



少林拳法

KAIKAN THEORY &
REGULATIONS

2023 SHORIN KEMPO KAIKAN REGULATIONS

Introduction

For those whom are new to Shorin Kempo ,or are not familiar with its history or methodology , the following is a quick insight as to what Shorin Kempo is all about.

The system Kancho has taught for decades has now evolved dramatically, this is due to his belief in the philosophy “truth has no path, truth is living therefore changing, and everything must change for change is reality”.

It is Kancho's belief that the world, along with Martial Arts, is constantly evolving and unless we evolve with it we will be left behind and will be like stagnant water in a pond with no motion. This does not mean that with the changes we make we forget the richness of the past and the traditions which form the backbone of the art we practice.

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We must endeavor to respect our heritage and remember those who trained us and who passed on their knowledge to us.

The main concept of Martial Arts is to use a fighting system not just for self defense but also to develop self discipline, confidence and to learn to look at life in a more serious fashion and dignity.

We achieve this by constantly learning to endure, to adapt to and overcome the obstacles put in front of us each day, whether at work, at home or in the dojo. By adopting these principles, the interaction of different Martial Arts, with its plethora of different platforms, will surely become easier.

It is Kancho's opinion that all Martial Arts originated and subsequently evolved from one geographical area and over time the art form has fragmented into many different systems and styles.

However, he feels that all these systems are related and most follow the path of Budo. It is this path that binds us as true Martial artists and people, regardless of style, race or organization. The Spirit of Shorin Kempo is built on these fundamentals.

The name “SHORIN KEMPO “少林拳法

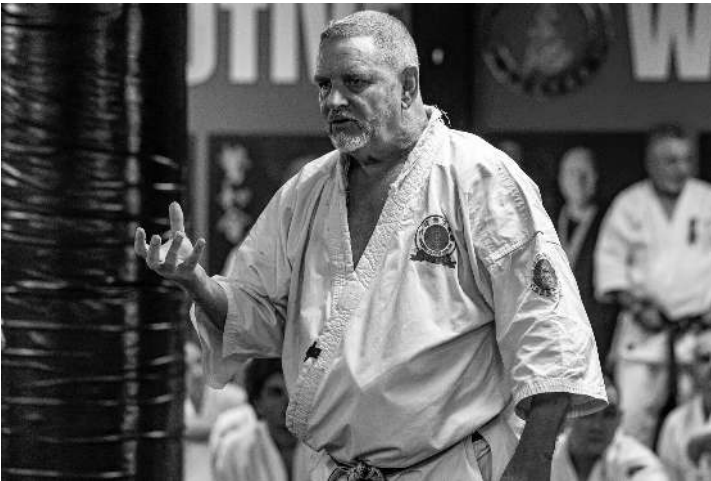
Many ask why the name “Shorin Kempo” 少林拳法? Well this goes back many decades as to why and its meaning. Many think Shorin 少林 is Japanese for Shaolin 少林 and the word Kempo 拳法 is Japanese for Kung Fu 功夫

In part in parcel they are close , however to Kancho it is far deeper than this.

First of all, the word Kung Fu 功夫 and Kempo 拳法 has two different meanings. Lets first take the characters of the word “KUNG FU” 功夫

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The actual translation of the Kanji means “Time, Energy and Discipline”. The Chinese of old believed that anything that required these three elements to obtain a skill, either it be doctor, carpenter or practitioner of martial arts was kung fu.



Kancho S.R.McInnes.

This was because it takes time, and energy along with discipline to obtain a skill level. There was a saying, “Your Kung Fu 功夫 is good” this is virtually saying you have acquired a good skill level at your profession.

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Now lets look at the word “SHAOLIN” 少林. History tells us that the temple we know today as “The Shaolin Temple” located in the province of Honan, was built in the 20th year of the *Taihe* era in the Northern Wei Dynasty, that is, the monastery was built in 495 AD. From 495 AD to approximately 525AD the temple was known as Shonshan Buddhist temple.

HISTORY OF MARTIAL ARTS

Kung Fu originated 4600 years ago by a yellow emperor named Huang Dai who was looking for a fast and effective method in which to train his Army.

According to the Choy Dynasty book of rites Kung Fu disappeared for approximately 1000 years and reappeared in 525 AD by an Indian Monk Named Darama Taishi (Ta Mo) who was travelling from India across China to teach Zen Buddhism to the Liang Dynasty monks .

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By chance he came across a Temple where he saw the monks were that unfit and out of shape and being hassled by local hoodlums that he taught them 18 basic exercises both Metal and Physical (the Lohan movements) known as the root of all modern an traditional Kung Fu and Karate today.

Eventually a rich young wealthy disciple by the name of Yen expanded these moves to 72 movements (known as the Yen Movements) .

Five Monks left the temple their names were How ,Choy ,Lai ,Hung and Mok hence the first of the family systems of Kung Fu.

Some that In the year 725 AD the Martial Arts expanded to the islands of Okinawa and through out Asia.

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Ta Mo named this temple “Shaolin”, why?..... Because it was built on the side of Mt Song surrounded by a beautiful fresh forest with new trees. The word Shaolin when the characters are translated means “Young Forest” 少林.

Or Though Ta Mo mainly taught Zen Buddhism it fast spread by word of mouth as Buddhism from the Shaolin temple.

From 525 AD on the martial arts and teachings taught in the Songshan Temple were known as Shaolin Quan 少林拳.

Where the term Shaolin Kung fu 少林功夫 came from was actually by westerners not really understanding the kanji and history. The martial arts were never called Kung Fu... however this is where I feel the misunderstanding comes from.

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The old practitioners of Martial arts would commonly say to one another, “you Kung Fu 功夫 (Acquired Skill) is very good, what form is it?” the reply was “Shaolin Quan fa 少林拳 (The fist of the young forest)”.

As time progressed they the term The Acquired skill of the Shaolin was often used “Shaolin Kung Fu” 少林功夫.

If you look at the original Kanji for Shaolin Quan you will see the difference between that and Shaolin Kung Fu.

少林功夫 Shaolin Kung Fu

Translation -The acquired skill of The Young Forest (Shaolin)through time energy and discipline

少林拳 Shaolin Quan Fa

Translation-The fist of (Shaolin)of the Young forest

少林拳法 Shorin Kempo

Japanese Translation- The law of the Shorin
(Shaolin in chinese) Fist



Kancho McInnes and Shihan Itchicawa

However, Kancho tends to look at it a little deeper and try to imagine what Ta Mo was thinking when he first named it Shaolin.

Living in Asia most of his life Kancho has a different perspective as to how Asian masters and monks think, and after studying many of Ta Mo's works he felt that the thought pattern of the teachers of old was far closer to the description of the kanji than what it was translated as.

Kancho personal belief is that Ta Mo used the name Shaolin 少林 to describe "A new Beginning" hence the birth of a new form of Buddhism and Martial Arts.

A Buddhism not just based on philosophy, meditation and prayer, but also physical discipline and external meditation and exercise. Hence "A New Beginning".

Shorin Kempo 少林拳法 symbolizes A New Beginning in the evolution of Martial arts). In a new forest there are many trees as there are many techniques in Martial arts. However, through the process of evolution not all those trees and shrubs of the new forest will survive, but those which do would have past the test of time, and its these trees that create the strong blood line. This is why we are called SHORIN KEMPO 少林拳法 and why we are proud.

