

Table 2 Checklist for Assessing Quality in Action Research

From: Towards a Checklist for Improving Action Research Quality in Healthcare Contexts

Factors	Questions
Context	<ol style="list-style-type: none"> 1. Is the action driven by a practical concern? 2. Is there local, national, and international imperative influencing the practical concern? 3. Does previous research inform the practical concern? 4. Does the AR project draw on previous research?
Quality of relationships	<ol style="list-style-type: none"> 1. Are those who have articulated the practical concern in the first instance and who also have a stake its resolution included in all the steps of the action research cycle of constructing, planning action, taking action and evaluating? 2. Can the participants be classified as co-researchers? 3. Is the level of participation of the patients/clients and coresearchers evident at each step of the action research cycle? 4. Is the AR project evaluated in terms of the quality of the relationships?
Quality of the action research process itself	<ol style="list-style-type: none"> 1. Does the final account demonstrate a rigorous and collaborative engagement in the action research project's design? 2. Does the account demonstrate subsequent enactment of cycles of constructing, planning action, taking action and evaluating? 3. Is enactment of the cycle towards the practical and theoretical objectives transparent and reliable? 4. Is the engagement of the coresearchers evident in shared data analysis and shared reflection?
Outcomes	<ol style="list-style-type: none"> 1. Are both forms of outcomes presented (theory (research) and action (practical))? 2. Are the outcomes sustainable? 3. Are the outcomes useful for other action research projects? 4. Does the theoretical outcome contribute to future theory development? 5. Is there a reflection on the process of engagement on the cycles by the co-researchers?