

GRAPHOLOGY DICTIONARY

HANDWRITING | SIGNATURE | DOODLE
CLASSIC EDITION

VARUN L. RUPANI



INDIA • SINGAPORE • MALAYSIA



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Dedication

This Book is dedicated wholeheartedly to one and only one superpower, the almighty, the Mahadev, LORD SHIVA.

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Preface

Graphology is a scientific method of identifying, evaluating, and understanding a person's personality through the strokes and patterns revealed by handwriting.

Handwriting reveals hundreds of elements of the person's "personality and character", which includes glimpses into the subconscious mind, emotional responsiveness, intellect, energy, fears and defences, motivations, imagination, integrity, aptitudes, and even sex drive. There are over 100 individual traits revealed and an unlimited number of combinations.

Handwriting is often referred to as "brainwriting." Research scientists in the field of neuroscience have categorized neuromuscular movement tendencies as they are correlated with specific observable personality traits. Each personality trait is represented by a neurological brain pattern. Each neurological brain pattern produces unique neuromuscular movements that are the same for every person who has that personality trait. When writing, these tiny movements occur unconsciously. Each written movement or stroke reveals a specific personality trait.

Handwriting analysts identify these strokes as they appear in handwriting and describe the corresponding personality trait.

Handwriting analysis can be learnt by anyone who has a genuine interest to read and practice the analysis on an ongoing basis. One need not be a psychologist to be a master of graphology. Anyone can master this art if they are serious and dedicated enough.

PART 1

A Note from the Author

What one person views as lacking integrity or honesty may be perfectly acceptable to another. How about the employee who makes personal photocopies on the company copy machine? Or spends hours on the internet at work emailing jokes to friends? For an honest individual taking even an eraser or a sharpener back home would be unthinkable.

There is no such thing as criminal handwriting. When identifying the signs of potential for dishonesty or wrong traits in writing, as in everything else, the keyword is **Potential**. Handwriting reveals only attitudes and potential. We aren't using a crystal ball, so predicting whether the writer will act on their potential or not should be left up to the psychics. Thus, one whose handwriting is filled with signs of wrong traits may or may not act on their potential for bad behaviour, which doesn't make it any less helpful to know that the potential is present.

This book focuses mainly on some of the most important traits that an individual can have in their personality. Do not

just look for the individual letter pattern only once in the writing sample but try to find out how many times the writer repeats them. Only when a particular letter pattern is in the majority, the associated trait must be given importance in the analysis. The graphologist must identify the characteristics and express them diplomatically to their client in the form of a graphology report. Identifying alone will not help the client, and so the information should contain graphotherapy.

– Varun L. Rupani

Graphotherapy

Many graphologists claim that a trait can be removed entirely from the writer's personality by using graphotherapy. In my opinion, graphotherapy can help you control and minimise a negative quality to a great extent, but it does not allow you to remove that particular trait altogether. You can smartly use graphotherapy. Instead of focusing only on controlling a wrong trait, use graphotherapy to encourage a positive trait that supports you in minimising the impact of that negative trait.

Graphotherapy will only work if you consistently change the wrong strokes and encourage correct strokes in your daily writing.

Graphotherapy is a tool that helps you build a new habit and let go of the old practice of writing an incorrect stroke which is hurting your personality. Changing a habit, though not easy, is not difficult too. If you have the discipline in writing and practising the basic strokes consistently daily, creating a new pattern will become more manageable, and you will become

more constructive and positive in your thoughts which will eventually reflect in your personality.

I have been teaching graphology for more than a decade. I have come across many people who ask me whether graphotherapy works or not. My answer to them is “Yes,” it works only that much, how much you practice and dedicate time to it. If you show 100% dedication to practising the strokes correctly, keeping in mind the actual purpose of improving your life and personality, it works, and the result is nothing less than a miracle.

Many people take this wrong when I tell them to manage their time and practice daily. They miss the word ‘daily’. Creating a habit does not demand too much time on one day and no time on other days. You cannot walk up to a graphologist and say, “Hey, I thought the weekend was the best time to practice, and so I dedicated my 5 hours to practising those correct strokes and then the next five weekdays, I didn’t get time to practice it. Will graphotherapy still work?” I ask such clients, “Do you eat food or breathe on weekends only?” They get the answer to their question.