What Makes Shorin Kempo 少林拳法 different to other styles

The Philosophy behind this is simple, but to others this may be hard to comprehend. First you need to understand the mentality of the Asian way of thinking and doing things, and the strong family values to both loyalty and honor. These are values that should never be taken lightly and if you do then Shorin Kempo is not for you.

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This style has been built over decades on a strong Kohai - Sempai system and with out a clear understanding of this many problems arise and it in my opinion the reason why many styles split ,then split time and time again.



Sensei Junior R McInnes

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In Asia the Kohai - Sempai value is in every home and many times as in a family the Kohai or son may disagree with the elder brother even sometimes to the point where they don't speak to each other, yet the blood line family does not break.

When the father calls, both brothers will come and sometime this is the healing process to the bad blood.



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In most Asian cultures from a very young age Asians are taught to lower their head when they pass in front of an elder person than themselves or a person of higher rank. In some countries in Asia it is a very big dishonor not to do this and can often effect the creditability you have in the community.

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If a person bows to you, you return it with acknowledgement. Most militaries adopted this policy with the salute, where if a lower ranked saluted you, you should return the salute as a sign of respect.



In the martial arts this is the same. Most of these principles apply.

However, in Shorin Kempo our belief in the very system and following of rules and regulations that have protected the integrity and longevity of Shorin Kempo over the decades play a very big part in our lives not just in the dojo but in every aspect of our lives.

Loyalty

Let's talk about loyalty in both Martial arts and the family. The world loyalty is never spoken in a home yet in dojo's gyms and among friends the word is thrown around as if it is just an every day term.



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In the family environment you will never hear your father say you're not loyal to your family, he might say "Now you have grown up you have forgotten us". But he will never say "you are not Loyal".

Just think about this for a minute... Why?... Simply because you are true immediate family from blood. There is no need to talk about loyalty. From day one of conception your mother feeds you. You were linked by an umbilical cord that passed to you everything you required to be born.

And then until you are an adult, your mother and father protected you, fed you, taught you, and in your heart you know this, so there is no need to talk about loyalty.... it's there regardless. Even if you disagree with you parents, even if they punish you for being bad, even if they make mistakes regardless how bad, you will always stand by them, as this is true loyalty. You will never trade your family for another, unless you were abandoned as an orphan.

SHORIN KEMPO OPENS ITS DOORS TO THE WORLD

In 1979 the first Shorin Dojo opened under the name of (Sir gee Dorr) .Until 2007 Kancho only taught Uchi-deshi and none of his dojos were open to the public , in 2008 he opened the Kaikan from Uchi Deshi only up to outside groups to join and start following the teaching of Shorin Kempo all around the world.

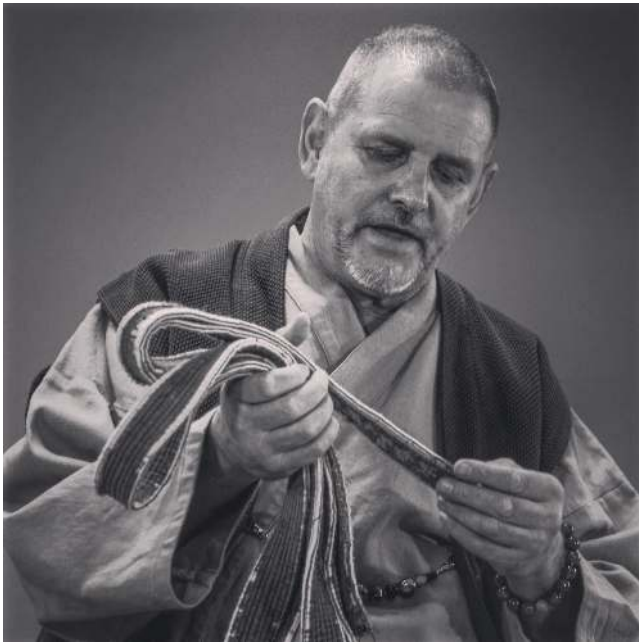
When asked if opening up Shorin to westerners was the right thing to do, Kancho replied “Some have abused the privilege, some have used me as a bus stop and taken advantage of my nature.... but then some and I would say most have benefited”. Its because of this the Tamashi Spirit of Shorin is so strong...



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Shorin Kempo is a family system based on the Kohai Sempai way of life with the same parallel values of those taught to us in our family.

In Shorin we are taught that the belt (Obi) we wear symbolizes the umbilical cord that tied us to our mother at birth and symbolizes the bond between the Teacher and student.



Kancho S.R McInnes

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We believe that the belt is sacred and symbolizes the knowledge passed from father to son, mother to daughter and teacher to student, we are taught to treasure that belt as it symbolizes the evolution of our system and its core values .

We are taught that as in the family, the quality of life and living is from the investment of time and so it is in martial arts. Its not about the grade its about the quality.



Saiko Shihan Seyed Mohammad Salehi

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We lower our head to all higher ranks, and return the bow to those who show respect to us like a soldier and his salute.



Saiko Shihan Nino Di pasquale

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We remember every class as we kneel “Seiza” our family’s and those who have influenced in our lives and training of Shorin.



Okinawa Hombu Dojo

We respect our Sempai’s and teachers regardless of disagreements or their flaws, the same as we would respect our parents, for it is them that paved the way for us to be standing where we are today with the skill and status we have today.

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Some say “They did it them self”. This is total rubbish and the result of being naive. You see, in Shorin Kempo we are taught that everything we do or have in this life is the result of many influences and interactions by others.



Here is an example. Let's say a branch chief is working harder than his Sempai to promote Shorin and becomes successful and his school is busy yet he does not want to share the fame with his Sempai, He states he got to where he is with no help from his sempai and did it all by himself... If a Shorin student or instructor ever said this to me I would laugh, as for him to be where he is today there are many factors that are owed gratitude.

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There are several fundamental basics that Budo is built around, One of those is to never forget Khohi - Sempai relationship between your elders ,seniors and teaches. In Budo you should always respect your parents, regardless of how they treated you, as for without them you wouldn't exist today , it is from their passion that you were born , your very existence on this earth is because of them. Due to this respect should be given regardless of any outcome or disagreement.



As for your teaches , if you learned from them and they took the time to teach you ,then you owe them gratitude for that knowledge you received for with out them giving you time so as you could learn from them you would have no knowledge today ,And for this they should be respected.

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As for your elders if they went out of their way to take care of you, put food on your table supply you with employment or just takes time to give you opportunities in life , even if this is just guidance, then respect is Due.



In Shorin we also believe that to blame someone for your miss fortunes or failure is to acknowledge defeat.

To lose a battle is not being defeated if you understand why you lost and learn from this.

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So in Shorin our Tamashi (spirit) teaches us to adapt and overcome diversity. To strive and endure. We constantly find our limits and strive to surpass them creating goals for ourselves.



Soshi Sugihara

In Shorin senior ranks understand that the Kaikan is not a democracy and is run and controlled by a single entity ..." The Kancho". For decades it has been this way and the Kohai Sempai system supports this with no conflict.

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Sometimes the decisions made by the Kaikan and its advisors may displease or dishearten some dojo operators. However, as Members of this system we learn to adapt and understand that the world does not revolve around one dojo or a single country and that sometimes sacrifice is made to be part of the Kaikan (Organization).

