

Table S1. Characteristics of Study Participants

Respondent Characteristic	Frequency	Percent (%)
Gender		
Male	115	41
Female	155	55
Age (Mean age= 48.9; range 18-94)		
Younger than age 30	50	17.7
30-39	25	8.9
40-49	46	16.3
50-59	57	20.2
60-69	42	14.9
70+ years	31	11
Marital Status		
Single	66	23
Married	148	53
Separated	5	2
Divorced	25	9
Windowed	16	6
Do you consider yourself Hispanic?		
Yes	172	61
No	89	31.6
Yearly Income (2015)		
Less than \$25, 000	44	16.0
\$25,000-\$50,000	54	19.1
\$50,000-\$75,000	38	13.5
\$75,000-\$100,000	28	9.9
Over \$100,000	52	18
Employment Status		
Fulltime	131	47
Part time or "semi-retired"	14	5
Retired	60	21.3
Unemployed	18	6.4
Student	14	5
Student & Full-time/Part-time	7	2.5
Education		
Less than high school education	6	2.1
General Education Diploma or GED	54	19.1
Some college, including Associate degree	63	22.3
Bachelor's degree	78	27.7
Some graduate school	10	3.5
Graduate degree or higher	48	17
Foreign Born		
Yes	148	52.5
No	112	39.7
Average hours per day spent outside on a weekday		
Less than an hour	113	40.1

2-5 hours	120	42.6
5-10 hours	19	6.7
10 or more hours	11	3.9
Average hours per day spent outside on a weekend		
Less than an hour	34	12.1
2-5 hours	135	47.9
5-10 hours	26	9.2
10 or more hours	10	3.5
