

CHANDLER

CITY LIFESTYLE™

Dr. Aubrey Young Rides in Style

HEALTH + WELLNESS

GETTING ORGANIZED

HEALTH + WELLNESS

*BUSINESSES FOR
HEALTH & WELLNESS*

FOOD + BEVERAGE

AN INFLUENTIAL FAMILY





RANKING
The Heart of Arizona Business
ARIZONA

TOP 10 AUTOMOTIVE
FULL SERVICE/REPAIR
2016, 2017, 2018 & 2019

**CHANDLER
SMALL
BUSINESS
OF THE
YEAR**

ON TIME. CONVENIENT. CERTIFIED.

BE COOL, STAY COOL

EXPERTS IN ICE COLD AIR



95 N Dobson Rd Chandler | 480-726-6400

DESERTCARCARE.COM

Monday - Friday • 7:30am - 6:00pm





IS VOTED

"Best Med Spa"

by Arizona Foothills Magazine
BEST OF OUR VALLEY



 coolsculpting

NEW YEAR, NEW YOU
**TRANSFORM
YOUR BODY**

WITHOUT
SURGERY OR
LITTLE TO NO
DOWNTIME



for as little as \$35/month
The non-surgical body contouring treatment that
FREEZES AWAY STUBBORN FAT.



SCAN
for **FREE**
consult & B-12



SKINLAB
LASER, AESTHETICS & WELLNESS

(480) 418-6000

FREE* two B12 Shots

*when you schedule your
free aesthetics consultation

COOLSCULPTING® IS FDA-CLEARED TO TREAT VISIBLE FAT BULGES IN 9 AREAS OF THE BODY.
SOME COMMON SIDE EFFECTS INCLUDE TEMPORARY NUMBNESS, DISCOMFORT, AND SWELLING.

www.skinlab.net | 3160 S Gilbert Rd Ste 1 Chandler AZ 85286 | @skinlab.az (FB/IG)



The Ultimate Gathering Place

DOWNTOWN OCOTILLO

CHANDLER, ARIZONA



RESTAURANTS:

Chop
The Living Room
Sea and Smoke
Cherish Eatery
Rock Lobster
Bottle and Bean

SERVICE BUSINESSES:

Keystone Wealth Partners
Keystone Law Firm
Realty Executives

MEDICAL AND HEALTH SERVICES:

Leidan Mitchell Salons
Stephanie Walker Dentistry
Lazaderm Laser & Aesthetics
Phoenix ER and Hospital

EDUCATION:

Casa del Nino Bi-Lingual
Montessori School

**OPENING
JANUARY 15**

A place where you will always receive a warm welcome from our amazing baristas, servers and bartenders. Stop by for your morning coffee or breakfast, lunch with a colleague, or treat yourself to a drink after work. Weekly wine tastings and a private party room are just another reason to visit Chandler's newest hot spot!



(480) 664-2577

www.dtocotillo.com

W Queen Creek Rd
Chandler, Arizona 85248

TOP SELLING HOMES

with
BEAUTIFUL VIEWS



\$965,000

1860 WEST ROCKROSE WAY, CHANDLER, AZ 85248
ESTATES AT OCOTILLO
4 BEDROOMS 2.5 BATHROOMS



\$550,000

6854 SOUTH WHETSTONE PLACE, CHANDLER, AZ 85249
SPRINGFIELD LAKES
3 BEDROOMS 2 BATHROOMS



\$505,000

6180 SOUTH WHITE PLACE, CHANDLER, AZ 85249
SPRINGFIELD LAKES
2 BEDROOMS 2 BATHROOMS



\$1,060,000

1724 WEST BLUE RIDGE WAY, CHANDLER, AZ 85248
OCOTILLO LAKES
3 BEDROOMS 2.5 BATHROOMS



\$2,072,000

3421 SOUTH CAMELLIA PLACE, CHANDLER, AZ 85248
SANTORINI SHORES
5 BEDROOMS 3.5 BATHROOMS



\$865,000

3350 SOUTH BEVERLY PLACE, CHANDLER, AZ 85248
OCOTILLO EAST
5 BEDROOMS 3 BATHROOMS



\$820,000

2677 EAST WESTCHESTER DRIVE, CHANDLER, AZ 85249
SUN RIVER
4 BEDROOMS 3.5 BATHROOMS



\$900,000

3305 SOUTH PURPLE SAGE DRIVE, CHANDLER, AZ 85248
COTTONWOOD SPRINGS
3 BEDROOMS 2.5 BATHROOMS



\$570,000

949 EAST INDIAN WELLS PLACE, CHANDLER, AZ 85249
LAGOS VISTOSO
4 BEDROOMS 2 BATHROOMS



AMY JONES
REAL ESTATE GROUP

kw INTEGRITY FIRST
REALTY
KELLER WILLIAMS

*Moving forward
together!*



www.amyjonesgroup.com



Call Us: (480) 250-3857

Each office is independently owned and operated





LIFESTYLE LETTER

Happy New Year!

Welcome to 2022!

It's been quite a couple of years, but as always, I feel refreshed and eager for the clean slate of a new year each January. Yes, I also feel that pull to make resolutions (that I will, to be honest, probably break, like giving up chocolate!), but truly it's the promise of things to come that motivates me for the year ahead—all the opportunities yet to be discovered, friends yet to be made, and achievements looming on the horizon.

With how busy life becomes, taking time to welcome in the new year is a nice reminder to be still for a moment and reflect on where we have been, what the past year has taught us, what we want to grow and learn from, and where we want to go from there. The practice of establishing new goals or a resolution for the coming year is something that can help us focus on what is truly a priority or at least what should be.

To help you on your way, we packed this issue full of information!

Do you have a passion? Follow it! Dr. Aubrey Young of Young Orthodontics sure did. Isn't her car amazing? Read her story and journey and how "Em" came to be.

We also feature several health and wellness stories (this is our Health & Wellness issue, after all!), from a husband-and-wife duo who own several businesses to the new Eat the Frog Fitness to the founder of the Children's Cancer Network.

And, if one of your New Year's resolutions was to clean out your home or business, or to have someone help you with errands, we also feature two people who do just that.

Last, I hope you're hungry, because reading all about the Buschtetz family restaurants sure made me crave some of their delicious meals!

Of course, you'll notice that we also have big changes here for 2022! Welcome to our official rebrand. With this issue we debut *Chandler City Lifestyle!* The rebrand was taken with great purpose in order to tie in our amazing digital platform, CityLifestyle.com. We also have new sections and a new look. We'd love to hear what you think about it all!

I hope you enjoy the issue, and as we enter 2022, I wish you a year of health, happiness, and love! May all your hopes and dreams come true.

MICHELLE GLICKSMAN, EDITOR
@CHANDLERLIFESTYLE



Scan QR code to visit
our Instagram

CITYLIFESTYLE.COM/CHANDLER |

CHANDLER

CITY LIFESTYLE™

January 2022

PUBLISHER

Joyce Selk | joyce.selk@lifestylepubs.com

EDITOR

Michelle Glicksman
michelle.glicksman@lifestylepubs.com

ACCOUNT MANAGER

Jen David | jen.david@lifestylepubs.com

ACCOUNT MANAGER

Christina Larson | christina.larson@lifestylepubs.com

AD DESIGNER

Rachel Chrisman

LAYOUT DESIGNER

Sara Minor

CONTRIBUTING WRITERS

Michelle Talsma Everson, Angel Fuchs, Gretchen Pahia, Alison Stanton

CONTRIBUTING PHOTOGRAPHERS

Lindsay Borg, Chris Frailey

Corporate Team

CHIEF EXECUTIVE OFFICER Steven Schowengerdt

CHIEF SALES OFFICER Matthew Perry

CHIEF FINANCIAL OFFICER DeLand Shore

CHIEF OPERATING OFFICER Randy Radosevich

CHIEF DIGITAL OFFICER Bruce Ianni

DIRECTOR OF SOCIAL MEDIA Mindy Hargesheimer

ART DIRECTOR Sara Minor

OPERATIONS DIRECTOR Janeane Thompson

AD MANAGER Chad Jensen

WEB APPLICATIONS Michael O'Connell



Learn how to start your own
publication at: citylifestyle.com/franchise

Proverbs 3:5-6

Chandler City Lifestyle™ is published monthly by Lifestyle Publications LLC. It is distributed via the US Postal Service to some of the Chandler area's most affluent neighborhoods. Articles and advertisements do not necessarily reflect Lifestyle Publications' opinions. No portion of this magazine may be reproduced in any form without written consent. Lifestyle Publications does not assume responsibility for statements made by advertisers or editorial contributors. Information in *Chandler City Lifestyle™* is gathered from sources considered to be reliable, but the accuracy of all information cannot be guaranteed.



YOUNG orthodontics

YOUNG SMILES. TIMELESS BEAUTY.

Happy New Year!

