

Table S1: Criteria for prediabetes and diabetes classification based on the standard two hour OGTT by the American Diabetes Association [1]

Group <sup>1</sup>	fasting plasma glucose	2hr plasma glucose
IFG	5.6 - 6.9 mmol/L	-
IGT	-	7.8 - 11.0 mmol/L
IFG&IGT	5.6 - 6.9 mmol/L	7.8 - 11.0 mmol/L
T2DM	7.0 mmol/L $\leq$	11.1 mmol/L $\leq$

<sup>1</sup> IFG: impaired fasting glucose, IGT: impaired glucose tolerant, T2DM: type 2 diabetes mellitus

## References

- [1] American Diabetes Association. 2. Classification and Diagnosis of Diabetes. Diabetes Care. 2015;38(Supplement\_1):S8–S16. doi:10.2337/dc15-S005.