Our family has built its strength on unity and this is its core, The Kaikan wants no part of groups or Instructors that cannot work with one another as we believe this is the fundamental foundation for the longevity of Shorin Kempo.



Sensei Suwipa

To Expect is the First Form of Disappointment

As teachers, our only reward for passing on knowledge is when we see our students learn from our teachings and sometimes there can be an added bonus when they say “thank you”.

In life, especially as a teacher you will find there will be many that will stand by your side purely for the benefits and the gains whether it be financial, or to gain access to something you can provide.

Sometimes it is hard to tell those who stand by you because of the knowledge you teach them and pure loyalty and those who are just using you for the benefit.

Unfortunately, you will find that most will be there for the benefit of what you have or can give.

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You will see sometimes that if you stop the flow of income or benefit to them regardless that you originally choose to give them from the graciousness of your heart, they will look at you as if you owe them or cheated them for turning off the tap so to speak.

It is sad but this is human nature and many fall into this category.

As a teacher it will come many times when you will have your heart broken because you would have believed that these people were there because of the loyalty to you as their teacher and friend, when in fact you were just a tool to benefit from .

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Kancho says “Lately in my life I have learned not to expect anything from anyone and then I have no disappointment.



Kancho McInnes Tamashiware Embo in Japan 2012 (8 blocks of ice)

I try not to rely on anyone for anything in my life , what happens to me is my responsible and no one else should be blamed for what goes wrong .

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This is another one of the fundamentals of Budo as when you need to rely on someone this is a weak link in your life as for when they fail to perform you will suffer.



Sensei Junior McInnes and Kancho McInnes



Shorin Kempo Dream Team Selection Tournament Iran

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Evolution of Shorin Kempo

The system of Shorin Kempo differs from most in its ability to evolve. Though our system is based on ancient basics of the Shaolin, the Japanese influence has organized and rendered it more practical as it progressed through the centuries into the islands of Okinawa and Japan from China.

Our system differs from that of Shorin Ryu (from Okinawa) and is more closely similar with the style of Shorinji Kempo (of the Sukoku Region of Japan) based on To-De (the Chinese Hand).



Kancho McInnes (Uchi Mawashi Geri) 2009 with Sensei Judd Reid

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The style of Shorinji Kempo (少林寺拳法 shōrinji-kempō, meaning "Shaolin Temple Fist Law") is a Japanese martial art which is considered as a modified version of Shaolin Kung Fu (using the same kanji). It was established in 1947 by Doshin So (宗道臣 Sō Dōshin?), a Japanese martial artist and former military intelligence agent.

They say Doshin saw flaws in the Chinese system of Shaolin taught in the 1940s and felt it lacked practicality mainly any form of discipline which made it very hard to teach. Being a military man, organization was his skill and while he lived Shorinji was one of the strongest and most influential systems of Martial Arts in Japan.

Our style came about in a very similar way. From when Kancho McInnes first opened his dojo decades ago his dream was to build a system that would be recognized for its practical and effective methods of martial arts, without losing touch with the traditionalism and the spirit of Budo.

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In this quest, Kancho permanently moved back to Asia, this time to study and look deeply into the practicality and reality of the full contact fighting arts to see where and how he could blend to bring reality to his system.

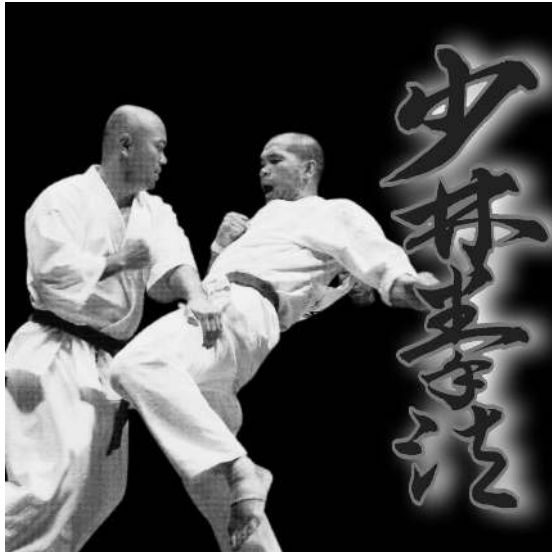
Budo and traditional martial arts as taught in the temple and in Japan had not yet evolved to where one could cross over or even train with one another due to the radical differences in styles and methodology .

In this quest Kancho found that there were many teachers out there professing their style as the best, and utilized all art's etc in their systems, however very few could back their claims up with real statistics.

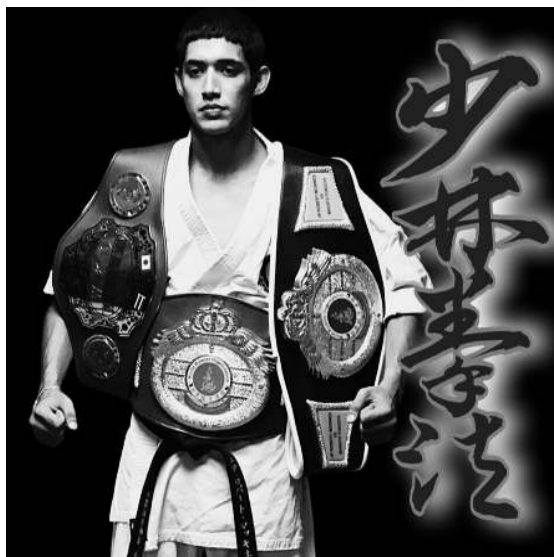
It was Kancho's belief that he could develop a system based Martial arts on what he had studied, that it could be the platform that links reality with tradition ,based on real statistics and examples.

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Like a young forest ,Kancho knew the roots were strong and now it was time to blossom, and where better to do that but where Kempo and Karate legends meet and are made.... JAPAN. Between 2008 to 2018 Shorin Kempo made such an impression by Shorin Karateka winning most of every tournament it entered in, but also in skill and heart the Ushi Deshi of those years until now built , Shorin quickly earned the respect of the Japanese fighters and the masters.



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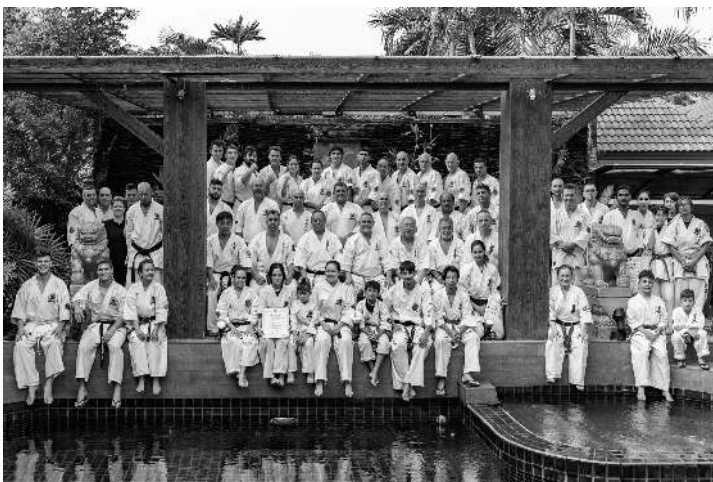
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Shorin Kempo 2018-2019 Dream Team

Shihans and Senseis of Shorin are not just Martial Arts instructors they are the community's leaders and teachers in life. To be this we need to lead by example and the method we do this is by passing on knowledge.

