

PSYCHOLOGICAL ASSESSMENT *for ADHD*

Attention deficit hyperactivity disorder (ADHD) is a developmental disorder that begins in childhood and affects the brain's executive functioning. Common symptoms of ADHD include difficulty paying attention, being easily distractible, having an inability to sit still or be restless, disorganisation and problems prioritising, forgetting or losing important items and impaired functioning at school, work or home. There are three types of ADHD: inattentive, hyperactive/impulsive and combined.



WHAT IS AN ADHD ASSESSMENT?



IPA provides assessment and diagnosis for ADHD disorder in both children and adolescents. ADHD assessments are conducted by psychologists trained in administering and interpreting standardised psychological tests. They provide information about behaviour that is severe enough to negatively impact day to day functioning.

WHAT IS ASSESSED?



ADHD assessment utilises standardised assessment to explore problem behaviour and comorbid disorders in children six to 18 years. It will involve a multi informant assessment that considers information obtained through interviews with parents or carers and teachers at school. For older children there is also a self-report component.

ASSESSING YOUR *Child*

The assessment *PROCESS*

1. Clinical Interview and Formal Assessment

3 hours (may be split into 1 or 1.5 hour sessions)

Times are approximate and may vary depending on complexity.

2. Diagnostic Report and Feedback Session

A 1 hour feedback session is scheduled to explain results and discuss recommendations

POTENTIAL BENEFITS OF ASSESSMENT



- Better understanding of your child's behaviour and functioning
- Identification and diagnosis of ADHD and comorbid disorders
- Information to guide treatment and medication prescribed by medical professionals such as paediatricians and psychiatrists.
- Individualised recommendations and targeted strategies.

CONTACT US



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NO REFERRAL NEEDED

