

Author, year	Eligibility criteria	Random allocation	Concealed allocation	Baseline comparability	Blinding of participants	Blinding of therapists	Blinding of assessors	Adequate follow-up	Intention to treat	Between-group comparison	Point measures and measures of variability	Score
Ahokas 2020	No	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Yes	Yes	Yes	Yes	6
Buijze 2016	Yes	Yes	Yes	Yes	No	Not reported	Not reported	No	Yes	Yes	Yes	7
Earp 2019	No	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Yes	Yes	Yes	Yes	6
Eimonte 2021	Yes	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Yes	Yes	Yes	Yes	7
Eimonte 2021	Yes	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Yes	Yes	Yes	Yes	7
Eimonte 2022	Yes	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Yes	Yes	Yes	No	6
Hironaga 2019	Not reported	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Yes	Yes	Yes	Yes	6
Roberts 2014	No	Yes	No	Yes	No	No	Not reported	Yes	Yes	Yes	Yes	6
Rose 2023	Yes	Yes	Not reported	Yes	No	No	Not reported	Yes	Yes	Yes	Yes	7
Skein 2018	Yes	Yes	Not reported	Yes	Not reported	Not reported	Not reported	Not reported	Yes	Yes	Yes	6
Versteeg 2023	Yes	Yes	Not reported	Yes	No	Not reported	Not reported	Not reported	Yes	Yes	Yes	6