



**BLAST**



## **PARENT ACTIVITY GUIDE**

### **SEPTEMBER 20**

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#### **BIG IDEA**

People can help our faith grow.

#### **THE BIBLE**

Jesus Heals a Paralyzed Man: Mark 2:1-12

#### **MEMORY VERSE**

Psalm 119:105

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#### **FAMILY TABLE TALK**

Use [this guide](#) sometime this week as your family gathers for a meal. This is intended to be super easy to implement and the goal is simply to connect your family to one another and provide opportunities for meaningful conversations.

#### **ADDITIONAL ACTIVITIES**

Visit [www.loopkids.org/blast-off](http://www.loopkids.org/blast-off) to find this week's videos, coloring pages and additional activity pages. There are additional activities below that you're welcome to do at home

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#### **YOUNGER KIDS ACTIVITY | Friendship Building**

**INSTRUCTIONS:** Let your preschoolers play with blocks or LEGO bricks. Encourage them to build towers, but tell them they have to do it while helping their sibling (or you). Each person can only lay one block down at a time, so they have to work together to build a tower. You could also tell them to build towers with their eyes closed, while their friends help them.

**SAY:** It's a great feeling to be able to help people out! When we show God's love by caring for others like that, we show that people can help our faith grow!

## **OLDER KIDS ACTIVITY | Good Friends**

**INSTRUCTIONS:** Give your kid an index card or sheet of paper and ask them to write a list of qualities they look for in a friend. When you're done, ask, "Now how can you be this kind of friend to others?"

Look for ways to be the kind of friend that had the qualities listed on the index card. Pray and ask God to help you be that kind of friend.

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## **PARENTS - SHARE YOUR STORY | Talk about someone who helped you get closer to Jesus.**

**INSTRUCTIONS:** Tell a story from your own life about someone who helped you get closer to Jesus. Be specific about who they are and what they did to help you grow, like . . .

Prayed for you.

Encouraged you.

Taught you about Jesus.

Invited you to church.

Did kind things for you.

Answer this: Who's someone who helps you get closer to Jesus?