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2023 Shorin Kempo Camp Hombu Dojo Thailand



2016 Camp Siriguri India

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Shorin Kempo Yearly Camp for Instructors

Each year in the month of February (Unless otherwise notified) the Branch Chiefs, instructors and members unite in a camp hosted by the hombu dojo designed to help further the knowledge of the Instructors and give the hombu a true insight into the regions that Shorin is expanding into, the problems they have in their regions, meet with other instructors around the world and exchange ideas, but most of all expand their knowledge to pass on to their students.



Shorin Kempo is not a style you just affiliate with and go off and do your own thing. All branches work as a collective, uniting and building our art based on the rules supplied by the Kaikan.

Tips of Budo and respect while in Japan or the Hombu

1. When you pass an elder (Sempai) lower your head or wait to they have passed. Always acknowledge with the word Osu.
2. When in a restaurant never eat or drink until the Highest rank has taken the first drink or made the toast (Kampai)
3. Entering the dojo take your shoes off and face them out as if coming out of the dojo.
4. Never put your hand on the shoulders of a higher rank.
5. Never keep a higher rank waiting for you always be on time or a little early. Though to westerners this does not seem too important, to the Japanese and Asian this can easily turn into an insult.
6. Never answer back to an elder , right or wrong they are your elder.

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Rules and Regulations for Dojo's and Branch Operators.

1. The Logo of Shorin Kempo is to be worn on all dogi's over the Heart . They logo of Shorin is very special to the members of Shorin and should be worn with pride. The Kanji is situated in the center of the logo for a reason as the red circle symbolizes the heart and the kanji is protected by our heart. It is not correct to wear just the kanji on the front of the dogi in Shorin Kempo.



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2. The Kanji for Shorin Kempo is displayed on the center of the back of the dogi .only the Shorin Logo can be worn over the heart . The Kanji is also worn on the top of the left leg of the dogi pants (6 inches in length)

少林拳法

CORRECT (OFFICIAL)DOGI



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3. The logo of WKO must be worn on the left sleeve of the Dogi (As Shown in image)



4. The Kanji for Shorin Kempo is worn on the back of the Dogi in the center above the shoulders as shown here (as Shown in Image) 8 inches in length



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5. The Name of your Dojo can be worn on you right Sleeve in kanji or English.
6. No badges of any other organizations may be worn on the Dogi
7. Students name in Japanese can be embroider on the left lapel at the bottom (no more than 6 inches in length)
8. Black Dogi's are not permitted .



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9. The reason for this is a universal protocol so the members of Shorin Kempo can be distinguished from others at events both domestic and internationally.
10. The Logos of Shorin Kempo are registered with the royal Thai Government and copyright to ISMA and WKO world wide.
11. When Performing Shorin weapons The Black Hakama may be worn by Blackbelts only with their obi worn on the outside of the hakama.



12. Uchi Deshi or Shihans are permitted to wear a Kimono (Hakama style) for special event

Affiliation to outside organizations

1. The Kaikan has no restriction on Dojo's being part of other organization providing approval is given By the hombu in writing .

However The logos of Shorin Kempo or WKO may not be replaced by any other organization or belittled by dojo operators promoting outside organization.

We are proud to be Shorin Kempo and to be members of WKO However, supporting or being members of outside organization is permitted providing rules and regulations of the Kaikan are followed.

Branch Chiefs seen to be non-supportive of the Kaikan will lose their status to operate as a Shibucho for the Kaikan.



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2. The Kaikan must enforce at both national and regional level insisting branch chiefs protect the integrity of the Kaikan and who it associates with. Many associations try to join strong groups with ties to Japan such as Shorin Kempo to bring credit to their own organization, therefore over the decades the Kaikan has found it better to support all different organization with out actually aliening other than the WKO.



THE OATH and starting of class

In Shorin Kempo we believe that the good martial artist and loyal student does not need to be reminded of good values. There for as of the 1st of November 2013 Shorin Kempo does not recite an oath. The student should be taught the values of being a good Martial artist and person by way of example of those around him. It is more important that the senior grades set examples and pass this on to the students below them.



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1. At the Beginning of a Shorin class the following commands will be given by the highest grade under the Sensei or Shihan taking the class
2. The class starts with the command
 - a) “**Seiretsu**” (line up). On hearing this command students must line up as quickly as possible with the highest grades at the right hand side of the front row. Students should then arrange themselves in order of belt rank as quick as possible. Uchidesh will always be in front of a standard grade.
 - b) Once students have lined up correctly the instructor will give the command “**Seiza**” (kneel). Everyone must sit in seiza and wait for the command to bow.
 - c) Instructor calling the command will then give the command “**Mokuso**” (begin meditation). Students should close their eyes and start to meditate in order to clear their mind for training and think of the Path of Budo.

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d) The instructor giving the commands will then give the command “**Mokuso yame**” (end meditation). Students should open their eyes and now be fully focused on the training and tasks that lay ahead..

e) The Highest ranked instructor under the Shihan or Sensei will give the command “**Shinzen ni rei**” (bow to the Ancestors) or sometimes **Shomon ni rei**. Students should then bow and return to seiza.

f) The instructor giving the commands will then give the command “**Kancho ni rei**” (If the Kancho himself is teaching)or The rank of the highest Teacher or Shihan present.

g) The instructor will then stand give the command for the students to stand “**Tate Kudasai**” Students should stand up in Yoi dachi and await further instruction.

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1. This procedure is the same as the end of class.
2. By unifying this system all Shorin Kempo schools will be united in this procedure.
3. Schools that have a creed or oath can still teach this to their students but this should now be the part of the meditation process and students should be taught these principles by way of meditation.



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The Shorin Dojo rules:

1. Bow to all students and instructors of higher grade every time you approach or pass him or her.
2. Seniors must acknowledge a bow from the lower grade.
3. A correct and clean uniform must be worn to class always, Shorin members must take pride in their appearance and uniform and the belts must be tied correctly .
4. No food maybe taken onto the Dojo training floor.
5. The highest grades under Black belt are responsible for the calling of the oaths.
6. No student should enter the Dojo under the influence of alcohol.
7. No smoking in the Dojo.

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9. The most senior grades under the grade of Black belts are responsible for arranging the cleaning and setting of the Alter and Dojo training areas.
10. At the end of each class, time should be taken to clean and take pride in the Dojo.
11. All Senior grades should set an example to lower grades both in and out of the Dojo.
12. Whenever a Sensei or Shihan with a higher grade than the grade of the instructor taking the class enters the Dojo, the instructor in charge is to instruct the students to stop what they are doing and turn to face the higher grade and bow thereby acknowledging his or her rank.

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13. If a student has a contagious ailment, then he or she must inform his or her instructor so appropriate measures may be taken to protect the other students.
14. No jewelry is to be worn while in a Gee and training.
15. No talking in class unless instructed by the instructor.
16. Once a student has entered the training room he or she may not leave, regardless of rank, without first requesting permission from the instructor. One must remember that our system is based on a family system and the head of the family has the final say in relation to the school. The future of the school is in their hands.