The next question is whether you should practice those correct strokes for one week, 21 days, 42 days, one month or a lifetime? How much time does it take to form a habit if you start applying graphotherapy in your daily life? The answer lies in the next chapter, which is on habit formation.

Habit Formation

The habits of highly successful people allow them to consistently perform behaviours that breed success. Everything from eating well to responsible spending to task completion and beyond requires habits that make such behaviours part of our daily life. Highly successful people have learnt to develop good habits, and it takes discipline, courage and hard work on a daily basis to keep those habits in place. It makes perfect sense to adopt habits that will facilitate success, yet, why are some so difficult to adopt?

Most people believe that habits are formed by completing a task for 21 days in a row. Twenty-one days of task completion, then voila, a habit is formed. Unfortunately, this could not be further from the truth. The 21-day myth began as a misinterpretation of Dr. Maxwell Maltz's work on self-image. Maltz did not find that 21 days of task completion forms a habit. People wanted it to be accurate, so much so that the idea began to grow in popularity.

The phase of habit formation is characterised by the feeling of "this is easy." This honeymoon phase of habit formation is

usually the result of something inspiring. For example, a person attends a highly motivational conference, and for the first few days after the conference, the individual is making positive changes in his life.

Soon, inspiration fades and reality sets in. A person finds himself struggling with positive habit completion, and old habits seem to be right around the corner. The key to moving to habit formation is to win 2 or 3 emotional fights. This is critical.

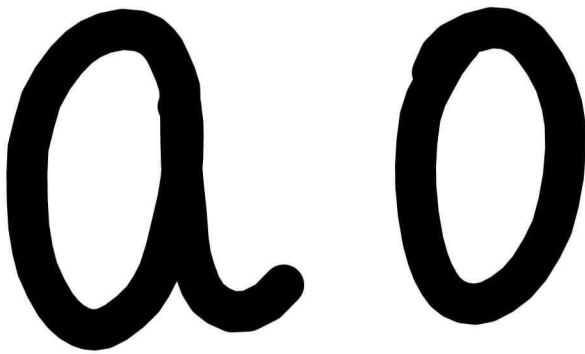
Recognition is essential for winning emotional fights. When you have entered the emotional pull-back situation (emotionally down and discouraged) after the honeymoon phase, simply say to yourself, “I have entered the emotional pull-back situation, and I need to win a few to move past this.” Winning each emotionally charged pull-back thought will make it easier to win the next. Conversely, when you choose to lose a thought that breeds the emotional pull-back, you make it easier to lose the next one and ultimately end up quitting.

If you find it difficult to move further in taking action towards creating that habit, then imagine, in great detail, how your life will be in 5 years if you do not begin making changes. Be totally honest with yourself, and allow yourself to feel what life will be like if the changes are not made.

Most people want positive habits to be as easy as brushing their teeth. Great habits are formed daily, and it requires time and dedication. Graphotherapy is a technique, or call it a tool that you will use to improve your personality, but this tool will be successful in changing your wrong traits only if you learn to form a habit.

PART 2

Active Mind



Straight & upright looking a's & o's shows that the writer has an active mind and is fast in action.

Adaptable and Flexible

writing
fish

Figure 8-shape formation in letters 's', 'f' & 'g' shows that the writer is adaptable, flexible and has good fluidity of thoughts.

Aesthetic Interest



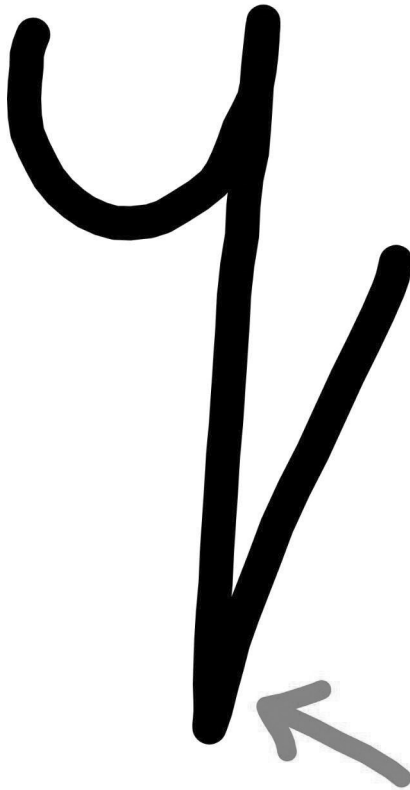
Greek-E formation in capital or small letter ‘E’ shows that the writer has aesthetic, cultural or artistic interests. The writer also has a refined taste and appreciates what is beautiful & elegant to the eyes.

