Polly Shindler was born in 1977 in New Haven where she lives and works as a painter/sculptor. She received her M.F.A. in Painting from Pratt Institute in 2011. Since graduating, she has shown throughout the US as well as internationally in Madrid and London. Solo shows include *Retreat*, at Ortega Y Gasset (Brooklyn, NY) in 2017 followed by another at the project space, Tennis Elbow, at The Journal Gallery (Brooklyn). She has an upcoming exhibit, *Just What Is It...?*, at Cristea Roberts Gallery (London) later on this year. Recently, she has shown at The Flinn Gallery (Greenwich, CT), Kaller Fine Arts (Washington, D.C.), Hashimoto Contemporary (Berkeley, CA), Able Baker Contemporary (Portland, ME) and Underdonk (Brooklyn, NY). The show at Underdonk, *Still Lives*, was featured in "Goings on About Town" in New Yorker Magazine in September 2018. She was granted a yearlong curatorial residency at Trestle Projects (Brooklyn) in 2015 and has completed residencies at Vermont Studio Center (2013) and The Wassaic Project (2020). She has created several series of paintings that benefit causes during the Coronavirus pandemic such as National Domestic Violence Hotline and Meals on Wheels.