

Registered
Psychologist

BPsychSc(Hons), GradDipPsychSc

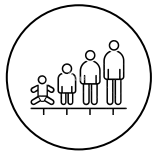
Jessica is a Registered Psychologist who specialises in working with children, adolescents, young adults, and families. She approaches her work with clients in an understanding and empathetic manner and seeks to provide a safe space for clients to explore challenges and move towards achieving their goals. Jessica is passionate about building trusting relationships with clients to support individual needs and experiences.



JESSICA WILCOCK



education



all ages



therapy



assessment

Jessica has experience working in a variety of fields with clients of varying ages. Her primary focus has been supporting clients with autism spectrum disorder and complex mental health challenges. She can provide support in a range of areas including but not limited to:

- Depression and anxiety
- Autism spectrum disorder
- Stress management
- Social skills and relationship difficulties
- Mood disorders
- Behaviour management
- Emotional regulation
- Parenting support

Jessica is happy to consult with preschools and schools to support clients who are experiencing challenges in the education system. She is highly committed to client advocacy and providing practical and targeted strategies to help clients navigate life stressors. Jessica also provides comprehensive cognitive (IQ) and learning assessments for children and adolescents, offering a mobile assessment service.