\$500 OFF with
Comprehensive
Treatment*

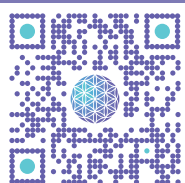
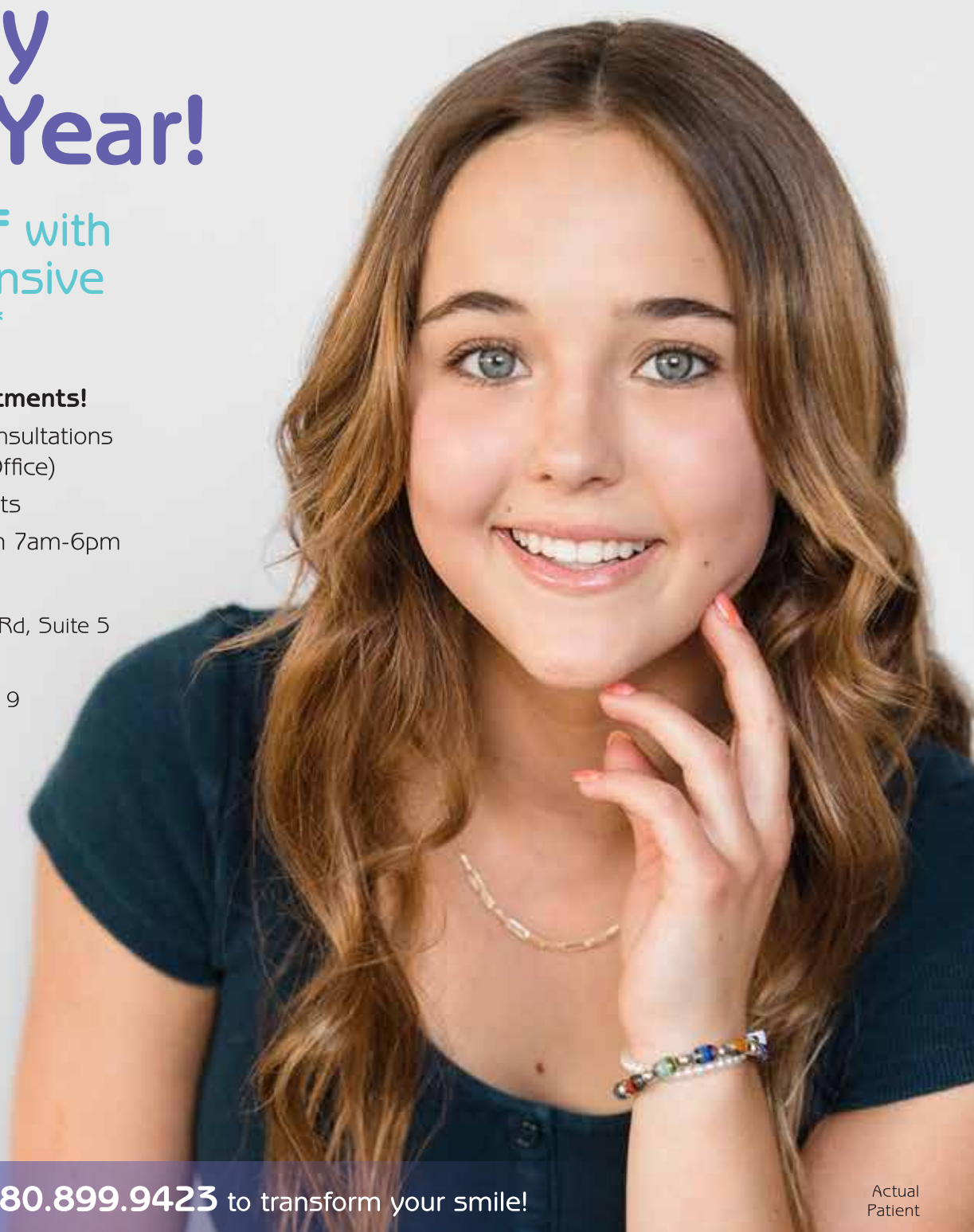
- **Saturday Appointments!**
- Complimentary Consultations (Virtual and/or In-Office)
- Multi-Child Discounts
- Appointments from 7am-6pm

1055 W Queen Creek Rd, Suite 5
Chandler, AZ 85248

3800 W Ray Rd, Suite 9
Chandler, AZ 85226



Dr. Aubrey Young



Call **480.899.9423** to transform your smile!

smilestraight.com facebook.com/smilestraight instagram.com/young_orthodontics

*Good for comprehensive treatment of Invisalign/Spark Aligners or Damon Braces. Not valid with Phase One treatment or limited plans. New patients only. Not valid with participating insurances. Cannot be combined with any other offer. Must be presented at time of consultation.

Actual
Patient



inside the issue

The Health & Wellness Issue



40



22



36



30

FEATURED

22 *Family Ties*

Buschtetz Family Eateries Bring International Flair to the East Valley

FEATURED

30 *Husband-and-Wife Duo Promote Health and Wellness With Three Local Businesses*

Dr. Dan and Casey Grant Own Grant Chiropractic, Fresh Start Wellness & CBD, and Serenity Healthcare

FEATURED

36 *Resolving to Get Organized? Two Local Businesses Can Assist*

My Errand Ally and Super Junk Removal Offer Services That Free Up Valuable Time and Space

FEATURED

40 *A Vintage Soul—And a Ride to Match*

Dr. Young of Young Orthodontics Drives in Style in Her Fully Restored VW Bug

DEPARTMENTS

6 *Lifestyle Letter*

10 *City Scene*

14 *Business Monthly*

18 *Local Experiences*

22 *Culinary Creations* FOOD + BEVERAGE

26 *Inspired By* HEALTH + WELLNESS

30 *Local Limelight* HEALTH + WELLNESS

36 *Expert Help* HEALTH + WELLNESS

40 *Auto Club* LIFE + CULTURE

44 *Our Town* HEALTH + WELLNESS

48 *Events*

ON THE COVER

Photography: Lindsay Borg

Dr. Aubrey Young of Young Orthodontics with her restored 1966 VW bug, "Em."



**DON'T
IMAGINE RESULTS**

See them.

Save up to \$200/cycle

when you mention this ad when
you book your free consultation.

 **coolsculpting®**



BEFORE



8 WEEKS AFTER 2ND SESSION



480-573-7546   

city scene

Where neighbors can see and be seen in the city.



1: Six-year-old Kylie enjoyed a shopping spree at Crayola Experience Chandler. She was helped by a Chandler police officer. **2:** Valley singers and musicians perform at a recent Pita Jungle Jam. **3:** A crowd gathered at the Field of Honor Ribbon Cutting at Veterans Oasis Park. **4:** The Chandler City Council joined local veterans to cut the ribbon at the Field of Honor. **5:** Chandler's annual Woofstock event was a great place for a doggie dress-up day. **6:** Vivek and Ruchi Kalra finished the 5K Walk To End Colon Cancer in recognition of Vivek's year-long battle. **7:** Gila River Hotels & Casinos surprised ICAN with a check on #GivingTuesday.

Want to be seen in the magazine?
Tag your social media photos with @ChandlerLifestyle



1-7: ICAN's dreamBIG gala took place on Nov. 19 at the Omni Montelucia. The theme was "Come Together." The event raised \$600,000 in support of ICAN's free after-school programs.



WHO YOU WORK WITH MATTERS

★★★★★ Reviews on Google, Yelp, Zillow, Realtor.com, Top Rated Local

Cathy was extremely helpful to my daughter when she recently helped sell a home under very difficult circumstances. She is professional, caring, dedicated and trustworthy, while staying current on listings to work hard to meet your needs. Thank you, Cathy, for all your help and understanding for my daughter. I will refer you to friends and family.

- Marsha Y.



Cathy Carter

Real Estate Professional | ABR, CRS, CDPE, CLHMS

480.459.8488

cathycarter1@cox.net

www.RealEstateChandler.com



BACKFIT[®]
HEALTH+SPINE
MEDICAL • CHIROPRACTIC • PHYSICAL THERAPY

*Celebrating 20 Years of Service in the Valley.
Family owned and operated in Chandler since 2002.*

JOIN US FOR **BACKFIT CARES** 1ST ANNUAL **CHARITY GOLF CLASSIC**

SATURDAY, FEBRUARY 26TH, 2022 | TALKING STICK GOLF CLUB



SCAN TO SPONSOR AND/OR DONATE
Call 877-222-5348
for more information about our
Golf Foursome Raffle (\$2,000 value)

SPONSORED BY



WWW.BACKFITCLASSIC.COM | WWW.BACKFITHEALTH.COM

business monthly

A round-up of exciting news from local businesses.



The Chandler International Film Festival Returns for its Sixth Year

The Chandler International Film Festival (CIFF) is back for its sixth consecutive year! Held Jan. 18-23 at LOOK Dine-In Cinemas, it will feature over 120 films from more than 35 countries and six continents. Known as one of the fastest-growing film festivals in Arizona, CIFF was created to bring together filmmakers, industry professionals, and film fanatics to celebrate all genres of cinema. There will be a red carpet, opening and award ceremonies, workshops, Q&As, panel discussions, after-parties, and celebrity appearances. **ChandlerFilmFestival.com**



Scan to read more.



