

FAMILY TABLE TALK

WEEK OF MARCH 14



Once your family is seated at the table & eating, go through each section below together.

HIGH LOW BUFFALO

Take turns around the table to share your **HIGH** from the day (the best thing that happened), your **LOW** from the day (something that made you upset), and **SOMETHING RANDOM** from your day that you'd like to share.

This week, have the **least talkative person** in your family go first.

LESSON RECAP

This week we learned about a man named Nicodemus who we read about in the book of John in the Bible. Nicodemus had lots of questions about Jesus and what God's plan was. We talked about some of the questions we might have when it comes to God's plan. Here were some of the questions we discussed:

- **Why did God send Jesus?** People had been separated from God ever since sin first entered the scene (all the way back to Adam and Eve). Try as we might, humans just can't get rid of sin by ourselves. But God came up with a way so that we would no longer have to be separated from God. That's where Jesus comes in.
- **Why would God do that for us?** Jesus explains that love was the reason Jesus came to die for our sins. Love is also the reason why Jesus came back to life. God's love is what the whole plan is built on. God loves everyone in the world so much wants everyone to find their way back to God.
- **How do we do that?** God's plan was to save everyone from their sins. God does all the hard part. All people have to do is believe!

God has a big plan, and it's a plan to give us big hope. Not just for our day-to-day lives but the biggest hope of all – we can look forward to life with Jesus in heaven! We can trust in God's love for us. Love is the foundation of God's plans.

THE BIG IDEA: Love is the foundation of God's plans.
THE BIBLE: God So Loved the World (John 3:14-21)

ASK THIS

- What is the thing you love the most?
- How does loving something change how you treat it?
- How does the fact that love is the foundation of God's plans change the way you think about the Bible stories you've heard?
- What is most exciting to you about God having a plan for you?

NOW WHAT?

Read John 3:16 together as a family. Ask your kids if they have ever trusted in Jesus as their Savior, and if not, if they would like to. Share your own story about when you first trusted in Jesus. Commit to memorizing John 3:16 this week if you haven't done so yet.