

PASTA & ITALIAN DINNERS

Choice of Side Salad or Garlic Bread

CHOICE OF SPAGHETTI, PENNE or RIGATONI

Pasta with Marinara Sauce 12.30

Pasta with Meat Sauce 19.00

Pasta with Garlic Sauce 13.40

Pasta with Alfredo 16.75

ADD-ONS:

GRILLED CHICKEN 3.40

CRISPY CHICKEN 3.40

GRILLED SHRIMP 4.50

MEATBALLS 2.80

SAUSAGES 2.80

BROCCOLI 2.25

ROASTED PEPPERS 2.80

SPINACH 2.25

MUSHROOMS 1.70

Lasagna 19.00

Layers of Ground Beef, Ricotta, Herbs, Marinara Sauce and Mozzarella Cheese

Baked Ziti 19.00

Pasta baked with Marinara Sauce, Ricotta, Mozzarella and Parmesan Cheese

Eggplant Parmesan 19.00

Layers of Breaded Eggplant with Marinara Sauce and Mozzarella Cheese

Chicken Parmesan 19.00

Breaded Chicken Cutlet topped with Marinara Sauce and Mozzarella Cheese

Chicken Francese 20.10

Lightly battered Chicken in a Lemon Garlic Sauce with Mushrooms

Stuffed Shells 19.00

Jumbo Shells stuffed with Ricotta topped with Marinara Sauce and Mozzarella Cheese

Veal Parmesan 19.00

Breaded Veal Cutlet topped with Marinara Sauce and Mozzarella Cheese

FRIED DINNERS

Choice of Side Salad or Garlic Bread and your choice of French Fries, Steak Fries, Curly Fries (+\$1 extra), Onion Rings (+\$2 extra)

Fried Haddock 17.40

Fried Shrimp 17.40

Clam Strips 17.40

Fried Calamari 17.40

Chicken Tenders 18.00

Seafood Sampler 19.00

Haddock, Clams, Shrimp, Calamari

GLUTEN-FREE SELECTIONS

Side Salad Included

Bunless Bacon Cheeseburger with Mushroom 12.60

Two Burgers topped with crispy Bacon and grilled Mushrooms on a bed of Lettuce

Chicken Breast in a Creamy Alfredo Sauce 16.00

Chicken Breast served with Broccoli, Mushrooms and Roasted Red Peppers

Chicken Breast with Steamed Broccoli 16.00

Shrimp with Steamed Broccoli 16.00

BEVERAGES

Soda (Coke/Diet Coke/Sprite/Orange/Ginger Ale/Root Beer)

