### S7 Appendix. 27-item template for data extraction.

#### Background information:
- Paper identification #
- Name of data extractor
- Date of extraction (dd/mm/yy)
- Publication title
- Type of publication (grey literature or published literature)
- Year of publication
- Authors names
- Journal name
- Institution (for grey literature)
- Country
- Language
- Population
- Age range of participants
- Gender (M/F/mixed)
- Ethical considerations made/ethical approval and consent received
- Other important participant characteristics

#### Study design and analysis:
- Study design
- Purpose of data collection
- Sample size
- Data collection methods (e.g. focus group discussions)
- Data analysis techniques
- Key findings

#### Barriers:
- Barriers

#### Facilitators:
- Facilitators
- Other important details about barriers and/or facilitators

#### Interventions:
- Intervention name
- Intervention size (# of participants)
- Main intervention setting (e.g. school)
- Activities
- Other important details