

# Fitted Feet

## Summer Key Passage:

"Therefore put on the full armor of God,  
so that when the day of evil comes,  
you may be able to stand your ground,  
and after you have done everything, to stand."  
Ephesians 6:13 (NIV)

## Today's Story Point:

We can be ready to tell others about God's peace.

## Today's Bible Passage:

"And with your feet fitted with the readiness  
that comes from the gospel of peace."  
Ephesians 6:15 (NIV)



### LEADER PREP:

*Have you ever put on a pair of new shoes and felt that you could run faster and jump higher? Shoes make a difference! A football player would never run onto the playing field wearing sandals, and a basketball player would never job down the court wearing cleats. Instead, athletes wear shoes that support them and make them ready to play the game ahead.*

*The footwear provided as part of God's armor make us ready as well - ready to share the good news of Jesus Christ with others. When we're ready and motivated, we can have peace in our hearts as well as true peace to pass on. Use this journey to help children spring into action and spread God's peace and love.*

## WELCOME TIME:

- Greet kids at the door, take their temperature, and then add their names to the Check-in Sheet.
- Have a few bins of toys out for kids to play as they enter the room.
- Feel free to play music on the TV as kids are playing if you'd like.

Coloring Page NO PREP	Ready to run NO PREP
<p>Have children color the different types of shoes. Ask them if they can tell what activity each pair of shoe is for.</p> <p><b>SAY</b> • We wear different types of shoes for different situations. In recent weeks, we have been learning about the Armor of God and today we are going to learn about the footwear that goes with the Armor.</p> <p><i>Show the children images of the Soldier's sandals below. Explain that the shoes of Roman soldiers were made of bronze or brass and included a part to cover and protected the shin. The bottoms had spikes so they would help the soldier stand firm - or those sharp spikes could be used as weapons!</i></p>  	<p>Have children form groups of three/four and have each group select one type of shoe from the coloring page they did earlier.</p> <p><b>SAY</b> • Decide who would wear your pair of shoes and how that shoe would help that person.</p> <ul style="list-style-type: none"><li>• What would happen to your person if he/she could not wear these shoes?</li><li>• If you don't have your shoes on, are you ready for school? For playing a sport? For hiking over rocky ground? Why or why not?</li><li>• If you were hiking over sharp rocks and discovered you'd forgotten your shoes, would you feel worried or feel peaceful? Why?</li></ul> <p><b>SAY</b> • Shoes help us to be ready for different activities. They protect our feet from rain and snow, and from hot pavement or sharp objects. Special shoes give us support for specific tasks like running, fishing, swimming or climbing rocks.</p> <p>God also has special shoes for us to wear. These shoes help us be ready to share God's love and peace. We will learn more about that in today's lesson.</p>

# LARGE GROUP TIME

## WORSHIP TIME:

Choose 2-3 songs to play on the TV. Invite the kids to stand and sing, and if you know the motions you can do them with the kids. When worship is done, have them sit back down on their circle dot.

## TRANSITION TO THE STORY:

To gain the attention of all the preschoolers to move them to Bible story time, flip off the lights or clap a simple rhythm for the children to copy. Ask all children to sit down on the rug and remind them to listen quietly during the Bible story.

## BIBLE STORY:

### **Paul and Silas in Prison | Acts 16**

Paul and Silas loved God very much, and traveled around telling people about God. They were always ready to teach about God's love and the peace that comes from knowing Him.

One day Paul and Silas healed a sick slave girl, but her owners were not happy about it. So they grabbed Paul and Silas and brought them to the rulers. The rulers thought they were causing trouble and did not like Paul and Silas, and they ordered them to be beaten and thrown in jail.

The jailer was ordered to lock them up, chain their feet and watch them carefully. You would think Paul and Silas would cry in pain, be angry or afraid, but instead they did something very surprising...they started to sing and pray! The other prisoners listened to them.

All of a sudden there was a violent earthquake, everything started to shake and rumble, and the doors of the jails opened up and the chains came loose. The jailer woke up and was afraid all the prisoners had escaped, but they had not. He was amazed that they were still there! He ran to Paul and Silas, fell on his knees and asked: "What must I do to be saved?" They answered: "Believe in the Lord Jesus and you will be saved." And that is just what the jailer did.