Can - 12oz. 1.50

Diet Ginger Ale, Sanpellegrino (Aranciata Rossa/Limonata) also available in cans

Bottle - 20oz. 2.75

Bottle - 2 Liter 3.50

Powerade (Red/Blue) - 20oz. 3.00

Vitaminwater (XXX/Refresh) - 20oz. 3.00

Juice (Orange/Apple) - 12oz. 3.00

Dasani Water - 20oz. 2.25

Sanpellegrino Water - 16.9oz. 2.50

Lemonade - 20oz. 2.50

Fruit Punch - 20oz. 2.50

Gold Peak Tea (unsweetened) - 18oz. 3.00

Milk/Chocolate Milk - 14oz. 3.25

SCAN ME



rev. 04/22

DELI STYLE SANDWICHES

Small Bag of Chips Included

Ham, Turkey, Roast Beef, Tuna Salad 8.80

Chicken Salad, Prosciutto, Soppressata, Capicola 9.90

BREAD: WHEAT, WHITE, RYE, CIABATTA OR WATER ROLL

CHEESE: AMERICAN, CHEDDAR, SWISS, PEPPER JACK, PROVOLONE

CHOICE OF LETTUCE, TOMATO, PURPLE ONION, GREEN PEPPERS

CONDIMENTS: MAYO, HONEY MUSTARD, EVOO & BALSAMIC VINEGAR

EXTRAS 75¢ each topping

MAPLE MAYO, CALABRIAN MAYO, PESTO MAYO, FRESH MOZZARELLA,

JALAPEÑO PEPPERS, BANANA PEPPERS, BLACK OLIVES, DILL PICKLES,

CUCUMBERS, RED PEPPERS, FRESH BASIL, SPINACH, SAUERKRAUT

MAMMA MIA'S FAVORITES

THE ALFARONE 9.99

Prosciutto, Soppressata, Fresh Mozzarella, Tomatoes,

Fresh Basil and EVOO on a toasted Ciabatta Roll

MAMMA'S LOCRESE 9.99

Veal, Eggplant, sliced Tomatoes, Lettuce with Pesto on a toasted Water Roll

THE DOM 9.99

Fresh Broccoli Rabe, Grilled Sausage, Fresh Garlic, Crushed Red Pepper Flakes,

Provolone Cheese and drizzled with EVOO on a toasted Ciabatta Roll

AMA 9.99

Fresh Burrata, sliced Tomatoes, Fresh Basil with EVOO

and drizzled with Balsamic glaze on a Ciabatta Roll

LEONARDO 9.99

Chicken Cutlet, sliced Bacon, Purple Onion, Jalapeño Peppers,

Provolone Cheese, Lettuce and Ranch on a grilled Panini

CA-LA-BRI-A 9.99

Soppressata, Capicola, Mortadella, Provolone Cheese,

Roasted Red Peppers with Calabrian Mayo on a toasted Ciabatta Roll

MARDI GRAS 9.99

Fried Shrimp, Diced Tomatoes, Dill Pickles, Shredded Lettuce

with Calabrian mayo on a toasted Grinder Roll

THE MORGAN SULLIVAN 9.99

Shaved Steak with Grilled Green Peppers and Onions

topped with Pepper Jack Cheese and Dill Pickles on

a toasted Water Roll with Honey Mustard

NEW ENGLANDER 9.99

Ham, Turkey, sliced Tomatoes, Spinach & Maple Mayo

on a toasted Water Roll

GATE 7 REUBEN 9.99

Two Hamburgers layered with Swiss Cheese,

Sauerkraut, Thousand Island on grilled Rye Bread

LUNCH SPECIALS

Available Until 2pm

8" GRINDER 9.95

Includes small bag of chips & can of soda

CHOICE OF HAM & CHEESE, TURKEY & CHEESE,

MEATBALL PARMESAN, SAUSAGE PARMESAN,

ITALIAN COLD CUT

SPAGHETTI OR ZITI 9.95

Includes roll with butter & can of soda

WITH CHOICE OF MEATBALLS, SAUSAGE,

BROCCOLI GARLIC, BROCCOLI ALFREDO

PRICES SUBJECT TO CHANGE WITHOUT NOTICE. TAX & DELIVERY CHARGE IS NOT INCLUDED.

CATERING MENU AVAILABLE

ORDER ONLINE AT MAMMAMIASPIZZAMA.COM

WE DELIVER

5 MILE RADIUS • \$1 DELIVERY CHARGE



**1140 MEMORIAL AVE
WEST SPRINGFIELD, MA 01089**

413-732-0400

MONDAY - SATURDAY 10:30AM - 9PM

**DINING ROOM OPEN
FOR LUNCH & DINNER**

SERVING BEER & WINE!



PIZZA

| | 10" Personal | 14" Small | 16" Medium | 18" Large | 30" Party |
|---------------------------|-----------------|-----------------|------------------|------------------|------------------|
| <i>Red or White Sauce</i> | <u>6 SLICES</u> | <u>8 SLICES</u> | <u>16 SLICES</u> | <u>20 SLICES</u> | <u>36 SLICES</u> |
| Cheese Pizza | 8.65 | 13.25 | 17.25 | 20.75 | 27.60 |
| Regular Toppings | 1.45 | 2.00 | 2.60 | 3.20 | 4.60 |
| Gourmet Toppings | 2.00 | 2.60 | 3.45 | 4.60 | 5.75 |

REGULAR TOPPING:

EXTRA CHEESE, ONIONS, TOMATOES, BLACK OLIVES, FRESH GARLIC, GREEN PEPPERS, BANANA PEPPERS, JALAPEÑO PEPPERS, SPINACH, MUSHROOMS, SAUSAGE, HAMBURGER, PEPPERONI, HAM

GOURMET TOPPING:

PINEAPPLE, ROASTED RED PEPPERS, PESTO, EGGPLANT, ROMANO, FETA, PROVOLONE, RICOTTA, ANCHOVIES, SALAMI, STEAK, CHICKEN, BACON, MEATBALL, BABY SHRIMP

