



# Omni Human Performance

## Our Goal

- Omni Performance is a state-of-the-art facility that offers athletes of all ages the opportunity to improve their athletic performance. Our programs will optimize athletic potential with assistance through various technologies that provide accurate, objective, and individualized analytics to all our athletes. Our staff is certified and experienced in helping athletes reach their goals, and we are passionate about assisting them in their journey.

## Amenities include

- Speed Turf
  - Vmax pro
  - Metabolic testing
  - Hoist weight equipment
  - H/P cosmos
  - Gait analysis
  - Video motion capture
  - Vertimax
  - Reflexion visual motor system
  - EMG biofeedback
  - NMES
  - Blood flow restriction
- Plus much more to come!

# Session Prices

## **Single Session**

- 1 hour session \$50

## **Monthly option**

- 2 hour long sessions a week for \$360 for the duration of the month.