Paul and Silas had on their shoes of readiness. They were excited and motivated to tell the jailer about God's peace and love. How about you? Are you wearing the shoes of readiness? Or you ready to tell anyone about God's love and peace with a moment's notice? Let's close in prayer and ask God to help prepare us so we are ready to share about His love and peace with others all the time.

## STORY QUESTIONS:

Ask the children the following review questions:

- Who were the two men that wore their shoes of readiness? Paul and Silas
- Why did the ruler want to throw them in jail? Because they feared they were causing trouble after they healed the sick girl.
- What were they ready to tell the jailer and everyone else about?
- How did peace come to the jailer's life because Paul and Silas were ready to tell him!

**SAY** • Paul and Silas had on the shoes of readiness, they were so excited to tell others and the jailer about God's peace and love.

## SUMMER KEY PASSAGE:

Read the key passage aloud. Invite a few volunteers to stand, face the group and say the key passage from memory to their friends. Offer help as needed and praise a child's efforts.

## CLOSING PRAYER:

Have children gather around in a circle, facing outwards, wearing their breastplate to protect their hearts. Pray over them the following prayer:

**SAY** • God protects our hearts one by one, but when we gather together as God's people, he also protects us as a group, the church. Let's each pray one sentence telling God how we feel about trusting Jesus. You might thank God for sending Jesus to make us right with him, or you might ask God for a strong faith like Abram's.

Allow each child to pray. Conclude with a one-sentence prayer asking God to use his armor to protect these children in the coming weeks.



## REVIEW ACTIVITY & PRAYER

Fit your feet NO PREP	Closing Prayer NO PREP
<p>Have everyone sit in a circle and tell them to take off their left shoe. Have them throw it in a pile in the middle of the circle. You can mix up the shoes if you want.</p> <p>Then, have each kid randomly grab a shoe from the pile and put it on their left foot. Once everyone has a shoe on, have them find the person who is wearing their shoe, and stand next to them. In order to get their shoe back, they have to say two good qualities about the person wearing their shoe. Once they do, they can take their shoe back.</p> <p><b>SAY</b> • When you have your feet fitted with the readiness that comes from the gospel of peace, you can tell others about the love of God!</p>	<p>Have children sit around you for the closing prayer time. <i>If you have younger kids, just pray over them during this part.</i></p> <p><b>SAY</b> • From this part of God's Armor we've learned that <b>we can be ready to tell others about God's peace and love.</b> Let's have a peaceful prayer. Pray silently and ask God to help you have peace in your own life so that you can be ready to tell others about Him.</p> <p><i>After a moment of silent prayer, then whisper:</i> "Now let's get ready to run faster, jump higher, and tell others about God's peace. On the count of three, let's jump and shout "We're Ready!"</p> <p><i>Softly count to three, then jump with the kids and shout "We're Ready!"</i></p>

## TRANSITION AND DISMISSAL:

Preschoolers may play until their parents come to pick them up. If they start getting restless, organize a group game to help manage the classroom.

## CHECKOUT PROCEDURE:

- As parents begin to arrive, open the door and have one leader stand just inside the classroom door with the attendance sheet.
- Take the parent's security sticker and call loudly for the child to come.
- While you wait for the child to come, tell the parents something that their child enjoyed doing or did well during the service and distribute the preschool big picture cards for families.
- Before you let the child leave the classroom, look to see that the parent and child security codes match and remove the sticker from the child's shirt as they leave.

Note: If a parent lost their security sticker, send them to the check-in desk for approval. Never allow a child to go to a parent unless they have the security sticker.

## LOOP KIDS LEADER CLEANING GUIDELINES

Immediately after each service, please do the following:

- Please spray and wipe down the following areas.
  - Door knobs (both sides), Light switches, Hand Sanitizer Dispenser, Remote Controls,
  - Tables and Chairs (spray and let air dry)
  - Large Stationary items like Play Structures, Train Tables, Baby Swings or Changing Tables (spray and let air dry)
  - Any other surfaces touched during the service.
- Please put all toys that were used in your service in the same bin that you got them from (9am service toys back in 9am service bins, etc). If you noticed a child with a toy in their mouth during the service, please place it in the dirty bin for extra cleaning.