Entering of Tournaments

1. The Kaikan has no Restriction on the entering of any competition , The Kaikan believes that competition is a great way to increase skill either it be in Full contact, points fighting or embu however permission from the branch chief must be given.
2. If a Dojo enters a team into a tournament they must do so under the flag and logos of Shorin Kempo. The entering of tournaments using unauthorized logos is forbidden.
3. No Shorin Kempo Member may compete representing another style at an event or tournament. We have no restriction on entering any tournaments however the Shorin Emblem cannot be replaced for another styles at any time.

Gradings

1. No student can be graded for a grade if there is no registered history of that person including previous grade history. This is why newly affiliated dojos must register all members with current grades within 60 days of affiliating with Shorin Kempo Kaikan so in future the hombu has a full record of all grades issued using the name Shorin.
2. No blackbelt other than Uchi Deshi can grade direct to Shodan without a minimum of 5 years regular training (including 1 year of Shodan Ho) and full Kyu grade history to be supplied by the Branch chief to the hombu. Anyone outside these parameters need special permission from the hombu.

2023 SHORIN KEMPO KAIKAN REGULATIONS

3. All application for Dan grades must be made and paid for 120 day prior to the grading so belts can be issued on grading day with certificates.



2023 SHORIN KEMPO KAIKAN REGULATIONS

4. To ensure the system of Shorin is being followed and taught correctly of 2023 all Dan grades are tested and overseen by the hombu. This will be done at the yearly camp in Thailand or at the Local national gradings in front of representatives of the Kaikan Hombu. All certificates and belts are supplied by the Kaikan Hombu only .

5. All grades of 5th dan and above can only be awarded in Thailand at the Hombu.

6. All Dan grades are recognized by the Kaikan, and underwritten by the World Kumite Organization.



2023 SHORIN KEMPO KAIKAN REGULATIONS

7. Only the Kancho, can make an exception to the standard grading procedures at their discretion.



8. Recognized Certificates for all Shodan grades upwards can only be issued by the Hombu and only the official template can be used for kyu grades

2023 SHORIN KEMPO KAIKAN REGULATION

9. In relation to children under 15 years the maximum grade they can receive is Provisional Black belt (Shodan Ho) once the turn 15 yrs and have held the belt for more the 2 years they can be promoted to Shodan and receive their First strip. No strip can be worn on the belt of a Junior blackbelt under 15 years old , All Junior Blackbelts and Shodan Ho are Embroidered in Red or left as a plain Black belt **not Gold!**



2023 SHORIN KEMPO KAIKAN REGULATIONS

10. Any Member or instructor who disputes the grade issued by the Kaikan will be in direct violation of the rules and regulation of Shorin Kempo Kaikan and will no longer be welcome in the Hombu or Dojos associated with the school. Ranks are sacred and are issued at the discretion of the Kaikan based on ability and loyalty, to question one's instructors rank is to question all instructors ranks.



2023 SHORIN KEMPO KAIKAN REGULATION

GRADING SYLIBUS FOR NON UCHIDESHI

OFFICIAL KYU GRADES OF SHORIN KEMPO

White belt - 8 kyu

- Zempo Kaiten Ukemi from Seiza
- Zempo Kaiten Ukemi from standing
- Zempo Kaiten Ukemi from with no hands
- Zempo Kaiten Ukemi from a running start
- Zempo Kaiten Ukemi from over minimum distance of 1 meter for adults and 50 cm for Children
- Zempo Kaiten Ukemi over height (the height is minimum of the Students Obi)
- Reverse break fall

Basic Punches

- Chudan Tsuki
- Jodan Tsuki
- Tate Tsuki



Note: Before a student can grade to yellow belt a minimum of 90 days training must be obtained.

2023 SHORIN KEMPO KAIKAN REGULATION

Yellow belt - 7 kyu

1 Revision of 8th Khu Grade

2 Dachi (Stances)

- Seishin dachi
- Kiba Dachi
- Zen Kutsu Dachi
- Fudo Dachi
- Kumite Dachi
- Kokutsu Dachi
- Niko Ashi Dachi

3 Basic Kion

4. Empi Waza

- Agi Empi
- Kiri Otoshi Empi
- Chudan Ushiro Empi
- Ushiro Agi Empi
- Otoshi Empi
- Jodan Uchi Empi
- Jodan Ushiro Empi
- Jodan Ushiro Mawashi Empi



Note: The student must hold a 7th kyu for a minimum of 4 months before they can proceed to grade for the next grade

Orange belt - 6 kyu

- Kata Shorin Sono Ichi
- Revision of 8 Khu grade
- Revision of 7 Khu grade

Note: The student must hold a 6th kyu for a minimum of 4 months before they can proceed to grade for the next grade.

Green belt - 5 kyu

- Revision of 8th kyu
- Revision of 7th kyu
- Revision of 6th kyu
- Shorin Sono Ni Kata
- Basic Kumite Waza

Note: The student must hold a 5th kyu for a minimum of 6 months before they can proceed to grade for the next grade



Shihan Itchicawa, Kancho McInnes, Kancho Mizuguchi

2022 SHORIN KEMPO KAIKAN REGULATIONS

Blue belt - 4 kyu

- Revision of 8 kyu
- Revision of 7th kyu
- Revision of 6th kyu
- Revision of 5th kyu
- Shorin Sono San Kata

Note: The student must hold a 4th kyu for a minimum of 5 months before they can proceed to grade for the next grade



2023 SHORIN KEMPO KAIKAN REGULATION

Purple belt - 3 kyu

- Revision of 8th Kyu
- Revision of 7th kyu
- Revision of 6th kyu
- Revision of 5th kyu
- Revision of 4 kyu

Geri Waza (Kicking techniques)

- Mae Geri (Kakomi)
- Mae Geri (Keage)
- Yoko Geri (Kikomi)
- Yoko Geri (Keage)
- Ushiro Geri (Kikomi)
- Ushiro Geri (Keage)
- Ura Mawashi Geri
- Ushiro Mawashi Geri
- Gedan Mawashi Geri
- Chudan Mawashi Geri
- Tate Otoshi Mawashi Geri
- Combination kicks

Note: The student must hold a 3rd kyu for a minimum of 5 months before they can proceed to grade for the next grade

2023 SHORIN KEMPO KAIKAN REGULATION

Red Belt - 2 kyu Bo Kata Revision of all grades

Note: The Student must hold a 2th kyu for a minimum of 6months before they can proceed to grade for the next grade



Sensei Olivia Lambert and Sensei Suwipa

2023 SHORIN KEMPO KAIKAN REGULATION

Brown belt - 1 kyu

Revision of all grades

Kumite waza

Body Conditioning

Note: The Student must hold a 1st kyu for a minimum of 12 months before they can proceed to grade for the next grade

Shodan Ho (Provisional Black Belt)

Black belt with Red Embroidery

Shodan ho can be awarded to the student by a Shibucho of San (3rd) dan or higher

Kumite Waza

Body conditioning

Revision of all grades

Note: Minimum 12 months before grading to official Shodan

Shodan (1st Dan) Revised 2023

Revision of all kyu grades

50 man kumite (if the student is over 40 years old the he is only required to do 10 man Kumite. if the student has a medical condition that prevents him or her from kumite then the decision to grade must be based on the condition)

Shodan grades can only be approved by the Hombu .