Largest Indoor Pickleball Facility in the Country to Open in Chandler

Pickleball Kingdom will be opening the first dedicated indoor pickleball facility in Arizona—and the largest in the United States—in the first quarter of this year at the northeast corner of Ray and Rural. There will be 16 courts, tournaments, leagues, lessons, a pro shop, locker rooms with showers, a party room, lounge areas, and more. **PickleballKingdom.com**



Pimmex Contracting Partners With CHASSE Building Team to Launch Pimmex-CHASSE

Pimmex Contracting, a Native-owned contractor in Chandler that provides a wide range of building services across Arizona, California, and New Mexico, recently announced its formal partnership with CHASSE Building Team, a local contractor that oversees more than \$350 million in construction projects across Arizona annually. The joint venture, Pimmex-CHASSE, will focus on Native American projects in the Arizona construction market. Pimmex-CHASSE has already earned projects, including an EMS station for Gila River Health Care. **CHASSE.us**

If you want to be included, send us a message!
Visit CityLifestyle.com/Chandler to get in touch.

Jennifer Sanchez Joins the Chandler Cultural Foundation Board

Jennifer Sanchez, Intel's Arizona community affairs manager, has joined the Chandler Cultural Foundation Board, which provides oversight for the Chandler Center for the Arts (CCA). The appointment was made by the City of Chandler Mayor Kevin Hartke, with the Board's unanimous recommendation. Intel has a long relationship with Chandler Center for the Arts, with company employees serving on the Chandler Cultural Foundation Board since the Center's inception in 1989. ChandlerCenter.org



Scan to read more.



K-38 Beach Mex Cantina—The New Baja California-Inspired Locale

The new K-38 Beach Mex Cantina is named after a famous cluster of surf breaks located at Kilometer 38 of the Baja Highway 1, in Baja California, Mexico. The cantina is inspired by Baja California street food vendors and neighborhood taquerias, and the food is prepared with the freshest ingredients and authentic flavors. The restaurant also has a world-class margarita program. The locale is already known for its Tako Tuesday and Happy Hour (Tues.-Fri., 2:30-5:30 p.m.). K-38BeachMexCantina.com



Scan to read more.



Chandler Compadres' Rock the Cause for Kids Raises \$1.1 Million

On Nov. 6 over 2,000 guests attended the Chandler Compadres' Rock the Cause for Kids. This year's theme for Chandler's largest party and fundraiser was Tropic Like It's Hot. In one tropical evening, Flo Rida brought the heat, closing out the night with an amazing performance as the guests celebrated raising a record \$1.1 million net for disadvantaged children in our community. ChandlerCompadres.org



Scan to read more.





Happy New Year Chandler!

*May 2022 bring you peace,
health & prosperity...from
our family to yours.*

d'Vine Gourmet
fine foods ♦ wine ♦ gift baskets

(480) 275-5320

www.dvinegourmet.com



Check out our new “DRINX” Happy Hour

Thursday, Friday & SATURDAY 3-8 pm

Small bites, drink specials, live music and chef specials!

1920 W Germann Rd. Chandler, AZ 85286 | (480) 779-8646

**NEW YEAR,
NEW
SMILE!**



*Not An Actual Patient

SONORAN SMILE
— ■ ■ ■ ■ ■ — ORTHODONTICS

SCAN ME!

- ✓ Always FREE Consultations
- ✓ Hundred's of 5-Star Reviews
- ✓ 20+ Years of Experience
- ✓ Award-Winning Orthodontists



SCHEDULE YOUR FREE CONSULTATION TODAY!

(480) 988-0028

FOUR CONVENIENT LOCATIONS!
Chandler, Gilbert, Arcadia & Phoenix!

K-38 Beach Mex Cantina
NOW OPEN!



Come Join The Fiesta!

1155 W. Ocotillo Rd. Ste #1
Chandler, AZ 85248



Contact

www.k-38beachmexcantina.com

IG: @k38beachmexcantina

FB: @K38Chandler



EAT THE FROG FITNESS

COMING SOON

GUARANTEED RESULTS IN 8-WEEKS



PERSONALIZED GROUP TRAINING



FOR EVERY FITNESS LEVEL



PROVEN TO GET RESULTS

LOCK IN THE LOWEST RATES FOR LIFE
BECOME A FOUNDING FROG
+ 2-WEEK SNEAK PEEK + 10 VIP GUEST PASSES

Eat The Frog Fitness is the only personalized group training program that combines athletic-inspired training and the science of your body to achieve incredible results.

2815 S. Alma School Rd. Ste A-12 Chandler, AZ 85248

CALL/TEXT (480) 626.8099 EATTHEFROGFITNESS.COM

local experiences

Locals recommending the best places and things to do in the city.

The New Year is the perfect time to make your health and wellness a priority, so why not pamper yourself at one of the many spas around town? Invite a friend for a day of relaxation or take some time for some much-needed quality alone time. Whatever you prefer, we have you covered.

Day Spas & Health Treatments



MASSAGE LUXE: Luxuriate with one of the **Massage LuXe** spa packages. Add on a Lamina Lift Mask or signature LuXe Deep Relief cooling and warming treatment. 2975 E. Ocotillo Road, Chandler, AZ

SKINLAB LASER, AESTHETICS & WELLNESS: Get to know a newer you with the array of services from **SkinLab Laser, Aesthetics & Wellness**, including injectables, peels, IV therapies, CoolSculpting, and more. 3160 S. Gilbert Road, Chandler, AZ

LAZADERM LASER & MEDICAL AESTHETICS: At **Lazaderm Laser & Aesthetics**, treat yourself to a HydraFacial or Kybella, an FDA-approved, non-surgical treatment to permanently remove that double chin. 2551 W. Queen Creek Road Chandler, AZ

KNEADING FEET REFLEXOLOGY: Get your toes, soles, and everything in between pampered at **Kneading Feet Reflexology**, which offers hot stone services and after-hours party options. 2051 W. Warner Road, Chandler, AZ

TRUE REST FLOAT SPA: Say goodbye to stress, tension, and pain by truly letting yourself—and gravity—go in your own floating pod suite at **True Rest Float Spa**. 2430 S. Gilbert Road, Chandler, AZ



Scan for more photos and the full list.

Want to recommend a local experience?

Scan the QR code and message us on Instagram.

Spice Up YOUR HOME

FURNITURE | STAGING | HOME DESIGN
UNIQUE, ONE OF A KIND FURNITURE

20% OFF ALL UPHOLSTERED OR
TOP GRAIN LEATHER ACCENT CHAIRS
Mention Chandler Lifestyle



TALIA STENNETT

Owner/Professional Interior Designer



(480) 848-5997

spiceupyourhome.com

4140 S. Arizona Ave., Chandler AZ 85248

White Glove Personalized Service

While Offering the Best Mortgage Rates

Best rates • Community Resource
Locally owned • Personalized service



Your Home
- IS WHERE -
Our Heart
is

 **Ocotillo**
HOME LENDING

Caroline Strok

602-320-5398

Caroline@OcotilloHomeLending.com



JANUARY 18-23, 2022

2022 CHANDLER INTERNATIONAL FILM FESTIVAL

Two Ways to enjoy the festival:

- 1 LOOK Dine-In Cinemas**
1 W Chandler Blvd, Chandler, AZ 85225
- 2 Online/App**
www.ChandlerFilmFestival.com

1-866-727-0093
info@chandlerfilmfestival.com

RED CARPET CEREMONY •
120 FILM SCREENING •
FILM MAKING WORKSHOPS •
AWARD CEREMONY •
FILM NETWORKING •
NIGHTLY AFTER PARTIES •

CHANDLER INTERNATIONAL FILM FESTIVAL

Barro's PIZZA
Est. AZ 1980
A FAMILY TRADITION

15% OFF
DINE-IN, TAKE-OUT
OR DELIVERY

Dine-in or take-out only. Not valid with online orders. Cannot be combined with any other offers. Valid only at the below three Chandler locations.

AT THE FOLLOWING CHANDLER LOCATIONS:

ALMA SCHOOL RD. & GERMANN RD. (480) 917-0077	MCQUEEN RD. & RIGGS RD. (480) 895-2555	ALMA SCHOOL RD. & WARNER RD. (480) 963-4720
---	---	--

NOW OFFERING MINI 8" PIZZAS!

DINE-IN • TAKE-OUT • ONLINE • DELIVERY

BARROSPIZZA.COM

@BARROSPIZZA

HAPPY PATIENTS ARE OUR BUSINESS



Can't get time off to come into the dentist for a consultation? In-person consultations are a thing of the past, visit our website for a FREE Smile Virtual Consult from Dr. Higgs!



AQUILA
• DENTAL •

3175 S Price Rd | Chandler, Arizona 85248
480-812-2800
aquiladental.com



Dr. Higgs

The Boutique That Celebrates *Your Lifestyle and Originality!*

ADDRESS

950 E. Riggs Road Suite 6

CALL US

480.802.6757

KEEP IN TOUCH



SHOP OUR WEBSITE!

