



The HQ Farms

Microgreen Idea of the Week

Miso Ramen

- Boil ramen in 2 cups water.
- When noodles are almost done, add miso concentrate to desired taste and stir well.
- Add 1 or 2 eggs to boiling soup then turn off heat after 30 seconds and cover for another minute.
- Place a handful of microgreens into a large bowl then ladle most of the broth into the bowl.
- Transfer the noodles into the bowl, and finally carefully ladle out the eggs on top of the mixture.
- Garnish with a sprinkling of microgreens.
- Enjoy!



Idea brought to you by The HQ Farms customer:
Ricardo B.