GOURMET PIZZAS

| | 10" Personal | 14" Small | 16" Medium | 18" Large | 30" Party |
|---|-----------------|-----------------|------------------|------------------|------------------|
| | <u>6 SLICES</u> | <u>8 SLICES</u> | <u>16 SLICES</u> | <u>20 SLICES</u> | <u>36 SLICES</u> |
| MAMMA SPECIAL | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Pepperoni, Hamburger, Peppers, Onions, Mushrooms, Sausage | | | | | |
| 4 CHEESE | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Provolone, Mozzarella, Ricotta, Romano, Red or White Sauce | | | | | |
| BIANCO | 13.80 | 20.70 | 23.60 | 31.10 | 41.40 |
| Tomato, Broccoli, White Sauce | | | | | |
| COMBO | 11.50 | 20.70 | 22.45 | 27.60 | 37.95 |
| Pepperoni, Hamburger, Peppers | | | | | |
| MARGHERITA | 11.50 | 20.70 | 22.45 | 27.60 | 37.95 |
| Marinara Sauce, Basil, Fresh Mozzarella | | | | | |
| MEAT LOVERS | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Pepperoni, Hamburger, Sausage, Ham | | | | | |
| VEGGIE | 13.80 | 20.70 | 23.60 | 31.10 | 41.40 |
| Mixed Peppers, Onions, Mushrooms | | | | | |
| CHICKEN | | | | | |
| BACON RANCH | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Ranch Sauce, Mozzarella, Chicken, Bacon | | | | | |
| BUFFALO CHICKEN | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Buffalo & Bleu Cheese Sauce, Chicken, Jalapeños | | | | | |
| BBQ CHICKEN | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| BBQ Sauce, Chicken, Purple Onions | | | | | |
| CHICKEN | | | | | |
| BROCCOLI ALFREDO | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Alfredo Sauce, Mozzarella, Chicken, Broccoli | | | | | |
| NAPOLITANO | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Romano Cheese, Roasted Peppers, Garlic, Chicken, Marinara Sauce | | | | | |
| STEAK BOMB | 14.95 | 21.85 | 25.90 | 33.35 | 43.70 |
| Shaved Steak, Peppers, Onions, Hot Sauce and Ranch | | | | | |
| HAWAIIAN | 13.80 | 20.70 | 23.60 | 31.10 | 41.40 |
| Ham, Bacon, Pineapple | | | | | |

CAULIFLOWER CRUST PIZZA

Two Sizes Available - 10" + 14"

| | |
|---------------------------------|---------------|
| Cheese | 12.10 / 15.50 |
| Mamma Special | 19.00 / 22.45 |
| 4 Cheese | 19.00 / 22.45 |
| Bianco | 16.70 / 20.15 |
| Combo | 16.70 / 20.15 |
| Margherita | 16.70 / 20.15 |
| Meat Lovers | 19.00 / 22.45 |
| Veggie | 16.70 / 20.15 |
| Chicken Bacon Ranch | 19.00 / 22.45 |
| Chicken Broccoli Alfredo | 19.00 / 22.45 |
| Buffalo Chicken | 19.00 / 22.45 |
| BBQ Chicken | 19.00 / 22.45 |
| Napolitano | 19.00 / 22.45 |
| Steak Bomb | 19.00 / 22.45 |
| Hawaiian | 16.70 / 20.15 |

GLUTEN-FREE CRUST PIZZA

One Size Only - 10"

| | |
|---------------------------------|-------|
| Cheese | 12.10 |
| Mamma Special | 19.00 |
| 4 Cheese | 19.00 |
| Bianco | 16.70 |
| Combo | 16.70 |
| Margherita | 16.70 |
| Meat Lovers | 16.70 |
| Veggie | 16.70 |
| Chicken Bacon Ranch | 19.00 |
| Chicken Broccoli Alfredo | 19.00 |
| Buffalo Chicken | 19.00 |
| BBQ Chicken | 19.00 |
| Napolitano | 19.00 |
| Steak Bomb | 19.00 |
| Hawaiian | 16.70 |

