

LAMAYURU PADUM TREK

Duration: 21 Days

Level: Difficult

Day 01: Arrive Delhi

Arrive in Delhi, Transfer to hotel for few hour.

Days 02: Flight Delhi - Leh

Early morning transfer to domestic Airport for fly to Leh. Arrive Leh, transfer to hotel. Day is complete leisure to get you fully acclimatize with the altitude. Overnight at hotel in Leh. (3500 m)

Days 03: Sightseeing Around Leh

After breakfast drive to Stok via Choklamsar by crossing Indus river over bridge. In Stok, visit the royal palace which was constructed by the King Tsespal Tondup Namgyal in 1825. Inside the palace, you'll see great collection of ancient royal ornaments, Thankas and old statues. After visit Stok Palace, drive to Matho village, 10 km from Stok. Matho monastery, built by Lama Tumgpa Dorje in 13th century. After visit Matho, drive back to Leh. Post Lunch, visit Shanti Stupa (peace pagoda) built by in collaboration with Japanese Govt and Ladakh Buddhist Association. It was inaugurated by H.H 14th Dalai Lama in 1985. From this point, full view of Leh town and surrounding spectacular mountains, especially Stok Kangri 6150m (massif glacier). Later visit Samkar Monastery, built in 1847 by Bakula Rinpoche. Both of these are walkable distance from Leh Main Market. Overnight stay at hotel in Leh. (3500 m)

Days 04: Leh - Shey - Thiksey - Hemis - Leh

Morning after breakfast, drive to Hemis monastery which is 45 km from Leh. The great Mahasiddha Staktsang Raspa along with great ancestor Singey Namgyal builds this biggest monastery in 16th century. Hemis festival is famous all over the Ladakh. After visiting Hemis monastery, drive back to Thiksey monastery, which is 27 km from Hemis. This monastery is the oldest monastery of Gelugpa School in Ladakh. After visiting Thiksey monastery drive back to Leh via visiting Shey Palace. Shey was the ancient capital and residence of the King of Ladakh before the new capital became established in Leh. The main temple contains a large copper gilt statue Buddha built by King Deldan Namgyal in 1633. After visiting Shey drive back to Leh. Overnight at hotel in Leh. (3500 m)

Days 05: Drive Leh – Alchi – Lamayuru (126 km)

Morning after breakfast drive to Lamayuru. Enroute visit famous ancient monastery of Alchi which is 68 km from Leh. Alchi monastery was built by Lotsava Rinchen Zangpo more than 1000 year ago. After visit Alchi monastery, proceed to Lamayuru which is still 58 km from

Alchi. Arrive Lamayuru and visit the Lamayuru monastery. This monastery was constructed by Arahata Nimagung in between 10th and 11th century. Evening explore Lamayuru village. Overnight at camp in Lamayuru. (3450 m)

Days 06: Trek Lamayuru – Prinkiti-la (3900 m) - Wanla – Tarchit (5 hrs)

Right, from the camp, down in the ravine passing the houses and the fields of village. This route will take you to the Prinkitila Pass (3900m). From the pass wonderful view of surrounding mountains, follow the gorge until you reach at Shillakong valley. Follow the road towards left. From this point, you see the Wanla monastery. Continue along the road up to Wanla. Visit Wanla Monastery then continue trek further 2km ahead to Tarchit. Good and beautiful campsite near the river. (3300 m)

Days 07: Trek Tarchit – Phanjila – Hanupatta (6 hrs)

From Tarchit, you will have nice walk up to Fanjila village by following the left bank of the Yapola river. At Phanjila village we will have two gorges, one goes to Zanskar and another goes to the left which leads towards Urtsi village. Take right hand side follow the motor-road as far as Hanupatta village. Pass Hanupatta village and continue further for 1km to reach at campsite near river. Overnight at camp. (3750 m)

Days 08: Trek Hanupatta – Sirisir-la (4805 m) – Photoksar (7 hrs)

Post breakfast, follow the upstream Tang river. The wide valley rising up for some time before we cross the river towards left and then start long gradual ascent to the pass Sir Sir La (4850m). From the top of the pass we can get spectacular panoramic views of the main stunning Zanskar range as well as our next pass, the Singge-La pass. For lunch, it should be planned to cross the Sirsirla, because, it is not advisable to ascend the pass after having lunch. Easy descent from Sirsirla leads to Photoksar village, situated in the cliffs of mountains, piercing the sky and surrounded by lush green fields. The camp at Photoksar is before the village and can be put either side of the small river. Overnight at camp. (4210 m)

Day 09: Trek Photoksar – Boumitse-la (4200 m) – Base of Singe-la (7 hrs)

Post breakfast, continue trek. Today you have to cross one easy pass. Right from the camp, start ascend for few meter and then continue along the clear path beautiful view of village Photoksar, surrounding mountains and stunning gorge. Carry on ascending up to top of Boumitse-la from where you can directly see far flung Singela Pass. Still about more than three hours trek from this point. Until the base of Singe-la, you have to cross several small streams so advisable to carry extra pair of stockings in case you get wet. Overnight in camp at base of Singe-La. (4450 m)

Day 10: Trek Base of Singe-la – Singe-la (4960 m) – Kyukpa-la (3850 m) – Skyumphatta (7 hrs)