Aggressive (At right places)



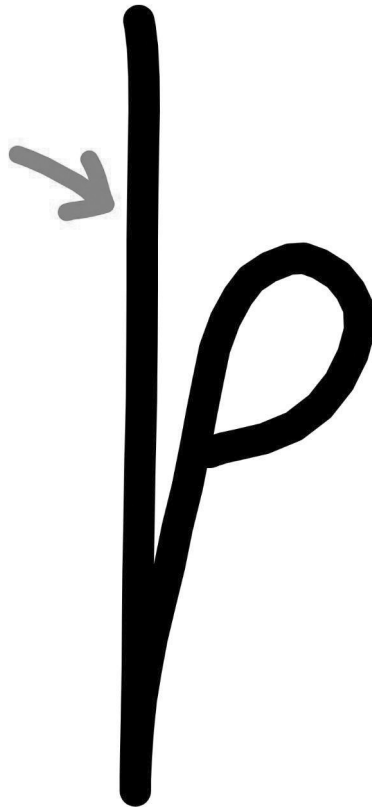
Well-formed small letter 'q' with a pointed angle below (as taught in the school) shows that the writer is aggressive at the right places.

Aggressive (At wrong places)



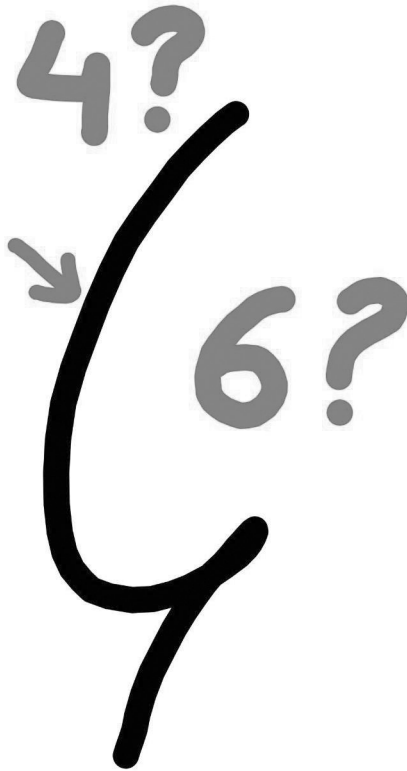
When the lower loop in small letters 'y', 'g' & 'j' is replaced by an angle, the writer tends to be aggressive when not required.

Argumentative



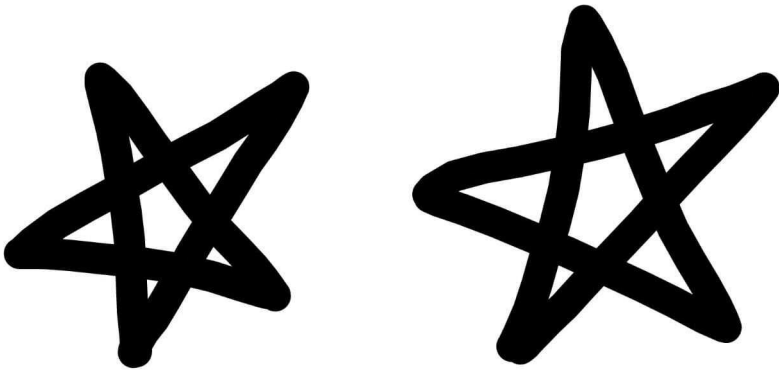
The argumentative nature of the writer can be seen in the break-away 'p' with a high beginning stroke.

Ambiguous



Letters or numbers that look like another, especially when taken out of context, shows that the writer is ambiguous, contrary, tricky & amoral.

Ambitious Nature



When sitting idle, if the writer tends to doodle stars on the last few pages of a book or the sides of a page, it shows that the writer has an optimistic and ambitious nature and a creative mindset.

Attention Seeker



If the writer ends the signature with the final stroke ending higher, the writer is an attention seeker.

Attentive to Details



Carefully & closely placed dots on the small letters 'i' and 'j' shows that the writer is attentive to details.

Avarice



Hook on the starting strokes shows the writer is greedy (Avaricious).