Ni-Dan (2nd Dan)

1/ 40 Man Kumite (if the student is over 40 years old the he is only required to do 10 man Kumite. if the student has a medical condition that prevents him or her from kumite then the decision to grade must be based on the condition) Shodan grades can only be approved by the Hombu .

2/ Kion Revision

3/ Must have completed 2 years as Shodan

San-Dan (3rd Dan)

1/ Must have held the grade of Ni-Dan for a minimum of 3 years

2/ 30 man Kumite (if the student is over 40 years old the he is only required to do 10 man Kumite. if the student has a medical condition that prevents him or her from kumite then the decision to grade must be based on the condition) San-dan grades can only be approved by the Hombu .

3/ Revision of Kion

Yon-Dan (4th dan)

1/ 10 man kumite (if the student is over 40 years old the he is only required to do 5 man Kumite. if the student has a medical condition that prevents him or her from kumite then the decision to grade must be based on the condition)Yon-dan grades can only be approved by the Hombu .

2/ Must have held the grade of san-Dan for a minimum of 5 years

3/ Revision of Kion and Kata

8. Go-Dan (5th Dan)

1/ Must operate a dojo

2/ Assesment of history and technical ability

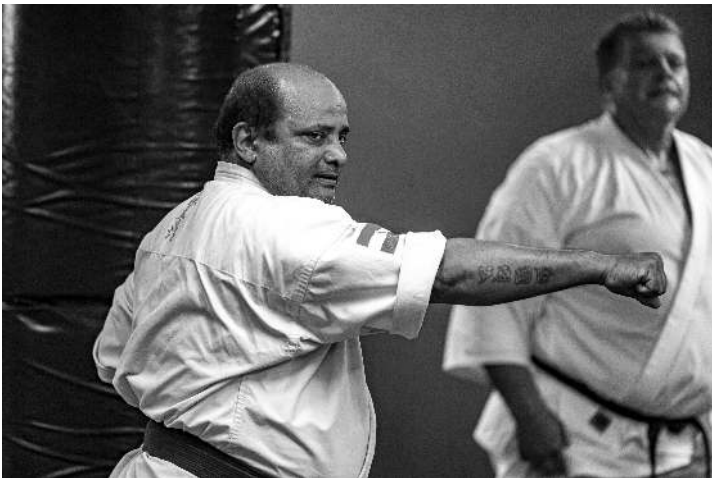
3/ Must have held the grade of Yon-Dan for a minimum of 5 years

9. Roku-Dan (6th Dan) to Hadchi-Dan (8th Dan)

This is an honorary grade and can only be awarded by Kancho

2023 SHORIN KEMPO KAIKAN REGULATION

Note: *the grading format and requirements was changes in 2023 all gradings from the 3rd of March 2023 will follow the protacal shown in this book. The Time calculated for gradings must be calculated on a active basis of attending Shorin kempo classes or teaching. Non Active instructors cannot grade*





Saiko Shihan Nino Di Pasquale receiving his dan certificate in Japan

Grading Fee's

Khu Grades including Sho-dan ho- No fee's are payable to the Kaikan hombu, all these fees are retained by the branch chiefs (Shibucho)

Sho-Dan- 150 usd (Branch Chief or Shibucho retains \$30 usd and \$120usd is paid to the Kaikan Hombu. For this fee the Obi and Certificate is supplied.)

2023 SHORIN KEMPO KAIKAN REGULATION

Ni-Dan- \$200 usd (Branch Chief or Shibuchō retains \$40 usd and \$160usd is paid to the Kaikan Hombu. For this fee the Obi and Certificate is supplied.)

San-Dan- \$200 usd (Branch Chief or Shibuchō retains \$40 usd and \$160usd is paid to the Kaikan Hombu. For this fee the Obi and Certificate is supplied.)



2023 SHORIN KEMPO KAIKAN REGULATION

Yon-Dan- \$300 usd (Branch Chief or Shibuchō retains \$60usd and \$240usd is paid to the Kaikan Hombu. For this fee the Obi and Certificate is supplied.)

Go-Dan- \$500 usd (Branch Chief or Shibuchō retains \$100 usd and \$400usd is paid to the Kaikan Hombu. For this fee the Obi and Certificate is supplied.)

Roku-Dan and Nana Dan- \$550 usd (Branch Chief or Shibuchō retains \$125 usd and \$425usd is paid to the Kaikan Hombu. For this fee the Obi and Certificate is supplied.)

2023 SHORIN KEMPO KAIKAN REGULATION



KAIKAN FEE's

AFFILIATION FEE-\$100usd

If you are a new dojo or group that has amalgamated with Shorin Kempo Kaikan there is a one of fee of \$100usd upon joining.

DOJO YEARLY FEE- No Fee

As of 2023 the Kaikan Hombu does not collect a yearly membership fee from Dojo's. Shibuchos may charge a fee to their respected dojos locally and retain this for there regions.

GRADING FEES

The Kaikan only collects grading fee's for sho-dan and above.

Branch Chiefs Yearly Camp and Meeting

First and foremost you need to understand that the Kaikan unlike other organizations, only takes fees for shodan grading and above , therefor our entire system is about growth and this cannot be accomplished with out having knowledge to pass on to the student. Therefor the camp is essential to this. Also the Kaikan allows its branch chiefs to retain dojo fee's , membership fees and utilize the Name of Shorin and WKO to build creditability with students and in their respected areas. It is compulsory for branch Chiefs to attend the AGM and camp held yearly in Thailand . Another reason is to establish a bond between branch chief and so the Kaikan can have a clear understanding of the regions growth and possible obstacles.

UCHI DESHI PROGRAM

1. The Shorin Kempo Kaikan Hombu “Uchi Deshi” (Inner student) Program is designed for only serious focused people who goal is to be a Branch Chief and to gain uncompromising training and life-long experience where the spirit of Shorin Kempo and the Attitude of Adapt and Over Come is taught.
2. This is accomplished through hard training and access to world class championship events organized by the Kaikan and WKO.
3. Completion of this program does not guarantee approval as Branch Chief or a license. This will be determined by the person’s attitude and ability to lead, finally approval is granted by Kancho only .

4. The Shorin Kempo Kaikan Hombu “Uchi Deshi” Program is designed for only serious focused people who wish to make Shorin kempo as part of their life where the spirit of Shorin Kempo and the Attitude of Adapt and Over Come is taught. It is recommended that each region enter a student into this program as it becomes an excellent way to develop the strength and create roll models for the regions.

Ushi Deshi Periods available

1000 days (3 years) 10,000usd

500 days (1 and a half years) 7000usd

365 days (1 year)5000usd

2023 SHORIN KEMPO KAIKAN REGULATION

1. If a 8th Kyu completes the 1000 day Ushi Deshi the will be promoted to the rank of Sho-dan
2. If a 1st Kyu completes the 1000 day Ushi Deshi the will be promoted to the rank of Ni-dan
3. If a Sho-dan completes the 1000 day Ushi Deshi the will be promoted to the rank of San-dan (Sensei)
4. If a Ni-dan completes the 1000 day Ushi Deshi the will be promoted to the rank of Yon-dan (Sensei)
5. If a San-dan completes the 1000 day Ushi Deshi the will be promoted to the rank of Go-dan (Shihan)

2023 SHORIN KEMPO KAIKAN REGULATION

Cost Includes the following

1. Sleep on Tatami at Hombu Dojo
2. 2 Meals Basic per day
3. 2 bottle of water per day
4. 1 Dogi
5. 2 Tee Shirts
6. Certificate upon completion
7. Obi
8. Tournament entry fees , travel and hotel

Excludes the following

1. Excludes VISA processing fee's
2. Excludes Medical expenses
3. Excludes Transportation and airfares to join Uchi Deshi.

