



HELP!

AT HOME ACTIVITY GUIDE

WEEK OF NOVEMBER 8

BIG IDEA

God helps us when we're helpless.

THE BIBLE

Moses in a Basket:
Exodus 1:22-2:10;
Matthew 18:18-20

MEMORY VERSE

Psalm 121:2 (NIV)

FAMILY TABLE TALK

Use [this guide](#) sometime this week as your family gathers for a meal. This is intended to be super easy to implement and the goal is simply to connect your family to one another and provide opportunities for meaningful conversations.

ADDITIONAL ACTIVITIES

Visit www.loopkids.org/help to find this week's videos, coloring pages and this week's Toddler Bible Story. Also, feel free to check out additional activities below!

YOUNGER KIDS ACTIVITY | **Basket Baby**

INSTRUCTIONS: Gather a baby doll, swaddle, towel and laundry basket and let your little ones play with the dolls. Encourage them to swaddle a baby doll, place it in a basket, and slide it down a large towel or blanket, kind of like Moses was sent down the river in a basket!

SAY: Imagine you are Moses' mom and you are so sad wrapping up Moses in his blanket and sending him away in the basket. Imagine how his big sister, Miriam, felt when she was able to help bring her family back together! **God helps us when we are helpless.**

YOUNGER & OLDER KIDS ACTIVITY | Float

ASK: Did baby Moses float in his basket on the river? Yes. I was surprised a basket would float with a baby in it, but it did! Let's see what else might float!

INSTRUCTIONS: Fill a clear bin with water. Show a few toys or other items to the kids and ask if they think it will float or sink. Then, test it in the bin.

SAY: I was surprised the _____ floated! It floated, just like baby Moses did. God helped baby Moses, just like God helps you and me! God helps us when we are helpless.

YOUNGER & OLDER KIDS ACTIVITY | Paper Basket

INSTRUCTIONS: Print off one of the [paper basket printable](#) for each kid. Give the kids crayons or markers to color their baskets. Then, help fold their paper on the solid lines and then cut on the dotted lines. Use tape to hold it together on each side. Then, if you have it at home, pass out small pieces of cloth to represent a baby blanket (or use some of the scrap paper and color it to be the blanket). Allow the kids to choose a "blanket" and place it in their basket.

ASK:

- **Why did Moses' mom put him in a basket?** She put him in the basket because she didn't know what else to do. She probably felt sad and helpless.
 - **Did baby Moses float in his basket?** Yes, he did! God helped keep baby Moses safe.
 - **Does anyone remember what our Big Idea is?** That's right! God helps us when we are helpless.
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SHARE YOUR STORY | Talk About a Time That You Felt Hopeless.

INSTRUCTIONS: Parents, gather your kids and share with them about a time when you felt helpless. Then, read Romans 15:13 together and take a few minutes to reflect on what the Bible says about our hope in God.

SAY: We all have had a time when we felt out of control of our circumstances and it may have left us feeling hopeless. Maybe you got really sick, maybe you broke something really valuable, or maybe you couldn't see in the dark when the power went out. Share how it made you feel and where you went to for help.