Right from the camp, start ascending gradually to the pass Singe-la (4960m) from where the route descends down steeply to a loose boulder strewn area known as Champado

Gongma. Continue along the right side of the valley, clear path up to village Skyumphatta. Beautiful and awesome view of landscape of the valley. Follow the beaten track to the Kyukpa-la Pass (3850m), easy ascend. Easy descend down from the pass about 150m and cross of clear water stream. Overnight: Camp at Skyumphatta village. (4000 m)

Day 11: Trek Skyumpatta – Lingshed – Hanamu-la Base (7 ½ hrs)

From Skyumpatta follow the trail and start ascending the Netuksila pass. It is a long ascent and advice to carry enough water as you could not find water as far as campsite. From the pass again follow the well-defined routet that leads steeply down in Lingshed. Visit the Lingshet monastery which is very interesting with the old statues, fresco painting and scroll paintings etc. History says that this monastery constructed by Lotsava Rinchen Zangpo (The translator) during his lifetime. There protector deity (Vajre Bherava) that can be viewed once in a year on 15th day of 4th Tibetan month. After visiting and having Lunch, continue towards the Hanamu-la Base by crossing the small bridge. Pass the village by ascending of ridge along the right side. Overnight at camp. (4000 m)

Day 12: Trek Hanamu-La Base – Hanamu-La (4700 m) – Zingchen (7 ½ hrs.)

After breakfast, follow the route that rises steeply in Zig-Zag to the pass Hanamu-la. Begining strenous but the top will provide reward you with wonderful and enchanting landscape. Cross the pass and follow path that descent down as far as river. Cross river over wooden bridge and further few meters trek takes you at campsite. Overnight at camp near river in Zingchen. (3410 m)

Day 13: Trek Zingchen – Parfila (3900 m) – Hanamur village (6 hrs)

Start the trek along the downstream of the river up to the Stupa from where you start climb to the Parfila. Cross the pass, here on top of the pass, you have a amazing and lovely view of Landscape. You will see for the first time the Zanskar River on your left. The camp is another two hours in the tree grove of Hanamur village. Overnight at camp. (3410 m)

Day 15: Drive Zangla – Karsha – Stongde – Padum

Today you have full day culture tour around Padum by drive. Morning after breakfast, drive to Stongde village. Visit beautiful picturesque monastery built on hill top by Lama Marpa 950 years ago. Approximately 60 monks are residing in this monastery. After the visit, continue drive to Karsha (Pair of White i.e., Outer white and Inner white). Visit Karsha monastery. This monastery is the largest of all the monastery in Zanskar and this monastery (Gonpa) was first founded by Great Lama Phagspa Shesrap (the translator of Zanskar). From the monastery, you have amazing and spectacular view of the capital of zanskar (Padum) and its surrounding mountains. After the visit explore Padum (The capital of Zanskar). Overnight in Padum. (3590m)

Day 16: Excursion tour in Zanskar valley (Sani Gompa, Bardan and Dzongkhul Manasteries)

Morning after breakfast, drive to Sani to visit the most famous monastery wherein you visit

the sacred statues of Buddhas and Boddhisattavas. this monastery located and picturesquely built in the middle of field and houses. After the visit, proceed to Dzongkhul monastery and then continue drive to Bardan monastery. On the way you have the view of beautiful and charming villages of Zangskar valley. After visiting the Bardan village, drive back to Padum. Evening enjoy walking in and around the market of Padum. Overnight in Padum.

Day 17: Drive Padum – Rangdum – Kargil (245km/10hrs)

Today you drive Padum to Kargil (245km). You have long journey but drive along zanskar valley and Suru valley provide you spectacular and awesome view of landscape, magnificent mountain peaks, stunning Drang Drung Glacier and astonishing view of highest mountain peak in the region Nun(7035m) and Kun(7180m). En route, visit Rangdum Monastery. History says that Gelek Yashy Takpa built this picturesque monastery on hill top about 200 years ago. This monastery is physically located in the Suru Valley and culturally it is part of Zanskar. From the monastery, you have wonderful panoramic view of landscape and Randum village. After the visit, drive to Rangdum village where you take some refreshment and then continue drive to Kargil. you drive through the several beautiful and charming villages (inhabitants are almost Muslim) . Arrive Kargil. Overnight at hotel in Kargil. (2900m)

Day 18: Drive Kargil – Mulbek – Leh (225 kms / 7hrs)

Morning after breakfast, drive to Leh via visiting Mulbek chamba (Rock curved statue of Maitreya Buddha). Today you drive on Srinagar- Leh highway till Leh. Spectacular and magnificent view of landscape and its beautiful mountains like pillar in the blue sky. You pass across many beautiful and charming villages of Ladakh. Arrive Mulbek and visit 9m high rock curved statue of Maitreya Buddha. After the visit continue drive to Leh via crossing Photo-la. Arrive Leh. Overnight at hotel in Leh.

Day 18: Leh

The day is free for Rest or Shopping.

Day 20: Flight Leh – Delhi

Early morning transfer to Airport to take flight for Delhi. Arrive Delhi, transfer to hotel. Late evening transfer to IGI Airport to board onward flight.

Day 21: Departure

Trek rate: On Request



TSARAP HIMALAYAN ADVENTURES