500 day Ushi Deshi (\$7000)

1. If a 8th Kyu completes the 500 day Ushi Deshi the will be promoted to the rank of Provisional Black belt
2. If a 1st Kyu completes the 500 day Ushi Deshi the will be promoted to the rank of Sho-dan
3. If a Sho-dan completes the 500 day Ushi Deshi the will be promoted to the rank of Ni-dan
4. If a Ni-dan completes the 500 day Ushi Deshi the will be promoted to the rank of San-dan (Sensei)
5. To obtain a Branch Chief License he or she will need to enter the program as a Yondan, upon completion of the 500 day Ushi Deshi they will receive a Go-dan and a Branch chief License.

2023 SHORIN KEMPO KAIKAN REGULATION

Includes the following

1. Sleep on Tatami at Hombu Dojo
2. 2 Meals Basic per day
3. 2 bottle of water per day
4. 1 Dogi
5. 2 Tee Shirts
6. Certificate upon completion
7. Obi
8. Tournament entry fees , travel and hotel

Excludes the following

1. Excludes VISA processing fee's
2. Excludes Medical expenses
3. Excludes Transportation and airfares to join Uchi Deshi.

365 day Ushi Deshi (\$3,000 usd)

2023 SHORIN KEMPO KAIKAN REGULATION

Includes the following

1. Sleep on Tatami at Hombu Dojo
2. 2 Meals Basic per day
3. 2 bottle of water per day
4. 1 Dogi
5. 2 Tee Shirts
6. Certificate upon completion
7. Obi
8. Tournament entry fees , travel and hotel

Excludes the following

1. Excludes VISA processing fee's
2. Excludes Medical expenses
3. Excludes Transportation and airfares to join Uchi Deshi.

• Application to the Branch Chief for referral and endorsement to the Hombu is required.

Shorin Kempo General Vocabulary

"Osu"

Patience and Determination. Comes from 'oshi shinobu' which means to never give up. It also comes from 'osu no seishin' which means perseverance under pressure. It is used among Many Karate and Kempo practitioner's to show respect or to say "I understand".

"Shomen nei rei"

Greeting in direction of the front place of honor.

"Mokuso"

Meditation (silent thought) / Close your eyes

"Mokuso yame"

Stop Meditation and open your eyes

"Kancho nei rei"

Greeting to the Kancho or if it's a Shihan or Sensei then the title will change accordingly

2023 SHORIN KEMPO KAIKAN REGULATION

"Tatte kudasa!"

Please stand up on your feet (right foot first)

"Osu Arigato gozaimashita "

Thank you so much

"Osu Shitsurei shimasu"

Excuse me

"Osu Shitsurei shimashita"

I apologize

"Soshi" Grand Master (Founder and Retired
Kancho)

"Kancho"

Highest ranked Master and President

"Hanshi"

Honorable Master 7th dan up Shihan

2023 SHORIN KEMPO KAIKAN REGULATION

"Seiko Shihan"

(head of Shihans for a region) Regional Master
(5th dan or more)

"Dai Shihan"

Yon Dan who has received permission to grade
Godan in the future

"Sensei"

Dojo Teacher (3rd dan or more)

"Sempai"

Senior / Teacher's assistant

"Karateka"

Student

"Kohai "

Junior student

"Yudansha"

Black belt student

2023 SHORIN KEMPO KAIKAN REGULATION

"Komo Shihan"

Honorary Shihan (Advisor) holds same rank but is a senior official in the Kaikan ie: accountant, lawyer , sponsor.

"Hombu"

Head quarters

" Dojo"

Training Hall (Way place)

"Dogi" (gi)

Training clothes (No black pants worn except hakama when appropriate)

"Obi"

Belt

"Kyu"

Belt grade for lower belts (colored-belts)

2023 SHORIN KEMPO KAIKAN REGULATION

"Dan"

Grade for black belts

"Kuroi obi"

Black belt

"Shodan Shinsa"

Dan test / Black Belt test

"Hamon"

Excommunicate

"Anza"

Relaxed Sitting (legs crossed)

"Shokyu Shinsa"

Kyu Test / Color belt test

"Bunkai"

Application (analysis) of Kata

"Budo"

The Martial arts way

"Do"

Path

"Fumiashi"

Step (with a change of feet)

"Goshin jutsu"

Self defense

"Hanmi"

Upper body shifted angled to avoid direct strike
and ready for your next move

"Ibuki"

Forced Tension Breathing

2023 SHORIN KEMPO KAIKAN REGULATION

"Karate"

Empty hand

"Kamaete" Take Ready Position

"Kata"

Form Ki Inner Energy

"Kiai"

Explosive Scream

"Kiai Irete"

With Explosive Energy

"Kihon"

Basics

"Kihon waza"

Basic techniques

2023 SHORIN KEMPO KAIKAN REGULATION

" Kime "

Focus

" Kosa "

Switch (i.e. switch stance L to R or R to L)

" Kotai "

Switch (i.e. partners switch places in a drill)

" Kumite "

Combat

" Shorin Kempo "

The fist of the young forest (The method of the shaolin fist)

" Jiyu kumite "

Free-sparring

" Jissen kumite "

Full contact fighting

2023 SHORIN KEMPO KAIKAN REGULATION

" Makiwara "

Striking Post (straw wrapped)

" Mugorei "

No Counting (no commands)

" Mushin "

Without Thought (no mind)

" Naore "

Return to Starting Position

" Nogare "

Calm Controlled Breathing / Breathing technique -
breath silently

" Okuriashi "

Shuffle Step (sending foot)

" Rei "

Bow / Greeting / Homage

2023 SHORIN KEMPO KAIKAN REGULATION

" Remei"

Organization

" Renma"

Polishing , practice training

" Renraku"

Combinations

" Tamashi"

Spirit

" Tatte"

Stand up or vertical

"Mawatte"

Turn

" Yame"

Stop

2023 SHORIN KEMPO KAIKAN REGULATION

Shorin Kempo Stances (the word "tachi" & "dachi" has same meaning)

Musubi dachi- Toes open & heels together

Kokutsu dachi -Back leaning stance

Kiba dachi- Horse back riding stance

Yoi Dachi -Ready Stance

Sanchin dachi -Three Point Stance / Basic practice stance

Neko ashi dachi -Cat stance

Zenkutsu dachi -Forward leaning stance

Kumite Dachi- Fighting Stance

Migi Ashi Mae- Right Foot Forward

Hidari Ashi Mae -Left Foot Forward

Shorin Kempo Kihon Waza (Basic techniques)

Tsuki- Punch (thrust)

Uchi- Strike

Uke- Block

Geri- Kick

Shorin Kempo Blocking techniques (uke waza)

Jodan uke- Upper block

Soto uke- Middle section from outside to inside

Uchi uke- Middle section from inside to outside

Gedan Uki- Lower block

Gedan Barai-(in Shorin it is receiving)

Uchi uke- Inside striking block

Morote Chudan Uchi Uke- Two-Handed Middle
Area Inside Block

Mawashi uke -Roundhouse block

Juji UkeCrossed Block

Nuki Waza & Gyaku Waza (Uchi-deshi)

- **Yuri Nuki** –Close inside wrist release
- **Maki Nuki**-Outside wrist movement
- **Tsuki Nuki**- down thrust release
- **Oshi Nuki**- Release when held by the underside of the wrist with the opposite hand.
- **Kote Nuki**- Same as Oshi Nuki but when held with the same hand.
- **Kiri Nuki**- Cut like a knife to create the release while keeping the hands close to the body.
- **Juyuji Nuki**- Cross release while keeping the hands close to the body and using the elbow to create pressure to release.
- **Ude Nuki**- lock the arm and use body movement to create the release.
- **Sude Nuki**-A release from when the Dogi is held
- **Age Nuki**- A release using an upward motion.
great release.