JudyWearBoutique.com

HOURS

11-5 M-F and 11-3 on Saturday

JUDY | WEAR
BOUTIQUE

**SHOP LOCAL
FOR YOUR
FAVORITE
VALENTINE!**

Gift Certificates Available

CHARITY FASHION SHOW

Monday, January 31 | 2-4PM
Cottonwood Ballroom, Sun Lakes

Complimentary Champagne and appetizers.
Silent auction and raffle.

Tickets \$25 may be purchased at JudyWear.
Proceeds benefit Parents of Murdered Children.

Fenini
Habitat
Jess n Jane
Tribal
Oh My Gauze

Yushi
alisha.d
Brighton
Shana
and more....



Family Ties

Buschtetz Family Eateries Bring International Flair to the East Valley

ARTICLE BY ANGEL FUCHS

Love, pride, and worldly flair—those are qualities that define both the Buschtetz as a family, as well as their recipe for success running a group of eateries in the East Valley.

The matriarch of the family, Máiréad Buschtetz, was born and raised in Mitchelstown, a small town in County Cork, Ireland. Always a free-spirited dreamer, the young Máiréad made a promise to herself to leave small-town life and seek freedom and adventure abroad. She graduated from school at 17 years old, and the next day she was headed for a new life in France. It was in Paris where she eventually met Fabrice

Buschtetz, her future husband, travel companion, and business partner.

The pair met in 1988, and that same year they opened an inn in a quaint village north of Paris. They also expanded their family, having three children—Steven, Killian, and Laura. They've traveled the world together, and have lived in several different countries, including France, Belgium, and Mexico.

“I believe the more countries you visit, the more languages you can speak, will open you up to the world and there are so many good things and good people in this world,” says Buschtetz.

CONTINUED >



Copper & Logs



Cuisine & Wine Bistro



Classic Flamme at Frenchie Pizza

In 2013 the family made the decision to move to the United States.

“We saw America as the land of opportunity,” says Buschtetz. “In America, hard work pays off, hard work makes progress, and that isn’t the case anymore in France.”

Originally the family planned to move to Miami.

“We had vacationed in Florida many times and we loved it,” says Buschtetz. “But that wasn’t meant to be.”

The family home and business in Europe were slow to sell, making the move impossible. The more they thought about it, the more Florida didn’t seem like the right place for them. An internet search when they searched for “the nicest places to live in America” led them to Arizona.

Once the decision was made for Arizona to be their final destination, things fell more quickly into place.

“Fabrice and I flew into Las Vegas and then drove to visit Phoenix. It just felt right,” she says. “Our restaurant sold quickly after and gave us the freedom to make the move. It was meant to be.”

They arrived in 2013, and in March 2015, they opened Cuisine & Wine Bistro in Gilbert. They closed it during the Covid-19 pandemic and re-opened it as B Gastrobar, with a new menu.

In 2016, the couple opened the second location of Cuisine & Wine Bistro on Alma School and Chandler Heights. The restaurant serves French cuisine and has an extensive wine selection.

The family prides all of their restaurants on excellent service and top-quality ingredients.

“Nothing we serve comes from a tin,” says Buschtetz. “We don’t open packages—everything is fresh, hand-cut, and homemade.”

They believe that is what has helped them gain a loyal following of regular customers.

Their third eatery, Copper & Logs, opened in February 2020. The family-friendly, neighborhood craft kitchen was forced to shut down its dining room due to the Covid-19 pandemic one month

“I believe the more countries you visit, the more languages you can speak, will open you up to the world and there are so many good things and good people in this world.”
—Máiréad Buschtetz

later. They went from a full staff to a skeleton crew to run take-out-only service.

“These are tough times,” says Buschtetz. “It’s now very hard to hire and keep great staff.”

That’s especially the case for their latest dining concept, Frenchie Pizza, a fast-casual, custom pizza kitchen that opened in July 2021.

“We opened Frenchie during the pandemic, so it’s been hard,” says Buschtetz. “We’re hoping to see a change soon, and we’re hanging in there.”

Through the tough times, Buschtetz and her family have persevered by continuing to provide top-quality, delicious food and excellent service at all the restaurants. And it’s all hands on deck for the family. Eldest son Steven runs B Gastrobar and his wife, Clémentine, handles the websites and social media for all the concepts;



Killian Buschtetz at Cuisine & Wine Bistro



Laura Buschtetz at Copper & Logs



B Gastrobar

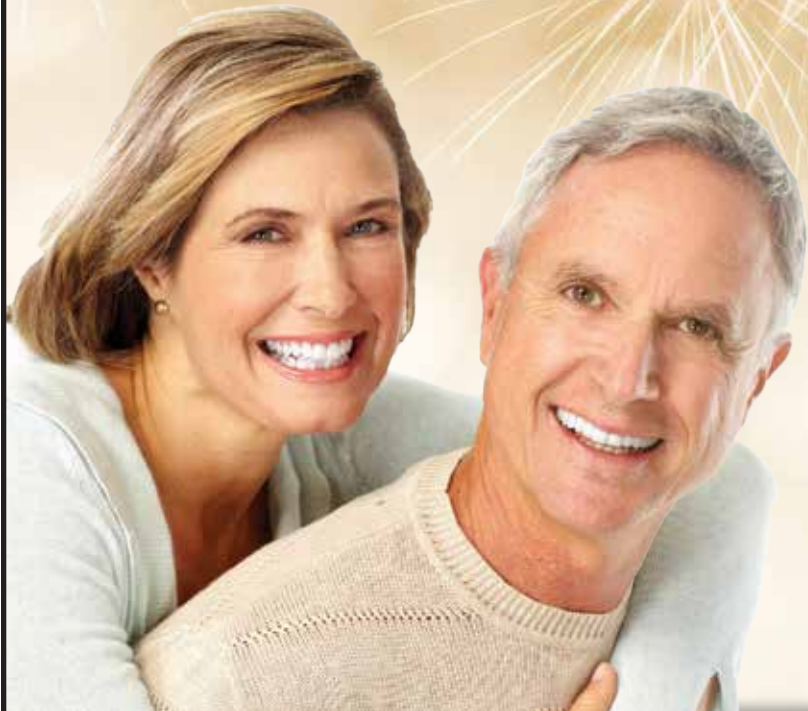
daughter Laura runs Copper & Logs; and son Killian is a sommelier and runs the front of the house with his wife, Monica, at Cuisine & Wine Bistro in Chandler. Fabrice is the executive chef at all the restaurants, and Máiréad herself helps where she is needed.

“If it weren't for our family, I'm not sure where we would be,” says Buschtetz. “We work hard and play hard, and we put everything into our restaurants.”

For more information on the Buschtetz family restaurants visit Cuisine & Wine Bistro, CuisineAndWineBistro.com; B Gastrobar, BGastrobar.com; Copper & Logs, CopperAndLogs.com; and Frenchie Pizza, FrenchiePizza.com.

Getting Your Implants Done by Dr. Nish Shah....

A NEW YEAR'S RESOLUTION YOU CAN TRUST



WISDOM TEETH

IMPLANTS

JAW PAIN



NISH SHAH DMD, MD, F.A.C.S
Board Certified Oral Surgeon

Chandler: 2450 W Ray Rd. Suite 1,
Chandler AZ 85224

San Tan Valley: 36327 N. Gantzel Rd. Suite 102,
San Tan Valley AZ 85140

(480) 814-9500

AZORAL
FACIAL AND IMPLANT SURGERY

AZORAL.COM

CHANDLER'S EXPERT FOR THE MOST ADVANCED ORAL SURGERY CARE

CANCER BATTLE SPURS MASSIVE ACTION

ARTICLE BY GRETCHEN PAHIA

CHANDLER MOM SETS SIGHTS ON ERADICATING
CHILDHOOD CANCER BY CREATING ORGANIZATION
TO HELP ARIZONA FAMILIES

The National Cancer Institute estimates that more than 15,000 children and adolescents ages 0-19 were diagnosed with cancer in the U.S. in 2021. The numbers are staggering, and until we have a cure for cancer, we will continue to hear story after story of children with cancer.

For parents of those children though, it is only the one case that really matters to them. Just ask long-time Chandler resident Patti Luttrell. In 1993, her son Jeff was diagnosed with Acute Lymphoblastic Leukemia shortly before he started kindergarten. With her background as a pediatric critical care nurse, Luttrell had the medical knowledge to understand what was going on with her son, but being on the parent side of it all was nothing she could prepare for.

It wasn't just the emotional and mental toll that hit Luttrell and her husband, but as you can imagine, there was also a huge financial hit as well. Fortunately for the couple, they were able to handle much of the financial impact—they had good health insurance, and a support system to help Jeff get a variety of cancer treatments. However, she knew not everyone was as lucky her family, and realized she needed to do something to help.

Luttrell wasn't alone in her hopes to help make a difference; it quickly became a family affair.

"My then-teenage daughter Jenny was profoundly affected by the difficulties other families faced. She put a stake in the ground and said, 'We're going to make a difference.'"

