



WHERE WE WORK

IPA is a telehealth psychology service that involves communicating with your psychologist using video sessions. During these sessions, you and your psychologist will see and hear each other through the video and microphone on your device. Phone consults are also available.

How does Telehealth work?

You will receive an email reminder of your appointment date and time and this will include a video link that you can click on at the time of your scheduled appointment. You will need to ensure that you have internet access and that your video and microphone settings are turned on.



**Anytime.
No travel.
Accessible
support.**