

31 AFFIRMATIONS FOR NEW BEGINNINGS

1. I am open to positive changes in my life.
2. I do not let fear control my perspective.
3. I have the ability to manifest my wildest dreams.
4. I have everything I need to create change.
5. I welcome change with optimism and confidence.
6. I am exactly where I need to be right now.
7. I deserve to live out my dreams.
8. I see opportunity all around me.
9. I was meant to be here.
10. I am excited about the changes and opportunities to come.
11. I am worthy of an amazing life.
12. Things are getting better every single day.
13. I have gratitude for every new day and opportunity
14. I forgive those who have hurt me and release my past so that I can embrace my present and future.
15. I have the ability to design my future.
16. I learn from my mistakes.
17. Nothing is a waste of time if it brings me joy.
18. I feel peace knowing good things are coming.
19. I choose happiness.
20. I am ready and excited for new adventures.
21. Today is a great day to try something new.
22. I am grateful for everything I have and all that is to come.
23. I am proud of myself for never giving up.
24. I release feelings of guilt or shame surrounding my past.
25. I have the mental and spiritual strength to handle anything that comes my way.
26. I will make amazing friends in this new chapter of my life.
27. I am excited to wake up each morning to the promise of a new beginning.
28. I am allowed to have a fresh start.
29. I will celebrate all of my wins, no matter their "size".
30. I deserve freedom, happiness, and peace.
31. I won't settle for anything less than my wildest dreams.