In 2005, with proceeds from a garage sale and Jenny's vision to host a fashion show to benefit the cause, the pair were able to create the Children's Cancer Network (CCN). At first, they operated the organization out of their home, but as it gained momentum, they settled into an office and warehouse space that now serves as a hub for everything from wig fittings and self-esteem classes to holiday parties and a Mother's Day Tea.

Today the Chandler-based grassroots organization has an annual budget of one million dollars, and of that, more than 80 cents of every dollar goes directly to families dealing with cancer here in Arizona. The nonprofit helps thousands of Arizona families from the initial diagnosis and well into the future of treatments, and so much more.

"We serve families facing pediatric cancer, including babies who have been diagnosed with



“WE ARE A **SUPPORT SYSTEM** FOR PARENTS FACING OVERWHELMING STRESS AND FEAR, TRYING TO HOLD DOWN JOBS AND KEEP THEIR FAMILIES INTACT WHILE **CARING FOR CHILDREN FIGHTING A DEADLY DISEASE.**”

— Patti Luttrell

“KNOWING THAT PEDIATRIC CANCER **CAN BE FINANCIALLY DEVASTATING**, A BIG PART OF OUR WORK HELPS FAMILIES DEFRAY THE **NON-MEDICAL COSTS** OF CANCER.

– Patti Luttrell

a brain tumor, kindergarteners with acute lymphocytic leukemia, and high school athletes who have lost an arm or leg to osteosarcoma,” says Luttrell. “We are a support system for parents facing overwhelming stress and fear, trying to hold down jobs and keep their families intact while caring for children fighting a deadly disease.”

The organization is also a great support system for siblings of cancer patients, helping them navigate all the changes in their lives and helping pediatric patients and their families make smooth transitions to adult healthcare if needed as they get older.

CCN helps with educational support, emotional and psychosocial support programs, and works to encourage healthy lifestyles, covering just about any basic need as it arises.

“We provide grocery and gas cards, wellness programs, and access to two CCN-funded family therapists at Phoenix Children’s Hospital. We also provide backpacks and other supplies to help financially distressed cancer families during back-to-school season.”

While the focus and most of the financial support stays here in Arizona to help families, they do offer some virtual programs to organizations and families fighting cancer battles in other parts of the nation.

CCN has come a long way since its inception 16 years ago. Today, Jeff is healthy and thriving. And, the Luttrell family plans to continue to help ease the financial burdens facing families dealing with a pediatric cancer diagnosis.

“Knowing that pediatric cancer can be financially devastating, a big part of our work helps families defray the non-medical costs of cancer. We provide \$100,000 each year in gas and food cards to mitigate the cost of travel to and from the hospital for treatment, and ensure families can put food on the table.”

For Luttrell, it isn’t just about helping families through the initial diagnosis. Knowing firsthand the toll it can take on a parent, it is about being there to hold hands, provide emotional support, and make sure those amid a cancer battle can put all of their focus on people, rather than financial worries.

At the end, the goal is for groups such as the Children’s Cancer Network to eventually work to eradicate cancer.

Luttrell says it best, “after all, wouldn’t it be great if there was no more cancer in the world?”

ChildrensCancerNetwork.org

*\$99 New
Year Special*

NEW PATIENT CHIROPRACTIC
START-UP INCLUDES

Consultation • Exam • X-ray
Adjustment • Shockwave
Laser • PEMF
(\$550 Value)



SERENITY
HEALTHCARE

Home for all your

HEALTHCARE NEEDS

WWW.SERENITYHEALTHAZ.COM



**BACK TO BASICS
HANDS ON HEALTHCARE**

WWW.GRANTCHIROPT.COM



Fresh Start **CBD**

PURE.POWERFUL.POTENT.

WWW.FRESHSTARTCBD.COM

480-786-9222 | 2580 W. CHANDLER BLVD STE 4, CHANDLER, AZ 85224

DR. DAN AND CASEY GRANT OWN GRANT CHIROPRACTIC, FRESH
START WELLNESS & CBD, AND SERENITY HEALTHCARE

H u s b a n d - a n d - W i f e D u o

P R O M O T E



H E A L T H

**a n d W e l l n e s s W i t h T h r e e
L o c a l B u s i n e s s e s**

ARTICLE BY ALISON STANTON
PHOTOGRAPHY BY LINDSAY BORG



Serenity Healthcare

State-of-the-art care, integrative healing, wellness,
functionality, and a focus on traditional medicine.



CONTINUED >

“We are getting huge results and that makes it all worth it. And seeing these results firsthand and hearing our patients’ success stories is what keeps us coming back every day.”

To say that Dr. Dan and Casey Grant are devoted to the health and well-being of others is definitely an understatement.

The husband-and-wife duo own Grant Chiropractic & Physical Therapy, a company that encompasses three health-focused companies: Grant Chiropractic, Fresh Start Wellness, and Serenity Healthcare.

Each business offers several broad-spectrum therapies that are designed to help the differing needs of the Grants’ patients.

“Our motto is ‘Home for all your Healthcare needs,’” Casey says, adding that she and Dr. Dan are proud to offer full-service care for all types of pain and inflammation.

“We offer unique therapies that you don’t find at all offices.”

At Grant Chiropractic, which opened 20-plus years ago, Dr. Dan works directly with patients, while Casey runs the day-to-day operations of the clinic.

“Dan and I focus on giving our patients the best care and service based on their needs for each visit, whether that is chiropractic care, physical therapy, nutrition guidance and goal-setting, and/or CBD to help with pain and inflammation,” Casey says.

“Also, Serenity Healthcare, the ancillary company we just launched, offers a different scope of regenerative therapies. For instance, Shockwave, PEMF, and cold laser, which we refer to as ‘The Trio’ is getting amazing results with our patients and athletes.”

Casey says the ability to combine chiropractic care with physical therapy all under one roof is one of the many things that helps to set Grant Chiropractic apart.

“We are also introducing regenerative therapy, which is just adding a whole extra level of success for our patients,” Casey says.

“In addition, we believe in sharing our services with local Chandler providers as well in order to have the best available care for our patients. Being in the industry here locally in Chandler for 20 years has made this a very special place for us, and we take that very seriously.”

Through her work as owner of Fresh Start Wellness & CBD, Casey has two retail locations in Chandler, and also wholesales the products to a number of physicians in several states.

Casey says adding Fresh Start CBD to the suite of products and services at Grant Chiropractic has been a huge plus to the way they can address pain and inflammation in their patients.

“Dan and I focus on giving our patients the best care and service based on their needs for each visit, whether that is chiropractic care, physical therapy, nutrition guidance and goal-setting, and/or CBD to help with pain and inflammation.”

“CBD can also work well for the anxiety and stress that happens to be an even bigger issue since Covid. It allows for our patients to have a natural approach to fixing different symptoms that they are having, versus taking the traditional approach or prescription drugs,” she says.

At Grant Chiropractic, Dr. Dan treats patients of all ages—including infants who have indigestion, sleep issues, and colic, as well as adjusting the baby’s spine and setting the nervous system.

“We also work with a lot of athletes. Dr. Dan was an athlete when he was growing up, so he has a passion for helping our local high schools and treating the teen athletes to get them back on the field or court,” Casey says.

Rather than provide a cookie-cutter approach to chiropractic care, Casey says she and Dr. Dan treat every patient as an individual, taking the time to ask a series of questions to identify their needs and wants—and then coming up with a care plan to reach these goals.

Dr. Dan, and his on-staff providers, will also perform a careful and thorough intake evaluation to be sure the source of the pain or discomfort is correctly identified.

“We also stress the importance of following a care plan for the best long-lasting results. We do

follow-up exams to show the patient the progress they are making, showing them the X-rays, which is very motivational to our patients,” Casey says.

While some people may associate chiropractic care with neck or back issues, Casey says their services can help with a wide range of health concerns, including migraines, tinnitus, vertigo, sciatica, scoliosis, chronic knee pain, and neuropathy.

Casey says she and her husband both truly enjoy hearing their patients’ success stories.

“What we are doing makes a difference in people’s daily activities and that is what matters to us. For example, we hear from the parents or grandparents that can now play with their children or grandchildren again, or do something as simple as walking their dogs, playing sports again, or getting out of bed without pain,” she says.

“We are getting huge results and that makes it all worth it. And seeing these results firsthand and hearing our patients’ success stories is what keeps us coming back every day.”

SerenityHealthcareAZ.com
FreshStartWellnessAZ.com
GrantChiroPT.com

EVERYTHING YOU NEED FOR GOLF

Apparel | Repairs | Fittings | Lessons

4 SIMULATORS

INCLUDING TRACKMAN



HORNACEK'S

CHANDLER GOLF ARIZONA

480-802-5555 | hornacekgolf.com | Proud PXG Retailer

4975 S Alma School Road | In the Promenade at Fulton Ranch



LINDSAY BORG

Fall Family Sessions

Mini Sessions • Half Sessions • Full Sessions



CHANDLER & GILBERT, AZ (480) 403-1614 BORG.LINDSAY@GMAIL.COM



Arizona's Reliable Transmissions

AZRELIABLETRANSMISSIONS.COM

480-597-6237

40 YEARS OF EXPERIENCE



DOMESTIC & FOREIGN

- Automatic & Manual Transmissions
- Transfer Cases & Differentials
- Transmission Experts
- Cost Efficient Repairs
- Free Local Towing with Major Repair
- Financing Available

MENTION THIS AD FOR UP TO \$150 OFF ANY REPAIR*

FAMILY OWNED & OPERATED // 6615 WEST CHANDLER BOULEVARD CHANDLER, AZ 85226

*CALL STORE FOR DETAILS.



