

## Interview guide

<b>The main question</b>	<b>The secondary question</b>
1. How important is being fit to you? If it is important to you, what efforts have you made so far to fulfill it?	<ul style="list-style-type: none"><li>• The reasons of importance</li><li>• The type of actions you have taken to gain fitness.</li></ul>
2. How do you get information about fitness when you need it? In other words, how do you fulfill your information needs?	<ul style="list-style-type: none"><li>• The used information sources</li><li>• The reasons for trusting or not trusting the fitness information sources</li><li>• Evaluating the correctness of information</li></ul>
3. Can you easily get information about fitness in case of need? In other words, what challenges have you faced in the process of searching and using the information?	<ul style="list-style-type: none"><li>• Facilitators</li><li>• Limiters</li></ul>