Sara Woster (b. 1971) studied painting at the University of Minnesota before getting a degree in CreativeWriting at The New School. She was granted the Jerome Foundation Emerging Artist Fellowship, a Franconia Sculpture Park residency, and a Brooklyn Arts Council SU-CASA residency. She has exhibited her paintings and animations at various galleries around the world including Freight and Volume Gallery, NY, NY, Alt Esc, NY, NY, 90sqm Gallery, Amsterdam, Lachaise Gallery and the Center for Visual Research, Cedar Crest College, Allentown, PA, Hendershot Gallery, NY, NY, South Dakota Art Museum, Brookings, SD, and Porch Gallery, Ojai, CA. Her multi-media, collaborative performances have been performed at various venues includingThe Hammer Museum, UCLA and Franklin Art Works, Minneapolis, MN. Her book "Painting Can Save Your Life" will be published by JP Tarcher / Penguin Books in 2021".