



Week 3: Sharing Communion

We explore what we really need as human beings, and how sharing communion is God's presence among and between us. We remember and repeat

the meal that Jesus shared the night before he died to realise how present Jesus is with us in our own time, place and communities.

Bible reading: 1 Corinthians 10.16-17

The cup of blessing that we bless, is it not a sharing in the blood of Christ?
The bread that we break, is it not a sharing in the body of Christ?
Because there is one bread, we who are many are one body, for we all partake of the one bread.

Although we do not see Jesus physically, we share in him through the bread and wine we share with each other. His readiness to be broken mends our relationships, and his readiness to die gives us life, and we can be signs of God's life for our world.

Questions for discussion

- ü Does thinking of communion as 'sharing' in Christ feel different than 'remembering' an event from the past?
- ü Does it feel like a private moment between you and God, or a shared moment with others in the church? Can it be both?
- ü How might Jesus be inviting you to challenge the divisions and disagreements?
- ü What are some of the things you are most thankful for right now?

Closing prayer

Lord, thank you for the gift of your body and

blood. As we share in communion, knit us together in unity. May this shared meal remind us that we are one in you, who has broken down the walls between us. Amen.



The Parish of St Mary, Portsea with St Faith's

Notices for 8th March 2026

3rd Sunday in Lent

Today

4pm Choral Evensong at St Mary's

Monday March 9th

Noon Mass at St Mary's (live streamed)

Lent (Week 3)

5pm Community Iftar at St Mary's

7.30pm Julian Prayer Group at St Faith's

Tuesday March 10th

9.30am Mass at St Faith's

Lent (Week 3)

followed by refreshments **and Lent reflection**

Wednesday March 11th

Noon Mass at St Mary's (live streamed)

Lent (Week 3)

Followed by **Fellowship Lunch and Lent reflection**

Thursday March 12th

10.30am Mass at St Faith's

Lent (Week 3)

followed by refreshments

Friday March 13th

10am Mass at St Mary's (live streamed)

Lent (Week 3)

10.30am by Coffee and Chat and preparing of flowers for Sunday services – can you help?

Saturday March 14th

9am Draw Near Breakfast at St Mary's

Lent (Week 3)

10am Just Ask at St Mary's *come and*

'just

enquire about Christenings, Weddings etc or simply

ask' something of the clergy.

Craft Fair at St Mary's

Sunday March 15th 8am BCP Eucharist at St Mary's

Lent 4 **10am Mass and hymns** at St Faith's

Mothering Sunday **10am Sung Mass** at St Mary's (live streamed)
And distribution of flowers.

Please note we often take photographs at our services and events that may appear on social media – please let us know if this causes you any problems.

If you have any suggestions as to what you would like to see included on these notices, please let us know.

Contact Parish Office

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Maundy Thursday April 2nd – It is our tradition to 'wash' 12 people's feet at the evening service – as Jesus washed his disciples feet at the Last Supper. Then after the service we will respond to his call to watch and pray – at St Faith's till 8pm and at St Mary's till Midnight. **Please can you sign list in church to either have a foot 'washed' or to cover a time of prayer.**

Easter Flowers to help us celebrate the light and joy of the risen Christ we will decorate the church with Lillies and flowers. **If you would like to donate in memory of someone or in thanksgiving for something then please fill in form available at Church** – or pay by BACS – reference 'flowers'

Easter Eggs as in previous years we are inviting you to donate **Easter Eggs** to share with families supported by the **Roberts Centre**. Please can you bring them in by Palm Sunday

Monday 5pm Community Iftar at St Mary's. Join us as we host a 'breaking of the Fast' with local community leaders and groups – including local Muslim communities
If you can help to welcome our guests please let Fr Bob know.

7.30pm at St Faith's – there will be chance to reflect in silence and prayer with the **Julian Prayer Group**.

Friday

Can you help us prepare bunches of flowers to distribute in our churches on Mothering Sunday – join us **after Mass at 10.30am at St Mary's**

Saturday

9am A light breakfast and reflection on 'Draw Near' please let Fr Bob know in advance if you intend to come along.

Next Sunday 10am special services for Mothering Sunday at both Churches – including the distribution of flowers to those who care for us.

Tuesday March 17th 6pm Social Justice Group at St Faith's

Friday March 20th 4pm Find My Voice celebration at St Mary's

Sunday March 22nd 4pm Music and Readings for Passiontide
at St Mary's

Saturday March 28th 10am – Messy Holy Week at St Mary's – craft and activities for young families ending with a lunch.

Palm Sunday March 29th We will start our keeping of Holy week with a **procession from St Faith's to St Mary's at 9.30am**
Full details of Holy week services will follow,

Sunday April 12th **At end of 10am service a blessing of the Wedding of Brian and Thabi**
at St Mary's. You are all invited to join them for a drink and cake in the Church after the service.

Monday May 4th **The May Fayre –**
raffle tickets are now available for you to take and sell. 1st Prize donated by Barrells - £100!
We will soon be asking for your help on the day –
please put the date in your diary!

Volunteers Needed for Our HAF Family Fun Days! 🌻

HAF – Holiday Activity and Food _ supported by Council

We're delighted to be hosting **HAF Family Fun Days** on **30th and 31st March** at St Mary's and we would love some extra helping hands!

The event runs from **10am to 2pm**, and we're looking for volunteers to arrive from **9am** to help us get everything set up.

We'd be grateful for support with:

- **Setting up**, including putting up gazebos
- **Cooking and preparing a hot meal** for families
- **Running activities** and helping children and parents enjoy the day
- **Tidying up** at the end of the event

If you're able to help on either day—or both!—please let us know.

Your time and kindness will make a big difference and help create two wonderful days of fun and fellowship for our families. Thank you so much!