

FAMILY TABLE TALK

WEEK OF SEPTEMBER 20TH



Once your family is seated at the table and eating, go through each section together.

HIGH LOW BUFFALO

Take turns around the table to share your **HIGH** from the day (the best thing that happened), your **LOW** from the day (something that made you upset), and **SOMETHING RANDOM** from your day that you'd like to share.

This week, have the **YOUNGEST** person in your family go first.

LESSON RECAP

This week, your kids heard about the paralyzed man who had some amazing friends who stopped at nothing to bring him to Jesus to be healed. We learned that people can help us grow closer to Jesus, and that we can also help our friends and family grow closer to God, too!

THE BIG IDEA: People can help our faith grow.

THE BIBLE: Jesus Heals a Paralyzed Man

(Mark 2:1-12; Gal. 6:2)

ASK THIS

- Who is someone you could thank for helping you grow closer to Jesus? What will you say to them?
- Who is someone you could help grow closer to Jesus? How will you do that?

NOW WHAT?

Write down the name of one person who has helped you grow closer to Jesus. Sometime this week, reach out to them and let them know.