

BPsych

Registered  
Psychologist

Mel is a registered psychologist holding a Bachelor of Psychology from Charles Sturt University. She has worked with people across the lifespan but has a special interest in working with children, teens, young people and their families. Mel likes to take a strength-based focus whilst also incorporating a nurturing and compassionate approach to all her clients.



# MELISSA BAILEY



student wellbeing



all ages



therapy



assessment

Mel has worked in child and adolescent education settings working through mental health struggles such as:

- depression and anxiety
- stress
- self esteem
- attention deficit hyperactivity disorder
- body image
- procrastination
- bullying
- grief and loss

Mel has a special interest in conducting psychometric assessments for attention deficit hyperactivity disorder and is committed to supporting individuals with helpful and practical recommendations.

She also has experience working in a private practice setting helping people work through personal difficulties, family issues, workplace conflict and bullying, sleep difficulties, stress and mood disorders.