CALZONES

Filled with Ricotta, Mozzarella Cheese and Marinara Sauce on the Side

Cheese SMALL 9.20 MEDIUM 11.50 LARGE 13.80

REGULAR TOPPING.....1.45 / 2.00 / 2.60

GOURMET TOPPING.....1.75 / 2.60 / 3.45

PIZZA SLICES

Cheese 3.45 **Pepperoni** 4.00

GRINDERS - WRAPS - PITAS

Choice of Lettuce, Tomato, Mayo, Ketchup, Mustard, Oil, Vinegar, Purple Onions, Green Peppers

| COLD | 8" | 12" | 16" | HOT | 8" | 12" | 16" |
|---|------|-------|-------|---------------------------------------|------|-------|-------|
| Ham | 7.15 | 9.65 | 12.90 | Steak & Cheese | 8.00 | 10.15 | 13.70 |
| Italian Cold Cut | 7.70 | 9.85 | 13.45 | Pastrami & Cheese | 8.00 | 10.15 | 13.70 |
| Turkey | 7.15 | 9.65 | 12.90 | Cheeseburger | 7.70 | 9.85 | 13.45 |
| Tuna Salad | 7.15 | 9.65 | 12.90 | Chicken Cutlet | 8.25 | 10.40 | 14.00 |
| Chicken Salad | 8.25 | 10.40 | 14.00 | Grilled Chicken | 8.25 | 10.40 | 14.00 |
| Roast Beef | 7.70 | 9.85 | 13.45 | Grilled Sausage | 7.70 | 9.85 | 13.45 |
| BLT | 7.15 | 9.65 | 12.90 | Buffalo Chicken | 8.25 | 10.40 | 14.00 |
| Veggie | 7.15 | 9.65 | 12.90 | Fish Sandwich | 7.70 | 10.15 | 13.70 |
| Lettuce, Peppers, Onions, Pickles, Cucumbers, Black Olives, American Cheese | | | | Grilled Veggie 7.15 9.65 12.90 | | | |

Peppers, Mushrooms, Onions, Broccoli, Tomato, Provolone

PITA + WRAPS SAME PRICE AS 12"

PARMS

Marinara Sauce & Mozzarella Cheese

| | 8" | 12" | 16" |
|----------------------|------|-------|-------|
| Chicken Parm | 8.25 | 10.40 | 14.00 |
| Sausage Parm | 7.70 | 9.85 | 13.45 |
| Veal Parm | 7.70 | 9.85 | 13.45 |
| Eggplant Parm | 7.70 | 9.85 | 13.45 |
| Meatball Parm | 7.70 | 9.85 | 13.45 |

ADD-ONS:

EXTRAS 55¢ / 85¢ / 1.10
SPINACH, ROASTED RED PEPPERS, MUSHROOMS, BLACK OLIVES, JALAPEÑOS, BANANA PEPPERS, CUCUMBERS, RANCH, HOT SAUCE, BBQ SAUCE, BLUE CHEESE
CHEESE 55¢ / 85¢ / 1.10
AMERICAN, SWISS, PEPPER JACK, PROVOLONE
FRESH MOZZARELLA 1.10 / 2.20 / 3.30
BACON 1.10 / 2.20 / 3.30
EXTRA MEAT 1.10 / 2.20 / 3.30

SPECIALTY GRINDERS

12" ONLY

| | |
|--|-------|
| #1 ITALIANO | 10.75 |
| Capicola, Prosciutto, Sopressata, Provolone, Roasted Red Peppers, Banana Peppers, EVOO & Vinegar (Cold or Hot) | |
| #2 PIZZIOLA | 10.75 |
| Grilled Sausage, Onions, Peppers, Mushrooms, Pepperoni, with Marinara and Mozzarella | |
| #3 MAMMA'S MADNESS | 10.75 |
| Turkey, Ham, Bacon, Provolone, Honey Mustard, Purple Onion, Lettuce and Tomato | |
| #4 CHICKEN STIR FRY | 10.75 |
| Grilled Chicken, Mushroom, Onions, Green Peppers sauteed and topped with Provolone | |
| #5 STEAK BOMB | 10.75 |
| Grilled Shaved Steak sauteed with Peppers & Onions, topped with Hot Sauce, Ranch and American Cheese | |

DESSERTS & FRIED DOUGH

| | | | |
|-------------------------------------|------|--------------------------------------|-------|
| Limoncello Cake | 5.25 | Chocolate Chip Cookies | 2.30 |
| Triple Chocolate Brownie | 3.45 | Carrot Cake | 5.25 |
| Plain Cheesecake | 4.95 | Tiramisu | 4.40 |
| Chocolate Chip Cheesecake | 5.25 | Fried Dough | 4.95 |
| Raspberry Cheesecake | 5.25 | <i>add Cinnamon & Sugar</i> | +55¢ |
| Chocolate Mousse Cake | 5.25 | <i>add Powdered Sugar</i> | +55¢ |
| Cannoli with Chocolate Chips | 4.40 | <i>add Sauce & Grated Cheese</i> | +1.65 |

