

JUNGLAM TREK

Duration: 10 Days

Level: Moderate

This trek starts from the famous Hemis monastery, crossing the Kongmaru La to reach the Markha valley. From Tachungtse, you will leave the Markha valley behind and follow a seldom used and demanding path leading to Zangla village and the beautiful Zanskar valley.

Day 1: Hemis - Martselang - Shang Sumdo

after visiting Hemisgompa, one of the richest and largest gompas in Ladakh walk towards Martselang and Shang Sumdo there is a possibility to drive from Hemis to Shang Sumdo by jeep.

Day 2: Shang Sumdo - Lartse

the trail goes along the river in a magnificent valley walk through the villages of Chokdo and Chuskurmo before reaching Lartse

Day 3: Lartse - Kongmaru La - Tachungtse

climb the Kongmaru La which offers superb view of the Kang Yatse peak descend to Nimaling where you find villagers with their livestock and walk further down to Tachungtse.

Day 4: Tachungtse - Yakrupal

pass through the remote Langthang valley to reach Yakrupal.

Day 5: Yakrupal - ZalungKarmo La - TilatSumdo

cross the ZalungKarmo La and enjoy the spectacular view of Zanskar range and Changthang plateau after are several river crossings, a long trail following the Changchu river leads to TilatSumdo.

Day 6: TilatSumdo - Charchar La Base Camp

cross the Changchu river and enter into a beautiful narrow valley there are several river crossings on the way, follow the canyon until Charchar La base camp.

Day 7: Charchar La Base Camp - Charchar La - ZanglaSumdo

walk through spectacular gorges and cross the Charchar La steep descent to ZanglaSumdo.

Day 8: ZanglaSumdo - Zangla

short and easy walk to reach Zangla and the Zanskar valley Zangla has a small hilltop palace-fortress which can be visited homestay possibility in Zangla.

Day 9: Zangla - Karsha

cross the bridge over the Zaskar river near Pishu village the trail ascends gradually to Karsha, passing through the village of Rinam visit Karsha monastery, the largest and most important monastery in Zaskar, rising almost vertically on a mountainside above the village homestay possibility in Karsha.

Day 10: Karsha - Padum

short and easy walk to Padum, the capital of Zaskar possibility to drive from Karsha to Padum homestay can be arranged in Padum

Trek rate: On Request



TSARAP HIMALAYAN ADVENTURES