MOSTLY KOSHER
JAN 29



WE BANJO 3
FEB 5



DRUMLINE LIVE!
FEB 12



LES BALLETS TROCKADERO
de Monte Carlo | FEB 20



THE GREATEST LOVE OF ALL
FEB 26



MARIE OSMOND
MAR 11



THAT GOLDEN GIRLS SHOW
A Puppet Parody
MAR 17-20



LEDISI SINGS NINA
MAR 26



SCOTTY MCCREERY
APR 3



CHANDLER CENTER FOR THE ARTS

ON SALE NOW!

CHANDLERCENTER.ORG
480-782-2680

Resolving to Get Organized?

TWO LOCAL BUSINESSES
CAN ASSIST

MY ERRAND ALLY AND SUPER
JUNK REMOVAL OFFER SERVICES
THAT FREE UP VALUABLE TIME
AND SPACE

ARTICLE BY ALISON STANTON

Those who are starting off 2022 resolving to become more organized can get some help from two local businesses.

My Errand Ally and Super Junk Removal, both locally-based companies, provide services that help give people back their time, space, and sense of well-being.

We spoke with the owners of both companies and got to know more about their backgrounds and services—and how they are ready to help you to get and stay organized.

Devoney Kelash



Devoney Kelash *My Errand Ally*

For as long as she can remember, Devoney Kelash has had a passion for helping others.

In order to make peoples' lives easier, Kelash was inspired to create a business that would do just that. She opened My Errand Ally in Chandler in January 2016.

Kelash and her team offer grocery delivery, errand, vacation, shopping, and wait services to clients across the Valley; her customers include business professionals, seniors, new parents, and homebound individuals and their caregivers.

"It's like having a personal assistant whenever one is needed," she says.

Prior to opening My Errand Ally, Kelash had a career in social work and victim advocacy at Superior Court before becoming a stay-at-home mom to two boys.

"I began doing odd jobs and running errands for family and friends, and as soon as my youngest began school, I put my idea for My Errand Ally into action," she says.

For people who want to be more organized in their lives, as well as reclaim some of their time, Kelash says My Errand Ally can definitely help with that goal.

"Using a personal concierge can give people more time back in their day," she says.

"Time is precious, and delegating tasks to an errand service like My Errand Ally also frees up time for people to do things they enjoy, including working, relaxing, and having fun with friends and family.

People can use My Errand Ally's services weekly, monthly, or occasionally.

When she is not busy helping her clients, Kelash can be found spending time at the lake or camping with her family.

Whether she is picking up groceries, feeding pets for a client who is on vacation, or waiting at a home for a repair person to arrive, Kelash says she truly enjoys knowing that she is helping others.

"Our clients are so thankful for the help, and getting time back in their day. It makes the work so worthwhile," she says.

For more information, call 602.499.5042, visit MyErrandAlly.com or download the free mobile app.

"I began doing odd jobs and running errands for family and friends, and as soon as my youngest began school, I put my idea for My Errand Ally into action."

CONTINUED >

Eric Christensen

Super Junk Removal

If you have unwanted items taking up space in your home, garage, yard, or shed, Eric Christensen, owner of Super Junk Removal, is ready, willing, and able to help.

Christensen founded his company in 2016 with one pickup truck and an old landscape trailer. Since then, Super Junk Removal has grown into a full-service junk removal company with multiple trucks and crews working across the Valley.

“Other services we provide are small demolition jobs, parking lot portering, and pressure washing services,” Christensen says, adding that he launched the pressure washing side of his business 20-plus years ago.

“While doing business I began developing contacts with local realtors and property managers and realized there was quite a market for junk removal. The more junk removal we did, the more junk we realized was out there. It just made sense to keep growing.”

Super Junk Removal is a family-owned and -operated company; with the exception of one loyal employee who has been with Christensen since the beginning, his team is made up of family or extended family.

Christensen, who enjoys spending his free time with family and playing ice hockey with his two older sons, says he takes great pride in offering a much-needed service to others, and helping people to get more organized, one truck-load of removed items at a time.

“Once unwanted items are out of the way, organization becomes a breeze. We are happy to remove clutter that may have accumulated in storage areas, leaving behind a clear working space. These clear working spaces naturally lead to better organization,” he says, adding that he has also handled a number of hoarding situations with dignity and respect.

“We understand how people start to acquire junk, and then end up embarrassed by it. We really make our customers feel good with our non-judgmental, helping approach.”

SuperJunkRemoval.com

Eric Christensen



“While doing business I began developing contacts with local realtors and property managers and realized there was quite a market for junk removal.

The more junk removal we did, the more junk we realized was out there.



Denise Garcia, MD
Board Certified, Fellowship Trained
Oculofacial Plastic Surgeon

We ARE the experts in eyelid surgery.

Don't trust your eyelids to anyone but the best.



Desert Eyesthetics
OCULOFACIAL PLASTIC SURGERY

Call 480.454.7130 to Schedule a Consultation

1754 E Boston St #103
Gilbert, AZ 85295

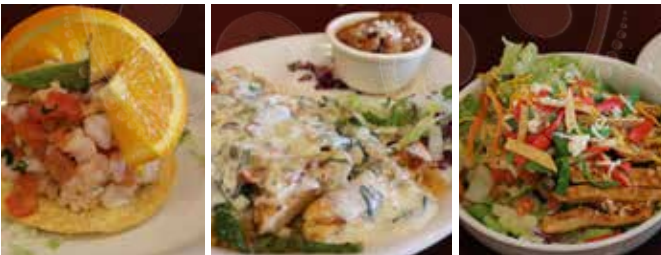
We Specialize In:

- Eyelid Reconstruction and Repair
- Cosmetic Eyelid/Brow/Facial Surgery
- Halo Laser Resurfacing
- BBL Forever Young Photofacials
- BBL Forever Bare Hair Reduction
- Botox | Kybella | Fillers
- Microneedling | Lash Lifts | Skin Care

Say good-bye to dull skin... with no pain and minimal downtime!



See our Monthly Specials! Visit our website eyelasticsaz.com or follow us on   



Enjoy One of Our Many **\$5** Margarita Flavors
Family-Owned and Operated
Serving our customers with care and gratitude.

Moreno's Mexican Grill Express | **M-Sat** 8:00 am - 8:30 pm
4981 S. Arizona Ave. (Next to Alamo Draffthouse) | **Sun** 8:00 am - 8:00 pm
(480) 494-5473 // MorenosMexicanGrillaz.com



CALL (844) HAD-JUNK
TEXT 480-553-2026

WWW.SUPERJUNKREMOVAL.COM





A Vintage Soul— And a Ride to Match

ARTICLE BY MICHELLE TALSMA EVERSON | PHOTOGRAPHY BY LINDSAY BORG

Dr. Young of Young Orthodontics Drives in Style in Her Fully Restored VW Bug





Dr. Aubrey Young

Restoration projects, especially vintage vehicles, are the ultimate labor of love. You pour your heart, soul, time, energy, and hard-earned money into them, but along the way you learn new things and end up with a one-of-a-kind final product that will be treasured for years to come.

No one knows this better than Dr. Aubrey Young, DMD, the owner and orthodontist at Young Orthodontics. Outside of her life treating patients and running a successful orthodontics practice, she has spent the last three years working with experts to restore “Em,” a 1966 VW bug. Working with Doug’s Buggs and Bunnies, a VW parts, service, and restoration center in Mesa, she helped to take Em from drab to fab.

“This is my first restoration project but doing these types of projects runs in my family,” Young shares. “My dad restored a Model T and he uses it as his city sleigh when he plays Santa during the holiday months. He has helped friends and family restore many old cars, and my whole family likes using their hands and imagination to create. My dad also built his own ultralight airplane, and my brother has restored two sailboats.”

Young shares that it started in childhood—she always dreamed of having a VW bug.

“As long as I can remember looking at cars, the VW bug has always been my favorite,” she says. “When I was young, I always said that my bug would be pink with purple polka dots. My taste changed over the years, but I still never gave up on the dream of owning a classic bug. Like the VW bug, I favor all things classic and feel like I have an old soul... Some will even describe me as being a bit of a hippie at heart!”

To go with her vintage soul, at Young Orthodontics the team and her patients wear tie-dye; she even gives all her patients their own tie-dye shirt to wear to their appointments so they can match the team.

“Tie-dye is cheerful and keeps the vibe in our office upbeat,” she says.

Young shares that Em was bought in its original condition in 2017. She would take Em out for joyrides on the weekends until, one day, it wouldn’t start. Young then connected with Doug’s Buggs and Bunnies and discussions began about what needed to be repaired just to get her back on the road for joyrides—but then her imagination took off.

