

# FAMILY TABLE TALK

WEEK OF OCTOBER 11TH



Once your family is seated at the table & eating, go through each section below together.

## HIGH LOW BUFFALO

Take turns around the table to share your **HIGH** from the day (the best thing that happened), your **LOW** from the day (something that made you upset), and **SOMETHING RANDOM** from your day that you'd like to share.

**This week, have the LAST PERSON to sit down at the table go first.**

## LESSON RECAP

This week we learned about the story of Noah, an obedient man living among a sinful world. We learned that God saved Noah and his family (along with 2 of every animal) when He flooded the earth, and in doing so God showed mercy on them. After floating in the water for 40 days, they found dry lands. God put a rainbow in the sky and told Noah that the rainbow is a reminder that God won't allow a flood like that to happen ever again. God showed mercy to people – and God has not gone back on that promise!

**THE BIG IDEA:** God promised us mercy.

**THE BIBLE:** Noah and the Ark (Genesis 8:15-22, 9:8-17)

## ASK THIS

- What do you think mercy is?
- Describe a time when someone showed you mercy, or when you offered someone else mercy.
- Why do we need God's mercy?

## NOW WHAT?

Whenever we see a rainbow, we are reminded God promised us mercy. But there is another side to mercy, too. If God promised us mercy, God also promised mercy to other people. That means we are expected to show mercy to others as well. When we show mercy, we forgive others for the hurtful things they have said or done.  
**Can you think of anyone who you can show mercy to?**