CONSUMER ADVISORY: THOROUGHLY COOKING MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS REDUCE THE RISK OF FOOD-BORNE ILLNESS. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

BUFFALO CHICKEN WINGS

Served with Blue Cheese & Celery Sticks

SEASONED DRUMSTICKS & WINGS

SAUCES: MILD, HOT, BBQ, GOLDEN BBQ, GARLIC PARM, HONEY MUSTARD, SWEET CHILI, HONEY BBQ

| | | | |
|---------------|-------|---------------|-------|
| 10 Pcs | 14.90 | 40 Pcs | 46.00 |
| 20 Pcs | 25.25 | 50 Pcs | 57.50 |
| 30 Pcs | 36.80 | | |

BONELESS TENDERS

Served with Blue Cheese & Celery Sticks

| | | | |
|---------------|-------|---------------|-------|
| 7 Pcs | 12.60 | 21 Pcs | 27.60 |
| 14 Pcs | 21.80 | 28 Pcs | 33.35 |

SIDE ORDERS

| | SMALL | LARGE | |
|---|-----------|--------------|------------|
| Mozzarella Sticks | 8.80 (6) | 13.10 (12) | |
| Broccoli Cheese Bites | 8.80 (8) | 13.10 (16) | |
| Jalapeño Poppers | 8.80 (8) | 13.10 (16) | |
| Chicken Tenders | 10.95 (6) | 15.35 (12) | |
| French Fries | 4.95 | 8.25 | |
| Curly Fries | 5.50 | 8.80 | |
| Onion Rings | 5.50 | 8.80 | |
| Steak Fries | 4.95 | 8.25 | |
| <i>with Cheese</i> | 6.60 | 10.45 | |
| <i>with Bacon & Cheese</i> | 8.25 | 12.65 | |
| Potato Chips | 85¢ | 2.20 | |
| Fried Shrimp | 9.90 (6) | 17.60 (12) | |
| Fried Clam Strips | 8.80 | | |
| Fried Calamari | 12.10 | | |
| Garlic Bread | 3.85 | | |
| <i>with Cheese</i> | 4.40 | | |
| Bruschetta | 9.95 | | |
| Meatballs | | 7.15 (16oz.) | |
| Sausage | | 7.15 (16oz.) | |
| Fried Sampler | 18.65 | | |
| Broccoli Cheese Bites, Jalapeño Poppers, Chicken Tenders, Mozzarella Sticks, Onion Rings, Curly Fries and Steak Fries | | | |
| Mamma's Marinara Sauce | 1.10 4oz. | 5.45 16oz. | 8.25 32oz. |
| Celery with Blue Cheese | 4.40 | | |
| 12" Dinner Roll with Butter | 2.20 | | |
| Ranch Dressing | 55¢ 2oz. | 1.00 4oz. | |
| Blue Cheese Dressing | 85¢ 2oz. | 1.50 4oz. | |
| BBQ Sauce | 55¢ 2oz. | 1.00 4oz. | |

SOUPS

| | CUP | BOWL | PINT |
|------------------------|------|------|------|
| Soup of the Day | 3.85 | 4.95 | 6.35 |
| Tortellini | 3.85 | 4.95 | 6.35 |

SALADS

DRESSINGS: RANCH, BLUE CHEESE, ITALIAN, GREEK, CAESAR, EVOO & BALSAMIC VINEGAR, HONEY MUSTARD, 1000 ISLAND

| | SMALL | LARGE |
|-----------------------------------|--------------------|-------|
| Antipasto | 10.45 | 13.75 |
| Greek Salad | 9.35 | 12.65 |
| Caesar Salad | 9.35 | 12.65 |
| Tossed Salad | 8.25 | 9.35 |
| ADD-ONS: | | |
| GRILLED CHICKEN | 2.20/3.30 | |
| CHICKEN SALAD | 2.20/3.30 | |
| TUNA SALAD | 2.20/3.30 | |
| CRISPY CHICKEN | 2.20/3.30 | |
| GRILLED SHRIMP | 3.30/4.40 | |
| STEAK | 4.40/5.50 | |
| FETA | 1.65/2.50 | |
| EXTRA DRESSING | 55¢ 2oz./1.00 4oz. | |
| EXTRA BLUE CHEESE DRESSING | 85¢ 2oz./1.50 4oz. | |