Weekly Enrichment Planner

Week of:_____

WOOD VIOLET ANIMAL RESCUE

Some activities can be interchangeable.
Try doing one of each every day.

	Mental		Physical	
Sunday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other:
Monday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other:
Tuesday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other:
Wednesday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other:
Thursday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other:
Friday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other:
Saturday	◯ Treat Puzzle Toy ◯ Plush Puzzle Toy ◯ Hide & Seek	◯ Nosework ◯ Other:	◯ Walk/Run ◯ Frisbee ◯ Tug	◯ Play w/ friends ◯ Other: