



***Trans Spectrum* of Arizona™**

Empowering Transgender & Gender Non-Conforming Individuals and Allies

Presents Our

Trans Resource Guide

Resources for Phoenix Transgender Community

Trans Spectrum of Arizona

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Trans Spectrum of Arizona

This resource guide is a living document to suggest any additions or changes to it
please contact: transresourceguide@transspectrum.org

TRANS 101

Gender Identity: An internal feeling of what gender one is, originates in the brain.

Sex: The “male” or “female” classification one is assigned at birth, based on visual examination.

Sexual Orientation: Who one is physically attracted to, expressed through physical arousal.

Romantic Orientation: Who one is romantically or emotionally attracted to.

Gender Expression: How one expresses the gender they identify as, in mannerisms and dress.

Terminology

Cisgender: A person whose gender identity is aligned with the sex they were assigned at birth.

Transgender: An umbrella term for people whose gender is not aligned completely or at all with their birth sex. No physical body alterations are required to consider one’s self transgender. Medical or physical alterations are the choice of the individual, depending on what they feel they need in order to align their body and their gender expression with their gender identity.

Transsexual: A person whose gender identity is different or opposite of their birth sex. They may or may not alter their body physically using hormones, surgery, or other treatments. Whether or not they make these physical changes, the act of aligning their appearance to fit their gender identity is referred to as transition. These people often experience extreme stress called **Gender Dysphoria** due to the misalignment of their sex and gender. (Many who meet the definition of transsexual prefer to use the newer blanket term transgender.)

FTM: A person who transitions from female to male. Assigned female at birth, identifies and lives as a male. Also known as a transgender man.

MTF: A person who transitions from male to female. Assigned male at birth, identifies and lives as a female. Also known as a transgender woman.

Intersex: A person who was born with ambiguous genitalia or genitalia of both sexes, or has varied sex chromosomes (replaced the inappropriate term hermaphrodite).

Gender fluid: A person who may move along the gender spectrum depending on how they are feeling at the time.

Genderqueer: A person who may identify closer to the middle of the gender spectrum or may feel more androgynous.

Agender: A person who feels no gender appropriately fits who they are.

Bigender: A person who feels they are both genders at the same time. How they express themselves depends on the person's gender expression.

Two Spirit: A Native American name for someone who has the body of one sex and the spirit of the other. They are said to possess two spirits.

Cross Dresser: Primarily heterosexual men who identify as men who like to dress as woman occasionally, replaces the term Transvestite.

Drag Queen/King: Usually gay men/women who dress as the opposite sex to perform on stage.

GAS: Gender Affirming Surgery (also known as: **SRS:** Sex Reassignment Surgery)

HRT: Hormone Replacement Therapy

SOFFA: Abbreviation for "significant others, family, friends and allies" of trans people/community

What to Do's and What not to Do's

If you're not sure about someone's desired name or pronouns, ask rather than assume.

Names and Pronouns to trans people are very important! To show respect always use the person's preferred name and pronouns!

Some people prefer "them" "they" "their" to his/him or she/her. Sometimes people change which pronouns they prefer. Best rule of thumb is that if you don't know then ask.

It is not ok to ask someone you don't know well what their name used to be or what surgeries they have had.

If someone tells you they are a man or a woman, take them for their word that they know better than you who they are.

Calling someone derogatory names such as "tranny" "he-she" "she male", "it", or purposefully calling someone who identifies or expresses their gender as female "a man", or visa-versa, is not only disrespectful, but also an act of violence.

Always treat trans people with the same respect you would like to be treated.

HEALTH CARE CLINICS

Maricopa Integrated Health Systems – MIHS

Gender Clinic (2nd Thursday each month)

2525 East Roosevelt Street, Phoenix, AZ 85008 **Phone:** 602- 344-1015

McDowell Healthcare Center- MIHS

1101 N. Central Ave Suite 204, Phoenix AZ 85004

Phone: 602 344 6550

Peacework Arizona

Free basic primary health care (for the uninsured)

<http://www.peaceworkmedical.com/>

1st and 3rd Sundays Phoenix

Phone (480) 849-3797

Jonathon Beebe of Liberacion Pueblo

paxnovo@gmail.com (to volunteer)

Southwest Center Transgender Services

1101 N. Central Ave. Suite 200, Phoenix AZ 85004

<https://swhiv.org/get-healthy/transgender-services/>

Phone: 602-307-5330

Stonewall Institute

Kyle J. Penniman, MSW, LISAC, CADAC.

4020 N. 20th st Suite 302, Phoenix 85016

602-535-6468 www.stonewallinstitute.com

Substance Abuse Issues

Devereux Advanced Behavioral Health (formerly: Youth and Family First)

11000 N. Scottsdale rd., Scottsdale 85254

www.devereux.org Phone: 480-998-2920

FTM/MTF/Gender non-binary/Adults/teens/children

Individual and Family Counseling/ Personal Coaching

MEDICAL DOCTORS

Bletskey, Lua MD. Endocrinology

5700 W. Chandler Rd. Suite 1, Chandler 85226 480-899-0350

HRT

Brar, Mandeep MD. Endocrinology

18700 N. 64th Drive Suite 205, Glendale 85308 623-561-3250 / fax 3259

FTM/MTF/18+

HRT

Medicaid/most insurances/sliding fees

Cesal, Catharine MD. Pediatrics

http://www.nspeds.com/providers/dr_catharine_cesal_md.aspx

Dr. Vinny Chulani

Dr. Reeti Chawla

Phoenix Children's Hospital Gender Management Service

1919 E. Thomas Road

Phoenix, AZ 85016

Phone:(602) 933-0659

<http://www.phoenixchildrens.org/medical-specialties/adolescent-medicine/gender-management-service>

Accepts most insurances; accepts all ages up to 24; Puberty suppression/Hormonal therapy;
FTM/MTF/Non-binary

Cloonan-Schulte, Melanie MD.

595 N. Dobson Rd. Suite D76, Chandler 85224 480-821-0788

MTF/FTM

HRT/PCP

Dajani, Tala MD. Endocrinology

15600 N. Black Canyon Hwy Suite C-102, Phoenix 85053 623-748-4700

www.pedendophx.com

FTM/MTF/under 18

HRT/Suppression

Fuller, Carolyn ND. SW Center for HIV/Aids

1101 N. Central Ave, Suite 200, Phoenix 85004 602-307-5330

cfuller@swhiv.org <http://swhiv.org>

FTM/MTF/Non-binary/adults/teens

HRT/PCP

No insurance taken

Holland, Edward, MD. Endocrinology, East Valley Pediatric Endocrinology

1400 N. Gilbert Rd. Suite L, Gilbert 85234 480-464-8600

FTM/MTF/under 18

HRT/Hormone suppression

All insurances except Healthnet Commercial/Reasonable self-pay fees/Payment plans

30+ years experience

Legarreta, Shel-Don MD. Adult Medicine CJ Harris Cigna

1920 E. Baseline Rd., Tempe 85283 480-345-5000

FTM/MTF/18+

HRT/PCP

Cigna only

Scott Sabish, NP. McDowell Health Care Center

1101 N. Central Ave. Suite 204, Phoenix 602-344-6550

FTM/MTF/non-binary/18+

HRT

All types of insurance/COPA sliding fees

Schendel-Dittman, Megan MD. OBGYN Women's Clinic/MIHS

2525 E. Roosevelt St., Phoenix 85008 2nd floor 602-344-5407

FTM/18+/referrals for under 18

HRT/all GYN services

Most insurances/COPA sliding fees

Gender Clinic 2 Thursdays/month

Informed Consent

Thompson Medical Group/ Tracy King, RN, MS, ANP-C

13460 N. 94th Drive L-2, Peoria 85381 623-583-7400

Webb, Burt MD. Scottsdale Center for Women's Health

8415 N. Pima Suite 210, Scottsdale 85258 480-425-8700

www.scottsdaleobgyn.com

FTM/MTF/18+

HRT/all GYN services

All insurances

Wilson, Deborah MD. Gynecology

10250 N. 92nd st. Suite 102 Scottsdale 85258 480-860-4791

FTM Gynecology/Surgery

THERAPIST

Belus, Michael Ph.D.

2266 S. Dobson Rd #2000, Mesa 85202

Counseling

Brasch, Mary MA/MALPC

3040 E. Cactus Rd. #4, Phoenix 85032 602-494-1515

Debrasch96@aol.com www.marybrasch.com

FTM/MTF/Non-Binary/teens/adults

Counseling/ Group therapy

No insurance taken/sliding fees

12+ years experience with trans community/10+ years running support group

De Simone, Gina Psy.D.

7330 N. 16th St, Suite C-2000, Phoenix 85020 602-795-1670 (x1)

www.childpsychaz.com drgina@childpsychaz.com

FTM/MTF/Non-Binary/Teens/Adults/Children

Individual and Family Counseling

Blue Cross-Blue Shield

Devereux Advanced Behavior Health

11024 N. 28th Dr. Suite 110, Phoenix 85029 623-435-6840

devereux.org

FTM/MTF/Gender non-binary/Adults/teens/children

Individual and Family Counseling/ Personal Coaching/WPATH

AHCCCS only

Fragnito, Danielle LPC, LISAC

602-509-6974

Individual Counseling

Many insurances

Galler, Terry MA, LPC

602-909-0042 www.terrygaller.com terry@terrygaller.com

FTM/MTF/teens/adults Counseling

Insurance: Blue Cross/Blue Shield, United Health Care, Aetna Out-of-

Network, sliding fees

21+ years experience, "Helping people find their most authentic self"

Randy T. Gearhart, MSSA, LCSW, BCPC

Licensed Clinical Social Worker

Board Certified Professional Counselor

1110 E. Missouri Avenue, Suite 640

Phoenix, Az 85014 Office: [602-432-4965](tel:602-432-4965) Fax: [602-900-4545](tel:602-900-4545) rtgtherapy@yahoo.com

Gottlieb Nicolls, Dianne MS LMFT, BCPC, Scottsdale Therapy

10245 E. Via Linda, Suite 109, Scottsdale 85258 480-314-0055

www.scottsdaletherapy.com dianne@scottsdaletherapy.com

Grey, Morgan LPCEXAT

480-612-0031

www.thepowercompanyaz.com morgangrey@thepowercompanyaz.com

FTM/MTF/teens/adults/children

Counseling/ Individual/Couples/Families

No insurance taken

Haddox, Marie Ph.D. Clinical Psychology

1772 E. Boston st. #107 Gilbert 85295 480-782-0113

mhaddox@spectrumcounseling.net www.spectrumcounseling.net 15 years experience

Iskovitz, Tally LPC Sunnyside Therapy PLLC

3003 E Baseline Rd Ste 114 Gilbert AZ 85234 (480) 316 8877

Fax # (480) 545 6773

SunnysideTherapy@gmail.com

Kemper, Valery Ph.D.

623-536-7956

Lovejoy, Gary Ph.D. Licensed Psychologist

4500 S Lakeshore Dr. #415, Tempe 85282 480-756-1669

FTM/MTF/Non-Binary/Gender-fluid/Agender/Gendernon-conforming/Questioning

Counseling/Psychotherapy

Most insurances, except AHCCCS

Informed Consent

McMahon, Duffy MA.

Vail Court, 1 W. Elliott Rd. Tempe 85284 480-755-0222

Duffymc84@gmail.com

FTM/MTF/Non-binary/adults/ teens

Counseling

No insurance/sliding fees

*past assoc. of Dr. Moody

Nettles, Sandra LCSW. Deer Valley Counseling

2301 W. Dunlap, Suite #206 Phoenix 85201 Phone 602-750-8051

3200 N. Dobson Rd, Suite 101, Chandler 85284 Phone 480-491-0813

FTM/MTF/Non-Binary/Teens/adults

Counseling/Therapist letter

Blue Cross/Blue Shield. 15+ years experience

O'Donoghue, Judy Ph.D.

480-894-2425 drjudy1729@aol.com

FTM/MTF/non-binary/teens/adults

Counseling/Therapist letter

Most insurances/Sliding fees

30+ years experience/Quality of Life

Trans Spectrum of Arizona

Peck, Michael “Mischa” MA, MSW, Ph.D.

Q Counseling Service LLC, Live Fully, Completely, Passionately!

301 E. Bethany Home Road, Suite C-296, Phoenix 85012 602-570-2373

www.qcounseling.com

docpeck@qcounseling.com docpeck@gmail.com

FTM/MTF/Non-binary/GenderQueer/Gender-non-conforming/

Children/teens/adults

Individual and Family Counseling/ EMDR Therapist

Some insurances/Sliding Fees for trans* persons

25+ years experience

Speaker/Lecturer/Organizational and Clinical Consultant

“Dr. Peck has worked as a professor, therapist, and community organizer, and has participated in grassroots activism, including a history of marching with ACTUP and Queer Nation. Dr. Peck maintains a clinical practice and presents about issues of sexuality and gender at various academic, professional, and community based conferences and events, and also volunteers with Arizona Trauma Recovery Network and with Phoenix LGBT Pride. Dr. Peck identifies within the Trans* spectrum.”

Penniman, Kyle J. MSW, LISAC, CADAC. Stonewall Institute

4020 N. 20th st Suite 302, Phoenix 85016

602-535-6468 www.stonewallinstitute.com

Substance Abuse Issues

Prince, Trayci MA, LPC, NCC

1540 E. Maryland Ave, Phoenix 85014 602-695-5168

Trayciprince.counseling@gmail.com

FTM/MTF/Adults/Adolescents

Individual and Family Counseling/ EMDR/CBT

10+ years experience

Listed in www.Psychologytoday.com and www.Goodtherapy.org

Positive Life Solutions

Mary Vucurevich LPC, NCC

1110 E. Missouri Avenue, Suite 640

Phoenix, Az 85014

602-258-1770

maryvucurevichlpc@gmail.com

website: positivelife.solutions

Ruge, Shellie LPC.

3260 N. Hayden Rd, Scottsdale 85251 480-804-0326 ext 2123

surge@crisisprepandrecovery.com

Therapy

Sheade, Ryan LCSW., and others. Integrated Mental Health Associates,

8130 E Cactus Rd Suite 520, Scottsdale 85260 480-261-5015

www.integratedmha.com

FTM/MTF/Gender non-conforming

Blue Cross/Blue Shield, MHN, Medicaid

8+ years experience

Watson, Dalena LPC.

480-775-6423 dalenaw@musicandimagery.com

www.musicandimagery.com

FTM/MTF/Non-binary/adults/ teens

Individual and family counseling/EMDR/Open and affirming Spirituality

Accepts Aetna/Blue Cross-Blue Shield (not through health care exchange)/Tricare

Welter, Louise Psy.D.

414 S. Mill Ave #210, Tempe 85281 480-415-2152

Therapy

Trans Spectrum of Arizona

SURGEONS

Balderrama, Dana MD. Plastic Surgery

1945 Mesquite Ave, Suite D, Lake Havasu City 86403 928-453-9487

www.balderramamd.com info@balderramamd.com

FTM/MTF(top surgeries)/adults

Some insurances/Care Credit

10+ years experience

Garramone, Charles MD. Plastic Surgery

4725 SW 148th Ave #202, Davie, FL 33330 954-752-7842

www.drgarramone.com

FTM Top surgeries

No insurance/Care Credit

McGinn, Christina MD.

18 Village Row, Suite 43, Logan Square, Lower York Rd, New Hope, PA 18938

215-693-1199 www.drchristinemcginn.com

FTM/MTF

All SRS surgeries/Hormone therapy

No insurance/no sliding fees

Meltzer, Toby MD, PC, & Ley, Zarra MD. PC Plastic Surgery

7025 N. Scottsdale Rd. Suite 302, Scottsdale 85253 480-657-7006

www.tmeltzer.com tmeltzer@tmeltzer.com info@tmeltzer.com

FTM/MTF/Adults (some exceptions)

All SRS surgeries + all types of plastic surgery

Part of Kaiser/Group Health/takes Care Credit/Cash up front, bills insurance for reimbursement

20+ years experience

Menard, Yvon MD. Plastic Surgery

www.grsmontreal.com

514-332-7091/514-288-2097/514-333-1572 x200

Pansritum, Kamol MD. Plastic Surgery

662-559-0155 www.kamolhospital.com Thailand

Taki, Raad MD. Plastic Surgery

4580 E. Camp Lowell Dr, Tuscon 85712 520-881-3232

www.takiplasticsurgery.com

FTM/MTF/adults/some under 18 Care Credit

DENTISTS

Wagner-Kethcart, Stephanie DDS. Stephanie K. Dentistry.

727 E. Bethany Home Road, A100, Phoenix 85014

602-279-1641 info@stephaniekdentistry.com

www.stephaniekdentistry.com

Everyone is welcome!

Most Dental insurances accepted



TSAZTM

Trans Spectrum of Arizona

DOCUMENTATION

LEGAL NAME CHANGE

All residents for Maricopa County

<https://www.superiorcourt.maricopa.gov/sscDocs/pdf/cvnca10pz.pdf>

You don't need a lawyer to change your name in Maricopa County. All the forms and instructions are available for download through the Self-Serve Center. You can download the entire packet or each piece individually. The instructions will tell you what to fill out, how many copies to make, and where to go to turn it in.

There is one set of for adults with minor children

https://www.superiorcourt.maricopa.gov/SuperiorCourt/Self-ServiceCenter/Forms/CivilCases/civil_cvncc1.asp

Another for those without minor children:

https://www.superiorcourt.maricopa.gov/SuperiorCourt/Self-ServiceCenter/Forms/CivilCases/civil_cvnca1.asp.

To get a hearing date, follow the instructions, turn in the application and pay the filing fees. If you cannot afford the filing fees, there is a payment plan available. You will be given a slip of paper for you to call 3-5 business days later to schedule a court hearing. It takes about a month. If you are married, you will need to get a notarized document from your spouse. If you have brought your birth certificate, the judge will add a request to the order that the birth certificate be changed. This does not automatically change the birth certificate; it simply gives you a little legal oomph towards getting it changed should you need it. Following the hearing, you can (should) immediately go get a certified copy of the name change order.

THE JUDGE WILL ASK SOME QUESTIONS:

- Are you a resident of the county where you are filing this request? AND,
- Are you asking the Court to change your name, AND,
- Are you an adult 18 years or older, AND,
- Are you prepared under penalty of perjury to inform the Court whether you have ever been convicted of a felony and whether there are any pending charges against you for a felony or other offense involving false statements or misrepresentation of identity, AND,
- Do you understand that the name change will neither harm your rights nor release you from any obligations or liabilities incurred under your current name, AND,
- Do you swear that you are not changing your name to that of another person for the purpose of committing any crime or furthering any offense involving fraud or misrepresentation of identity?

GENDER MARK CHANGE

In order to get the gender marker changed, you'll need a letter from a licensed physician saying two things, one, that you are that you are "irrevocably committed" to changing your gender, and two, that you have

received “appropriate clinical treatment.” The signed letter or signed statement must include the physician’s license number. Physician can include licensed medical, naturopathic and mental health practitioner. *A letter from a doctor is not required if you are doing a name change only. Check with Social Security Department for exact wording required. Some courts will now allow you to also change your gender marker when you change your legal name.*

SOCIAL SECURITY

If you are receiving SSI, SSDI or Medicare benefits, you will need to inform them, so they can update that information as well. It takes only about a week to get a new Social Security card, but it will take over a month to get a new Medicare card. You will get a letter at the SSA office that same day that you can use until you get your updated Social Security card in the mail. Please check Social Security website for proper wording for gender marker change.

BIRTH CERTIFICATE

You’ll want to obtain a certified copy of your birth certificate from your state of birth if you plan to modify it. Some states are much easier than others and requirements are changing constantly.

Lambda Legal maintains an up-to-date list of states. <http://www.lambdalegal.org/know-your-rights/transgender/changing-birth-certificate-sex-designations>

Arizona is among several states that will amend birth certificates to reflect changes to names and gender designation. Additional copies of birth certificates are \$35 at vital records offices; please provide certified change of name order from Maricopa, SSN card and a picture ID.

STATE IDENTIFICATION CARD/DRIVERS LICENSE

Changing your gender marker and name through the Arizona Department of Transportation and Motor Vehicles Department requires that you apply for a new license (duplicate) in person at any MVD office. To request your gender noted on your record to be changed, the letter or signed statement from any licensed physician is required. The letter must be presented within three months from the date the statement was signed. Please also bring your copy of the change of name order, SSN card and the fee for duplicate ID which can cost anywhere from \$10-\$12 USD. (MVD fees subject to change)

Trans Spectrum of Arizona

LOCAL COMMUNITY

Lambda Phoenix Center

www.lamdaphx.org

LGBTQ Consortium

www.lgbtconsortium.com

The Queer Undocumented Immigrant Project

www.facebook.com/AzQuip

Phoenix Pride LGBTQ Center

www.phoenixpridelgbtcenter.org

PFLAG Phoenix

www.pflagphoenix.org

Trans* Spectrum of Arizona

www.transpectrum.org

Equality Arizona Trans Cousil

Northern Arizona University LGBTQA Resources and Support

Transgender Resources

<http://nau.edu/lgbtqa/transgender-resources/>

University of Arizona LGBTQ Affiars

Transgender Resources

<http://lgbtq.arizona.edu/transgender-resources>

Arizona State University's LGBTQA Coalition

offers support and programming for LGBT students on campus. Information, 480-965-8690,

www.facebook.com/asulgbtq.

Trans Spectrum of Arizona

CRISIS HOTLINES

If you or someone you know is struggling with difficult thoughts or emotions, there are people who can help by lending a listening ear.

TRANSLIFELINE

A non-profit dedicated to transgender people. The hotline is staffed and operated by trans people who are ready to respond to whatever support needs members of the community might have.

On call 24/7 for crisis support.

www.translifeline.org

Toll Free: 877-565-8860

Q NETWORK

A 24 hour support helpline for LGBTQ youth and allies.

Toll Free: 800-527-4747

Local: 480-436-4925

CRISIS RESPONSE NETWORK

Offers services to any individual that is experiencing a behavioral health emergency.

24/7 and every day of the year

Local: 602-222-9444

TTY: 602-274-3360

The logo for Trans Spectrum of Arizona (TSAZ) features the letters 'TSAZ' in a large, stylized font. The letters are filled with a horizontal rainbow gradient and have a thick black outline. A small 'TM' trademark symbol is located to the upper right of the 'Z'. The logo is set against a light blue background that includes a large, faint, light blue 'L' shape framing the text.

Trans Spectrum of Arizona

SUPPORT GROUPS

TSAZ Trans Spectrum of Arizona

Empowering Transgender & Gender Non-Conforming Individuals and Allies

Support group meetings for Trans-masculine, Trans-feminine, Third Space and SOFFAs

First Church located at 1407 North 2nd St, Phoenix, AZ 85004.

The meetings occur from, 11:00 a.m. to 1:30 p.m. on the 2nd and 4th Saturday of each month

480-382-3757

<http://transspectrum.org/groups/>

info@transspectrum.org for more information.

PFLAG SUPPORT GROUPS PFLAG

Phoenix – Parents, Families and Friends of Lesbians and Gays (and bisexual, transgender, and those

“questioning” (LGBTQ) – serves the greater Phoenix/Valley of the Sun metropolitan area, and supports other

PFLAG chapters throughout Arizona. <http://www.pflagphoenix.org/Support/meetings.html>

<https://community.pflag.org/transgender>

TRANSGENDER HARMONY GROUP

(TGH) still meets on the third Saturday of each month

Casa De Cristo Church 1029 E Turney (west of 12th st on Turney between Indian School and Camelback)

<http://www.meetup.com/senzapelo/events/231683126/>

ONE*N*TEN TRANS* GROUP

MISSION: TO PROVIDE YOUTH WITH RESOURCES FOR WHAT MAY COME THROUGH GENDER EXPRESSION OR GENDER TRANSITION. TO PROVIDE A SAFE SPACE TO ACHIEVE THEIR OWN TRANSITION OR GENDER IDENTITIES AND CREATE ACCEPTANCE OF THEMSELVES AND TOLERANCE OF OTHERS.

The **one·n·ten** Trans* Group is run by Program Coordinator and Trans FTM, **Nicholas Fletcher**, as well as volunteers that embrace the Trans* umbrella, pangender, cisgender allies, MTF, and non-conforming-gender adult volunteers. Collectively the volunteers are focused on empowering the youth and the future community through programs of basic life-changing skills, advocating for youth to understand different ways to educate themselves and others. The programming focuses on providing a base education and emphasizes the fact that being Trans* is a part of nature and there is nothing wrong with fitting anywhere along the Trans* spectrum.

5:30 – 7:30PM

2nd & 4th Sundays of every month at the Youth Center 3660 N. 3rd St, Phoenix, AZ 85012

<http://oneten.org/>

FLAGSTAFF TRANS* GROUP

The Flag Trans* group is dedicated to individuals that identify as Transgender, Genderqueer, or questioning. The group is a place where Trans* students can share and discuss their experiences in a safe and welcoming environment.

Meets every Monday from 7 - 9 pm at Flagstaff Federated Community Church, 400 W. Aspen Avenue, Flagstaff, AZ 86001

For additional information contact: LGBTQA@nau.edu

GENDER SPECTRUM SUPPORT GROUP

This group is designed for UA students who are dealing with gender identities outside of the traditional binary system, whether transitioning from the gender assigned at birth, identifying as some combination of genders, neither gender, or questioning the role of gender in their lives. Terms such as transsexual, two-spirit, neutrois, agender, gender-queer, gender-fluid, transgender (and more) have been used to describe these identities. The low cost (\$5 per group, billable to Bursar's,) is for those who might need support and/or therapy to process their gender identity, deal with family and friends' reactions, identify options of a transition process, and gather resources and support for issues related to gender.

Mondays from 3pm-4pm Admin Conference Room C312, Third Floor Campus Health, University of Arizona

For more information contact: 520-621-3334 or vandervoort@health.arizona.edu

AZTYPO Arizona Trans* Youth and Parent Organization

Supporting parent and families of transgender and gender fluid children. A Phoenix based support group that provides the parents, family, friends, and caretakers of transgender children a common space to share struggles and success, discuss challenges and concerns and provide emotional support and guidance to each other as they help their children with the unique social issues facing transgender and gender fluid people.

The monthly meetings also provide peer-to-peer support for the transgender children and their siblings.

Children ages 3-18 are invited to meet, visit, and play with each other while the parents and family hold their support group.

<http://aztypo.org/>

for info please contact: contact@aztypo.org

Trans Spectrum of Arizona

TRANS FRIENDLY BUSINESSES



"Voted in the TOP five Med Spa 6 years running with New Times best of Phoenix",

"Family owned and operated since 1982", "Two time Gold Probe winner"

5702 N. 19th Avenue, Phoenix, AZ 85015

Phone: 602-246-1966

Toll Free Phone: 877-261-1966

azlaser@gmail.com

<http://senzapelo.com/transgender-community/>



Susan Enright is a certified Redken Colorist and Redken Artist/ Educator whose clients include both Trans Men and Women. She Offers a very friendly and accepting salon experience and offers free consultations.

10401 N Scottsdale Rd # 175 Scottsdale AZ 85253

602 899-1381

Facebook <https://www.facebook.com/Hair-by-Susan-Enright-216050295087285/>

For a full list of Susan's services /prices, and to schedule an appointment online visit her Style Seat website at

<https://www.styleseat.com/v/susanenright>



Spectrum of Arizona

Compassionate, Respectful, Professional Care. We appreciate our transgender patients!

Full Service Medical Spa

Laser Hair Reduction

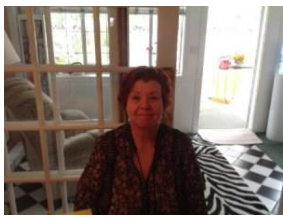
Call for your complimentary skin consultation

480-845-4121

<http://www.enhancedimagemedspa.com/>

7942 West Bell Rd Glendale, Az 85308

Electrolysis by Mary Ann Harding



Certified Electrolysis Instructor

Over 30 years Experience

Transgender Friendly – Discretion Assured

Free Consultation * Individual Probes

10550 W. Alice Ave., Peoria, AZ 85345

623-972-9814

<http://mahardingelectrolysis.com/>

Happy Spa Nails

5334 W Northern Ave Suite 326 Glendale

Mon-Sat 9:30am-7:00pm Sunday 10:00am-4:00pm

By Appointment ONLY

Hannah 480) 433-7818 / 602)515-3141 Gina (off Tuesdays) 909)292 5828

Tattoo 151

Custom art / Body Piercings

623)776-9334

5826 W Olive Ave Suite B103 Glendale AZ 85302

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