

S1 File. Interview guide (focus groups and individual interviews)

Topics	Timetable	Cumulative
1. Introduction	10 min	10 min
a. Introduction researchers		
b. Recording the interview		
c. Confidentiality		
d. Aim of interview		
e. Conversationrules		
f. Duration and break		
2. Introduction of participants	10 min	20 min
a. Who are you? Where do you live?		
b. What comes to your mind at first on this topic?		
c. Vitality of yourself and other older persons		
3. Mapping hindering complaints	10 min	30 min
a. Which complaint(s) hinder you from day to day?		
b. Why are these complaints important for you?		
c. What is their impact on your daily activities?		
NB. Focus on pain and problems with standing/walking		
4. Care needs and wishes	25 min	55 min
a. What care needs and wishes do you have concerning these hindering health complaints?		
b. Who can/should help with these needs and wishes?		
c. What do you consider important concerning these persons and/or organisations?		
COFFEEBREAK	15 min	70 min
5. Role of the GP and general practice	40 min	110 min
a. Why did you or did you not visit your GP/general practice with these hindering health complaints?		
b. What do you expect from your GP/general practice concerning these complaints?		
NB. Focus on pain and problems with standing/walking		
6. To conclude	10 min	120 min
a. Thank participants		
b. Explanation of what will happen with the audiofiles		
NB. Give present, fill in forms for travel expenses supply parking tickets. Help participant to own transport or taxi.		