“Three years of restoration began from the frame up,” Young explains. “Everything that could be saved and restored was, and everything else was replaced. I wanted to make Em my daily driver, so we added air conditioning. An engine with more power was needed to be able to run the air conditioning. Picking all the colors took the longest. After it was fully painted, I had them re-do it. But I love the color so much and it ‘just happens’ to match my Young Orthodontics logo perfectly.

“I owe all of Em’s beauty to the folks at Doug’s Buggs and Bunnies in Mesa for the amazing restoration job. I just helped pick everything out. I would have loved to have done the work myself and perhaps one day when I have more time, I will get the opportunity to restore another car,” Young says. “One really amazing part of the car is that my dad made the gear shift knob. It is shaped like a molar tooth. He used the lost wax technique to create it. He carved the tooth out of a piece of wax, then

CONTINUED >



“One really amazing part of the car is that my dad made the gear shift knob. It is shaped like a molar tooth. He used the lost wax technique to create it. He carved the tooth out of a piece of wax, then mounted it in plaster.

mounted it in plaster. Heat was used to melt out the wax, and then he had a mold to put the melted acrylic into. He dyed the acrylic the exact color of the car and worked with the shop to get the right threads put into it. It was an amazing surprise that he gave me the Christmas before the car was finished. He coined the gear shift knob my ‘blue tooth.’ I have been able to drive Em now for almost 1.5 years back-and-forth to the office and around town running errands. I know I drive slow... apologies! Her top speed is 55, and I never take her on the freeway!”

To those looking to have their own restoration done, Young has some tips.

“If you are mechanically minded and have a garage, I think doing the restoration yourself would be amazing so that you know how everything goes together and you can really create a perfect outcome,” she advises. “If you just love old cars and you have a vision for your dream car, then find a great restoration shop that will share in your vision. I made frequent trips to the shop to see the progress and to continue to make the thousands of decisions that can be made when you restore a car. Make great relationships with your shop owner and their employees—the folks at Doug's Buggs and Bunnies are now like family to me!”



**MAKE YOUR NEW YEARS RESOLUTIONS
STRESS-FREE WITH CBD.**

**VOTED BEST CBD OF THE VALLEY FOR THE 3RD YEAR IN A ROW!
WWW.NATURESBLOOM.NET**

4995 S Alma School Rd Unit E3
Chandler, AZ 85248
(480) 573-9444

7609 E Pinnacle Peak Rd Unit C13
Scottsdale, AZ 85255
(720) 588-9586

Steelyard DENTAL CARE

\$59 Cleaning, Exam & X-rays

(Reg. \$389) Offer expires in 30 days.
New Patients Only. Includes exam, cleaning (prophylaxis) & x-rays. Advertisised fee is the minimum fee, subject to clinical need. One or more of the following ADA codes may reflect the treatment rendered under this offer. D0150, D0330, D0272, D0210, D1110. Offer cannot be applied toward account balances or dental services already delivered or in conjunction with other offers, discounts or reduced-fee plans. | 010421


-OR-

\$100
Off Treatment

Offer expires in 30 days.
New Patients Only. Enjoy a \$100 savings on all treatment over \$500. Offer cannot be applied toward account balances or dental services already delivered or in conjunction with other offers, discounts or reduced-fee plans. | 010421

Our Services

Cosmetic Dentistry	Teeth Cleanings
Invisalign® Treatment	Crowns
Emergency Dental Care	Tooth-colored Fillings
General Dentistry	



Komal Saqib, DMD
General Dentist

5095 S Gilbert Rd, Ste 7
Chandler, AZ 85249
SE corner of Gilbert Rd and Chandler Heights

Call Today!
623-289-2982
steelyarddentalcare.com

Services provided by an Arizona licensed general dentist. ADV46937KS

Busy?
Consider it Done!



My Errand Ally

**ERRAND SERVICES • WAIT SERVICE • COURIER
VACATION SERVICES • GROCERY DELIVERY
GIFT SHOPPING • POST OFFICE • PET SERVICES
AND MORE**

DELIVERY TO HOME AND BUSINESS

602-499-5042 | MyErrandAlly.com



EAT THE FROG FITNESS TO OPEN IN CHANDLER

THE FITNESS STUDIO WILL OFFER MEMBERS A 24/7, LOW-IMPACT, HIGH-INTENSITY PERSONALIZED GROUP TRAINING PROGRAM

Fitness has always been part of Michelle Alexander's life.

She danced and took gymnastics when she was younger, and played sports in high school.

Although well-meaning friends often told Alexander she should become a personal trainer, she wasn't sure it would mesh with her personality.

But when a neighbor who works for Eat the Frog Fitness told Alexander about the franchise, Alexander was intrigued.

"I started asking questions and doing research, and when all was said and done, I realized that my calling was to help others in their fitness journeys," Alexander says, adding that she is the owner/franchisee of the



Chandler location of Eat the Frog Fitness, which was scheduled to open in late 2021 or early 2022.

Eat the Frog Fitness will offer personalized group training with low-impact equipment like conventional bikes and rowers.

Classes are on a virtual platform, with coach-led sessions during the day and virtual classes every hour on the hour in the evenings.

“We also have sandbags and TRX bays for more functional training, and we recently launched the FrogFit program, which focuses on a more personalized approach and includes meal plans,” Alexander says.

“Eat The Frog Fitness is the only 24/7, low-impact, high-intensity, personalized group training program that combines athletic-inspired training and the science of your body to achieve incredible results.”

Alexander realizes that Eat the Frog Fitness will open when many people are making New Year’s resolutions that focus on losing weight and getting into shape.

Instead of making resolutions, Alexander suggests that people focus on setting reasonable goals and then understanding that there may be setbacks.

“Getting into shape is a journey and about changing your lifestyle. It takes time and patience. Trust the process,” she says.

Alexander says she is looking forward to the opening of her fitness studio, which she says will also offer a positive and supportive environment.

“One of the greatest things about our studio is the group aspect and studio culture. Everyone is in it together and there will be others on the same journey,” she says.

“It is always nice to have a tribe and have accountability partners. We would love to be the place that men and women come to find their ‘people.’”

Frog.ETFFitness.com/Join-Our-List-Chandler



**CHANDLER
CHAMBER**

The Chandler Chamber is the largest business organization in Chandler representing over 170,000 employees.

Join the Chamber and take advantage of Membership Perks, Events, and Advocacy Opportunities.

Visit chandlerchamber.com or contact info@chandlerchamber.com for more information!

**EXPAND YOUR
CONNECTIONS IN 2022!**

JOIN THE CHAMBER!

Business



timeless

wedding photography
for the modern couple

Chris Frailey
PHOTOGRAPHY



(480) 223-8615 | chris@chrisfrailey.com

www.chrisfrailey.com



LIVE LIFE FREELY

Discover Your Investing Peace of Mind

SERVICES OFFERED:

- Investment Strategies
- Educational Seminars
- Analysis of Current Assets
- Advanced Business Strategies
- College Planning
- Life Insurance



Cathy Smith

(630) 209-2845 | csmith@lftgllc.com
lftfusa.com/team/cathy-smith

Fee-based financial planning and investment advisory services are offered by LifeTyme Financial Advisors, LLC* a Registered Investment Advisor in the State of AZ, CA, CO, CT, DC, FL, GA, IL, MD, MN, NJ, NV, PA, SC, TX, VA, WV. Insurance products and services are offered through LifeTyme Financial Group, LLC. LifeTyme Financial Advisors, LLC and LifeTyme Financial Group, LLC are affiliated companies.



FITNESS *is* ESSENTIAL

If fitness was a pill... everyone would be taking it!

The Village has everything you need to transform your body and have fun doing it and living a healthy lifestyle is all about balance, so you don't get burnt out or injured. We offer a variety of classes at different levels of intensity so you can vary your workouts and benefit from active recovery and cross-training. Mixing up your training by taking cardio, strength and flexibility classes helps you increase full-body fitness.



Get your complimentary **VIP** trial membership today

VILLAGECLUBS.COM
© 2021 Village Health Clubs & Spas

IF YOU ARE READING THIS...
SO IS YOUR BEST CLIENT.

2 OUT OF 3
of our readers regularly purchase from our ads.



ADVERTISE WITH CHANDLER CITY LIFESTYLE LEARN MORE AT CITYLIFESTYLE.COM/CHANDLER

MEDICARE QUESTIONS?



ARE YOU TURNING 65? Or becoming eligible for Medicare?

I can help you navigate Medicare and compare coverage options.

Amy Stover, Licensed Agent

www.stoverstrong.com

480-336-9648

Medicare - Auto - Home - Life

Not connected with or endorsed by the US Government or the federal Medicare program.

events

A curated selection of the most intriguing upcoming events in the city.