The passing on of knowledge

The passing on of knowledge is a very important part in the practicing and learning of Martial Arts. While teaching any Martial Art you will be asked many times to demonstrate a technique. You will be asked many questions relating to each and every technique you are teaching. When



answering these questions and demonstrating techniques to the students, you are in fact increasing your own skill and knowledge.

2023 SHORIN KEMPO KAIKAN REGULATION

If you show 1 technique to ten different students all ten will have a different concept of the technique, it is up to you, the teacher, to help your students understand the application and practicality of the technique.

You will need to find a way for the students to adapt a specific technique to his or her individual ability and way of thinking.



Philosophy of Shorin Kempo

Pride and Stupidity

An ordinary man when challenged or ridiculed will fight risking his own life, yet he may not be called a courageous man, for pride breeds stupidity, and stupidity blinds the intellect.

You must learn to be like the willow and bend in the wind rebounding even harder, be gentle and yielding in the follower of life, stiff and unbending in the follower of death.

The flexibility of both mind and body is the secret to success.

The Art of fighting without fighting:

To win a hundred victories in one hundred battles, is not the highest skill. To win without fighting is the highest skill. This is known as the art of fighting without fighting.

Truth:

Truth has no path, truth is living, therefore changing, everything must change for change is reality.

Basics:

Basics are very important, they mould your future style, like the foundations of a house, if they are weak the house will not be strong and in a strong wind the house will fall down.

Breathing:

The Buddhist's refer to breathing as the wheel of life, which turns unseen. Breath is energy and life, without breath there is no life.

The Taoists refer to breath as one of life's three treasures, breathing not only involves inhaling and exhaling, it also involves circulation of the internal force called Chi.

2023 SHORIN KEMPO KAIKAN REGULATION

When the mind, breathing and sexual energies are brought together, an internal energy called chi is produced.

In order to accomplish deep inner breathing, one must learn to concentrate the chi (energy) into the physical center point of the body located approximately two and a half inches below the navel.

When the mind is concentrated, an energy is generated enabling movement of the body and limbs.



Chi or Ki as it is known in Japanese

Chi Kung, also properly called Nei Kung (internal Kung Fu), is a practice that has been used by Chinese people for thousands of years, both to improve and maintain their health and to develop greater power for the Martial Arts. Kung means work in Chinese, and chi means the energy that circulates within the body, so Chi Kung means the development of the body's energy circulation, both to increase and control it. Although it has been widely practiced for a long time, many people are confused about Chi Kung, even in China.



Many doubt the possibility of eternal energy development, or even the existence of Chi. There are several reasons for this. Until as recently as 50 years ago, most experts in Chi Kung would only teach their own sons or a few people they trusted so the knowledge was not very widespread.

Many of the techniques were developed and cultivated by Buddhist or Taoist monks who would not spread their teachings outside their own temples. Because most people were ignorant of Chi kung, it has been superstitiously regarded as magic..

Another reason for the confusion about Chi Kung is that some people learned incorrect methods and so experienced no effects from the training or even injured themselves.

2023 SHORIN KEMPO KAIKAN REGULATION

This has resulted in people being afraid to try Chi Kung, especially if they heard of the injuries, or to be scornful if they had heard of the lack of success of practitioners.



The student should understand that there is a theory behind Chi Kung. This is the body of Chinese medicine with a history going back thousands of years.

The Death of the Kancho

If at any time the Kancho or master of Shorin Kempo dies , then the following is the formalities are followed. The reason these procedure are published is so there in no confusion as to the ongoing business of the Kaikan and its successor. Many styles and systems where destroyed and split after the death of the founder or kancho due to power struggles and lack of pubicized formalities.



2023 SHORIN KEMPO KAIKAN REGULATION

1. When the Kancho dies, he is to be cremated and his ashes are to be divided up into two halves, the First half is to be placed on the altar of the Hombu to be protected by the successor to the Kancho. The second half is to be held by the family of the deceased Kancho.
2. If the Kancho is the head of the Organization (Kancho) and has held an 8th Dan for more than 10 years, he will be awarded his 9th Dan and take the name Soshi.
3. The Kancho's belt will remain in the possession of his family, however it may be held at the Hombu, framed and secure on the Hombu altar.
4. The mourning period for the Master is 9 days and during this time his body is to be kept at the Hombu. On the 9th day the Master is to be cremated. The Ashes are to be sealed in a tomb that is available for all students to visit at will.

2023 SHORIN KEMPO KAIKAN REGULATION

5. The Kancho will be buried in his Kimono or Dogi.
6. The successor to the school and system is the Direct descendent of the Kancho (Sensei Junior McInnes) , if there is no descendent then normally the highest ranked Master. However, the Master may leave sealed instructions with his closest living relative, or his Hanshi, as to his decision to whom will be his successor or to the future structure of the school.



7. If appointed successor or Descendent is not the highest Rank then the successor will appoint a Seiko Shihan to control all instructors and grading and will hold the title as Chief Instructor due to skill. And the elders, as the governing body controlling the organization based on the Kohai/Sempai system, then dictate who the Chief Instructor would be held accountable too. IE. The Successor controls Kaikan and makes policy and the Seiko Shihan will control grading's until such time the successor is of rank high enough to perform such grading's.
8. Because our system is based on the family system it must proceed similarly in order to survive. If the father in a family dies the family does not split up, instead, it unites and moves on. The son is still the son, the mother still the mother and the eldest is still the eldest. They may take on other tasks to compensate for the loss of their father, but the love and unity of a true family will always remain.

9. One must remember that there will always be a power vacuum when a leader dies. At this point it is the decision of others, normally those with ulterior motives, that can create the downfall of a great art such as ours. At this point it is imperative that the school and instructors unite as one family regardless of ones individual desires or ideas. At this point, the decision as to which way the school goes will decide on its future success or failure. By following the family system and ideals, this path will become much easier and the strength and unity of the school will stay intact.
10. In some case's if the Kancho retires he may move up to the status of Soshi and appoint a new Kancho at his discretion.

2023 SHORIN KEMPO KAIKAN REGULATION

11. If the Successor is not the highest grade in the Kaikan he will wear a Black Obi with no Dan Strips that will read in Japanese, the title Kancho of Shorin Kempo Kaikan. He will wear this belt until he obtains his 7th Dan.

“ You are only a small part of a very big existence, to succeed you must Adapt and become with the existence, then unity will protect you.”

Kancho



少林拳法

少林拳法

