

FAMILY TABLE TALK

WEEK OF JANUARY 3RD



Once your family is seated at the table & eating, go through each section below together.

HIGH LOW BUFFALO

Take turns around the table to share your **HIGH** from the day (the best thing that happened), your **LOW** from the day (something that made you upset), and **SOMETHING RANDOM** from your day that you'd like to share.

This week, have the person with the **best singing voice** go first.

LESSON RECAP

Our new unit brings us to a very familiar passage in the Old Testament. It is when God spoke to Moses on Mt. Sinai and told him the rules that He wanted His people to live - the 10 Commandments. This week we learned about the first two commandments. The first commandment God gave Moses was to not have other gods before the one, true God, or in other words, to always put God first. The second was similar: Don't worship idols. Idols are things that people pay more attention to than they pay attention to God. The 10 Commandments, or the Law as it is also called, shows us how to live a holy life pleasing to God. But have you ever tried to go even one day without breaking at least one of the commandments? It's impossible because of sin. The Law shows us that we are helpless on our own, and that we need someone to help us. BIG time. But the good news is that through God's Son, Jesus Christ, who kept each and every commandment, we can know God, love God and obey Him.

THE BIG IDEA: We obey God by putting God first.
THE BIBLE: The 1st & 2nd Commandments (Exodus 20:1-6)

ASK THIS

- Why is it important to put God first?
- What makes putting God first difficult?
- What is one way you can put God first this week?
- Is your relationship with Jesus more important to you than anything else?

NOW WHAT?

Read Philippians 3:7-9. In this passage, Paul tells the Philippians that nothing is more important than his relationship with Jesus. Discuss what it would look like to love God this much, that nothing else was more important to you than your relationship with him.