

AT-HOME ACTIVITY GUIDE

WEEK OF FEBRUARY 7TH

BIG IDEA

When I worship God,
I can be sincere.

THE BIBLE

Amos
(Amos 5:18-24)

MEMORY VERSE

I Corinthians 16:13
(NIV)

FAMILY TABLE TALK

Keep the conversations going around the dinner table this week!
Use our Family Table Talk guide to help review the lesson and connect with your kids over one meal this week. Find the guide at www.loopkids.org/breakingnews.

ADDITIONAL ACTIVITIES

Visit www.loopkids.org/breakingnews to find the link to this week's video, Family Table Talk and coloring page.
And be sure to check out additional activities below!

OLDER KIDS ACTIVITY | How Will You Worship God?

INSTRUCTIONS: Give each of your kids a sticky note and something to write with. Tell each kid to write on their sticky note and place it in the front of the room on a wall or a board.

SAY: We've been talking about being sincere in worship. God wants our actions in our lives to match our worship. How will you be sincere when you worship this week?

- Will you choose to be kind?
- Will you help someone in need?
- Maybe someone needs help with a chore.

- Or maybe someone you know needs a kind word.

Think of a way you can be sincere in your worship this week and put it on your sticky note. You can either write it out or draw a picture.

YOUNGER & OLDER KIDS ACTIVITY | Whole Heart

SAY: Another word for “sincere” is “wholehearted.” So when we worship God, we need to do it with our whole heart. That means no shortcuts, and with everything we have in us.

INSTRUCTIONS: Give the kids a [printable](#) with a heart puzzle and a piece of construction paper. Instruct them to cut the pieces of the heart out, and then glue it back together on the construction paper. Tell them to write “actions,” “words,” “thoughts,” and “feelings” on each puzzle piece.

SAY: The pieces of the heart represent the things that make a “whole heart” — our actions, words, thoughts, and feelings. Glue the pieces back together on the construction paper and write your name on the heart to remind yourself: when I worship God, I can be sincere.

YOUNGER & OLDER KIDS ACTIVITY | Flowers for Someone

INSTRUCTIONS: Print and distribute the [maze printable](#). Instruct the kids to complete the maze using finger paint, stamp markers, or stickers.

SAY: God loves when we are kind and help those in need. Complete the maze and help send flowers to someone who needs cheering up. Who would you send flowers to right now? Draw a picture of them at the end of the maze.