



Drug and Alcohol Addiction

Seeking Safety: *A Treatment for PTSD and Substance Abuse* – Lisa M. Najavitz

Overcoming Your Alcohol or Drug Problem: *Effective Recovery Strategies 2nd Edition* – Dennis C. Daley, G. Alan Marlatt

Witness to the Fire: *Creativity & the Veil of Addiction* – Linda Schierse Leonard

In the Realm of Hungry Ghost: *Close Encounters with Addiction* – Gabor Mate, MD

Genius and Heroin: *The Illustrated Catalog of Creativity, Obsession, and Reckless Abandon through the Ages* – Michael Largo

The Globalization of Addiction: *A Study in Poverty of the Spirit* – Bruce K. Alexander

PATHWAYS from the Culture of Addiction to the Culture of Recovery – William L. White

ADDICTION & Grace: *Love and Spirituality in the Healing of Addictions* – Gerald G. May, M.D.

Stop the Chaos Workbook: *How to Get Control of Your Life by Beating Alcohol and Drugs* – Allen A. Tighe, M.S.

Empowering Your Sober Self: *The LifeRing Approach to Addiction Recovery* – Martin Nicolaus

Sober for Good: *New Solutions for Drinking Problems – Advice from Those Who Have Succeeded* – Anne M. Fletcher

The Spirituality of Imperfection: *Storytelling and the Search for Meaning* – Ernest Kurtz and Katherine Ketcham

Rethinking Substance Abuse: *What the Science Shows, and What We Should Do about It* – William R. Miller and Kathleen M. Carroll, Ed.

Mental Health/Wellness

Addictions and Trauma Recovery: *Healing the Body, Mind & Spirit* – Dusty Miller, Laurie Guidry

Reclaiming VIRTUE: *How We Can Develop the Moral Intelligence to DO the Right Thing at the Right Time for the Right Reason* – John Bradshaw

Winning the War in Your Mind: *Change your thinking change your life* – Craig Groeschel

Changing for Good: *A Revolutionary Six-Stage Program* – Carlo C. Diclemente, PH.D

Healing the Wounds of the Past – T.D Jakes

Stop Overthinking: *23 Techniques to Relive Stress, Stop Negative Spirals, Declutter Your Mind and Focus on the Present* – Nick Trenton

Chicken Soup for the Soul – Jack Canfield, Victor Hansen, Susan M. Heim.

Domestic Violence

Beyond Anger: *A Guide for Men* – Thomas J. Harbin

Anger Management Workbook for Men – Aaron Karmin LCPC

Rage: *A Step-by-Step Guide to Overcoming Explosive Anger* – Ronald T. Potter-Efron

Stop Hurting the Woman You Love – Charlie Donaldson and Randy Flood

Angry All the Time: *An Emergency Guide to Anger Control* – Ronald T. Potter-Efron

Anger: *Wisdom for Cooling the Flames* – Thich Nhat Hanh

Letting Go of Anger: *The Eleven Most Common Anger Styles & What to Do About Them* – Ronald Potter-Efron MSW, Ph.D., & Patricia Potter-Efron, MS

Anger Management for Everyone: *Ten Proven Strategies to Help You Control Anger and Live a Happier Life* – Raymond Chip Tafrate, Ph.D., and Howard Kassinove, Ph.D.

Incarceration Support

The End of Recidivism: *The Ultimate Guide to Transforming the Mind of the Incarcerated,*” – Greg S. LaBeet

F*CK Off I’m Bored: *Activity Book for Inmates* – Jas Tomi

Managing Time: *The Inmates Guide to Serving Time Productively* – Lalo Gomez

Getting Out and Staying Out: *A Black Man’s Guide to Success after Prison* – Demico Boothe

Doing Time Together: *Love and Family in the Shadow of the Prison* – Megan Comfort.

Incarcerated but Free: *How to Find Freedom from Your Mental Prison* – Monique Pettaway-Ray

Sentenced, Now What? – Lennie Spitale

Arrested: *What to Do When Your Loved One’s in Jail* – Wes Denham

For Loved Ones

Far Apart, Close in Hear: *Being a Family with a loved one Incarcerated* - Becky Birtha

What Do I Say About That: *Coping with Incarcerated Parent* – Julia Cook and Anita Dufalla

But why is Mommy in Jail? – Erica Ruiz

When will Daddy Come Home: *A book for children with an incarcerated parent* – Shehnaz Grewal and Amina Yaqoob

The Day My Daddy Lost His Temper – Carol McCleary

What to do when you don’t want to Be Apart: *A kids Guide to Overcoming Separation Anxiety* – Kristen Lavalle, Silvia Schneider

Family Arrested: *How to Survive the Incarceration of a Loved One* - Ann Edenfield

Help! *My Loved One is in Prison* - Louis N. Jones.

How to Love and Inspire Your Man after Prison - Michael B. Jackson.

Spiritual Support

Before Amen: *The Power of Simple Prayer* - Max Lucado

Beyond Loneliness: *The gift of God’s Friendship* - Trevor Hudson

Daily Light on the Daily Path - Samuel Bagster Family

God Will Use This for Good: *Surviving the Mess of Life* - Max Lucado

You’ll Get Through This: *Hope and Help for your Turbulent Times* - Max Lucado