JANUARY 1-FEBRUARY 27

National Geographic's Greatest Photographs of the American West CHANDLER MUSEUM

The images taken by *National Geographic* photographers capture the spirit and majesty of the American West. The earliest photographs of the American West were published in *National Geographic* magazine in 1889. View images by William Albert Allard, David Alan Harvey, Joel Sartore, Edward S. Curtis, and William Henry Jackson. ChandlerMuseum.org

JANUARY 15TH

27th Annual Chandler Multicultural Festival

DR. A.J. CHANDLER PARK | 11:00 AM
The 27th Annual Multicultural Festival promotes the cultural diversity of the community through music, dance, art, storytelling, and more. Enjoy cultural performances, kids' activities, unique vendors, and delicious food. Back by popular demand is the Asian Village, where a wide range of Asian cultures will be showcased. ChandlerAZ.gov

JANUARY 18-23

Chandler International Film Festival

LOOK DINE-IN CINEMA
This event—which is one of the fastest-growing film festivals in Arizona—was created to bring together filmmakers, industry professionals, and film fanatics to celebrate all genres of cinema. Along with a diverse mix of international films, there will be a variety of events including a red carpet, opening and award ceremonies, movie maker workshops, Q&As, panel discussions, daily after-parties, and celebrity guest appearances. ChandlerFilmFestival.com

PHOENIX
TOP
DOCTOR
2019
Dr. Michelle Jeffries

got skin?
OF COURSE! WE ALL DO.
Let us keep yours the healthiest it can be!
Medical Dermatology · Cosmetic Dermatology · Surgical Skin Care Treatment



EAST VALLEY
DERMATOLOGY CENTER
Adult and Pediatric Dermatology

1100 SOUTH DOBSON ROAD, #223
CHANDLER, AZ 85286

(The PRESIDIO, North Building, 2nd Floor)

480.821.8888 | evderm.com



VALLEY SKIN
CANCER SURGERY

Board Certified & Fellows in Mohs Micrographic Surgery

480.214.0388 | vscsaz.com



Katherine Lim Quan, MD



Jill McKenzie, MD



Rosemary Geary, MD & Ryan Falsey, MD, PhD have been appointed to the University of Arizona faculty. They provide residents and medical students with a state of the art teaching environment allowing them to excel in the field of Dermatology.



They matter to me.

Debbie Wiltse, Agent
4980 S Alma School Road
Chandler, AZ 85248
Bus: 480-792-9468
debbie@debbiewiltse.com

I get it. Your home and car are more than just things. They're where you make your memories and they deserve the right protection. It's why I'm here.

LET'S TALK TODAY.



1706814

State Farm Mutual Automobile Insurance Company, State Farm Fire and Casualty Company, Bloomington, IL

BMW, MINI COOPER, MERCEDES, AUDI AND VOLKSWAGEN REPAIR OR GENERAL MAINTENANCE SERVICES

- ✓ INSPECTIONS/DIAGNOSIS
- ✓ BRAKES
- ✓ OIL CHANGE/OIL LEAKS
- ✓ CHECK ENGINE LIGHT
- ✓ TRANSMISSION SERVICE
- ✓ BATTERY REPLACEMENT
- ✓ PROGRAMMING
- ✓ COURTESY SHUTTLE
- ✓ CAR WASH



NEW SPECIAL!
OIL CHANGE FOR ONLY

\$59*

FREE
ALIGNMENT CHECK
FOR NEW CUSTOMERS

*Some exclusions may apply.

BEYER MOTOR WORKS

PROVIDING HIGH-QUALITY BMW, MINI COOPER, MERCEDES, AUDI
AND VOLKSWAGEN REPAIR WORK IN THE EAST VALLEY!

FOR MORE SERVICES VISIT OUR WEBSITE
WWW.BEYERMOTORWORKS.COM

AMADA

SENIOR CARE

OUR SERVICES

IN-HOME CAREGIVERS

- Personal care
- Meal preparation
- Medication reminders
- Light housekeeping
- Transportation services
- Exercise assistance
- Companionship

FINANCIAL CARE COORDINATION

- Long Term Care Insurance
- Free Expert Policy Review

HOSPITAL or REHAB DISCHARGES

- Free Home Safety Assessment
- Care Solution Assessment to Prevent Readmission
- Funding Solutions for In-Home Care to Stay Safe at Home

**Call now for a
complimentary
assessment of
senior care options.**

480.999.5250
www.AmadaMesa.com

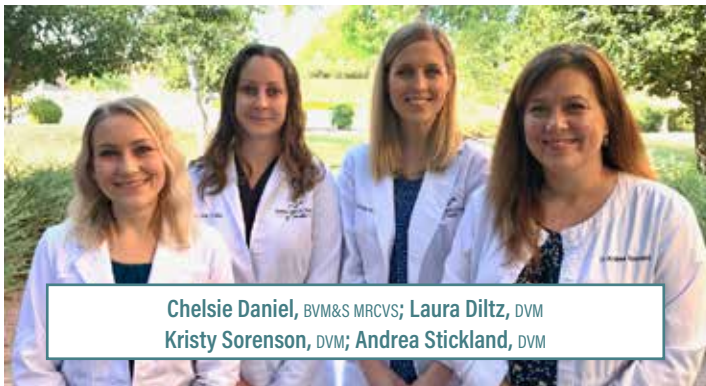


Happy NEW YEAR!

All of us here at AMCoFC would like to wish you a Happy New Year! Our new Bernese Mountain Dog friend Zeke couldn't quite make it to midnight for the ball drop but that didn't stop him from wearing his festive glasses! Zeke and his family are so excited to see what adventures 2022 has in store for them.



ANIMAL MEDICAL CENTER
of Chandler



Chelsie Daniel, BVM&S MRCVS; Laura Diltz, DVM
Kristy Sorenson, DVM; Andrea Stickland, DVM



270 W. Chandler Heights Rd., Ste. 3
Chandler, AZ 85248

480.339.0406

myvet@amcofc.com
www.amcofc.com



events

A curated selection of the most intriguing upcoming events in the city.

JANUARY 20TH

Sonoran Sunset Series: Rose and The Thorns

VETERANS OASIS PARK | 6:00 PM
Dusk Jockey, anyone? Head over to Veterans Oasis Park with your blankets, chairs, and coolers to enjoy a free concert under the stars. Rose and The Thorns deliver an exhilarating live performance of country, classic rock, alternative, top 40, and more. ChandlerAZ.gov

JANUARY 22-30

Barrett-Jackson Collector Car Auction

WESTWORLD OF SCOTTSDALE
This year marks the 50th year of The World's Greatest Collector Car Auctions for Barrett-Jackson. The annual automotive lifestyle event is filled with an extensive collector car docket, the latest vehicles from top automakers, symposiums, and hundreds of displays and exhibits. Set to cross the block: An extremely rare 2015 Porsche 918 Spyder, one of only 918 of the hybrid hypercars produced. Barrett-Jackson.com

JANUARY 22

3X Grammy Nominated The Baylor Project

CHANDLER CENTER FOR THE ARTS
Three-time Grammy nominees Jean and Marcus Baylor pay homage to their musical influences of gospel, blues, soul, and jazz to create an eclectic sound that is spiritual, feel-good, and buoyant. Delivering ballads with storied grace, elegance, and grit, this husband-wife duo has the musical skill to sweep audiences away on music that lifts, moves, and inspires. ChandlerCenter.org

THE LOFTS

ELEVATE YOUR GAME
NIGHT EXPERIENCE

CENTER COURT VIEWS



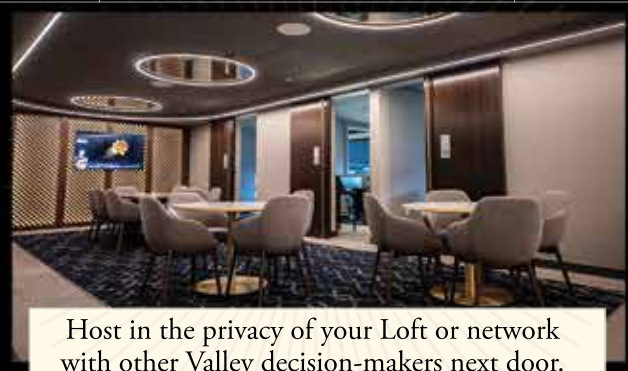
Treat the people who make your business successful to an unforgettable sideline experience.

TRANSFORMED LUXURY



Premium comfort at the heart of the reimagined Footprint Center - the best the Valley has to offer.

PRIVACY WITH A SOCIAL FEEL



Host in the privacy of your Loft or network with other Valley decision-makers next door. The choice is yours.

ALL-INCLUSIVE AMENITIES



Indulge in complimentary food, beer & wine in your Loft and enjoy access to the exclusive Suite Level Club.

INQUIRE TODAY

[SUNS.COM/LOFTS](https://suns.com/lofts)



FURNITURE THAT WILL LAST A LIFETIME
HANDCRAFTED IN THE USA



DISCOVER QUALITY WOOD
FURNITURE THAT FITS YOUR STYLE

Thousands of styles, ideas and designs to
help you create the home of your dreams.



STEINER'S
amish
FURNITURE

(623) 974-1745 • www.safaz.net

4955 S. Alma School Rd • Chandler, AZ
10722 NW Grand Ave • Sun City, AZ

QUALITY FURNITURE FOR EVERY ROOM IN YOUR HOME

