

# GIVE THEM SOME TIME...



THE 3/3/3 RULE IS A GENERAL GUIDELINE TO FOLLOW FOR THE ADJUSTMENT PERIOD AFTER ADOPTING A DOG. EACH DOG IS UNIQUE AND MAY ADJUST DIFFERENTLY.

## 3 DAYS TO DECOMPRESS

FEELING OVERWHELMED

MAY BE SCARED/UNSURE

NOT COMFORTABLE  
SHOWING PERSONALITY

MAY REFUSE TO EAT FOOD  
OR DRINK WATER

AVOIDS FAMILY OR HIDES  
UNDER FURNITURE

TESTS BOUNDARIES

## 3 WEEKS TO LEARN YOUR ROUTINE

STARTS TO SETTLE IN

BEGINS TO FEEL MORE  
COMFORTABLE

REALIZES THIS COULD BE  
THEIR FOREVER HOME

GETS INTO A ROUTINE

LETS THEIR GUARD DOWN

BEHAVIOR ISSUES MAY  
START TO APPEAR

## 3 MONTHS TO START TO FEEL AT HOME

FINALLY ABLE TO BE  
COMFORTABLE IN  
THEIR NEW HOME

BEGINS TO BUILD TRUST  
AND A TRUE BOND

GAINS A COMPLETE SENSE  
OF SECURITY WITH THEIR  
NEW FAMILY

SETS INTO A ROUTINE



FOR MORE INFO ABOUT DOG ADOPTION VISIT:

[WWW.RENEESRESCUES.ORG](http://WWW.RENEESRESCUES.ORG)