

SESSION 4

LESSON GUIDE

MISSION:
DEEP SEA

THE BIG IDEA

My faith grows deeper when
I share my story.

THE BIBLE

Jonah Goes to Nineveh:
Jonah 1-3

MEMORY VERSE ACTIVITY | Bubble Memory

Can YOU do the memory verse all by yourself by now? If so, take a video of you saying the memory verse and send it to Mrs. Joanna (jkitchener@parkcommunitychurch.org)!

**"Grasp how WIDE and LONG and DEEP and HIGH is the love of Christ." Ephesians 3:18
(NIV)**

SNACK | Rice Krispie Fishing Snack

SUPPLIES:

- Rice Krispie
- Frosting Cup
- Blue food coloring & Dropper
- Goldfish Crackers
- Spoon
- Plastic Cup for mixing

INSTRUCTIONS: Take out all of the snack supplies from your supply bag. Empty the frosting into the plastic cup, and then, using the dropper, put some blue food coloring into the frosting cup and stir it up to make it blue. Using the spoon, spread the blue frosting on top of the rice krispie treat and then take some of the goldfish crackers and put them on their rice krispie treat and enjoy!

DISCUSSION

INSTRUCTIONS: *Go through these questions with your kids while they're eating their snack.*

What did God ask Jonah to do? To go to Nineveh and share God's message.

Why didn't Jonah want to do this? What did he do instead? He did not like the people and thought they wouldn't listen to him. So, he boarded a boat and decided not to go.

What happened after Jonah got spit out by the big fish? He delivered God's message to Nineveh and the people prayed to God.

Read Jonah 1:17-2:1. If you were in a dark and lonely place like Jonah was, what would you do?

Is there someone you think God is asking you to share your story with? Someone you think wouldn't listen?

Who is someone that shared their story about God with you?

How can sharing our story deepen our own faith?

ACTIVITY | Sea In A Bag Craft

During Mission: DEEP SEA, we've talked about how wide and long and high and deep the love of God is. We've explored the deep ocean and worked together to complete our mission. Today you will create your own "sea in a bag" to remind you how deeply you are loved by God, and also of your new mission as a S.E.A. agent – **to grow your faith by spending time with God and others, by using your gifts and sharing your story!**

SUPPLIES:

- Plastic Bag
- Blue Gel in plastic cup
- Small Plastic Fish
- Confetti

INSTRUCTIONS: First, put the blue gel in the container into the sandwich bag. Next add the fish and confetti to your sea bag. Then you will need to close the sandwich bag and make sure the seal is super tight (and, if you have it at home, put some packing tape over the seal, just to be safe). Once it is sealed, you can play with your sea in a bag craft, squishing it around and moving the fish around!

ACTIVITY | Coloring Page

In your supply bag every day there will be a new coloring sheet that your kids can color with crayons or markers that goes along with that day's Bible story.

CLOSING ACTIVITY | S.E.A. Agent Certificate

We've done a lot of deep sea exploring here at Mission: DEEP SEA. We've solved a lot of problems, played a lot of games, and heard some incredible Bible stories that showed us how to deepen our faith. Today is the last day of your training. . . which means you are all official S.E.A. agents now!

INSTRUCTIONS: Using the certificate printable provided, the kids will graduate from being a S.E.A. Agent-in-Training to a "fully certified" S.E.A. agent!

Congratulations, agents! Now, you're ready to grow your faith!