to answer? <br> I noticed that you hesitated. Tell me what you <br> were thinking. |

Source: Gordon B. Willis, Cognitive Interviewing: A Tool for Improving Questionnaire Design (Thousand Oaks, CA:

## Cambridge Pulmonary Hypertension Outcome Review (CAMPHOR)

## Please read each statement carefully and decide if it applies to you today.

| I feel completely exhausted | Yes | No |
| :--- | :--- | :--- |
| I often feel anxious | Yes | No |
| I rarely feel happy | Yes | No |

[^0]> "I was happy today, but that is unusual. I checked "no" because I thought you wanted to know how I usually feel."

## Pretesting the Questionnaire

## people your age

Do you think young people who smoke cigarettes have more friends?

```
Definitely yes
Probably yes
Probably not
Definitely not
```

Who has more friends?
__ People your age who smoke cigarettes?
People your age who do not smoke cigarettes?
People your age who smoke cigarettes and those who do not smoke cigarettes have the same number of friends?

IM

## Writing Better Questionnaires:

How to Identify and Fix Biases and Communication Errors in Your Surveys
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[^0]:    "I am often anxious, but not today. How do I answer this question?"

