

SESSION 1

LESSON GUIDE

MISSION:
DEEP SEA

THE BIG IDEA

People can help my
faith grow.

THE BIBLE

Moses and the Red Sea:
Exodus 14

ACTIVITY | S.E.A. Agent Badge

Starting today, each of your kids will be S.E.A. Agents-in-Training at Mission:DEEP SEA. We will be working together to make it through the program all week, so we need to make official S.E.A. Agents-in-Training badges to help us identify one another.

INSTRUCTIONS: In your supply bag you will find a S.E.A Agent Badge and a piece of yarn. Color your badge with crayons or markers and then write your name on it in big letters. Then take the yarn in your bag and tie it through the hole so you can wear your badge like a necklace this week and be an official S.E.A Agent-In-Training! **BONUS:** Send us a picture of you wearing your badge to earn an entry into the prize drawing at the end of the week!

MEMORY VERSE | Ephesians 3:18

This week we will be learning Ephesians 3:18 together. **Click here** to view the hand motions to help you remember the verse!

**"Grasp how WIDE and LONG and DEEP and HIGH is the love of Christ."
Ephesians 3:18 (NIV)**

SNACK | Crossing the Red Sea

Today's snack is a fun way to remember today's Bible story. Your kids will be making the Red Sea when Moses used his staff to make a path for the Israelites to escape Egypt. Then, while they're enjoying their snack, feel free to go through the Discussion Questions below with them!

SUPPLIES:

- Graham crackers
- Icing Cups
- Blue food coloring & Dropper
- Swedish Fish
- Spoon & Cup

INSTRUCTIONS: First, you will want to empty the contents of the frosting cup into the larger clear cup. With the dropper, add just a few drops of the blue food coloring the cup and use the spoon to stir it up to combine the icing and food coloring. Then spread the frosting on both of the long sides of the cracker, leaving the middle of the cracker not frosted. After you have frosting on each side of their graham cracker, add some Swedish Fish anywhere on the blue icing and enjoy!!

DISCUSSION

INSTRUCTIONS: Go through these questions with your kids while they're eating their snack.

Who were Moses and the Israelites running from? Pharaoh and his army.

When Pharaoh's army was getting closer to them, what did the Israelites ask Moses?

Why did you bring us here? What have you done?

What did God tell Moses to do that made the water part? Stretch out his hand.

Read Exodus 14:13-14. Why did Moses tell the people they need only to "be still"?

Have you ever been in a situation where you thought you had no way out? What happened? What do you think it means for your faith to grow?

Who is someone who has helped your faith grow? How?

ACTIVITY | Fish Key Chain Craft

Our story today showed that even when the Israelites faced something scary, God provided what they needed. God gave Moses the power to part the Red Sea so the people could pass safely on dry ground. Hearing stories of how God provided for people in the Bible and even other people we know can help our faith grow. These fish can be a reminder to us that there are people who can help my faith grow!

SUPPLIES:

- Pipe Cleaner
- Beads
- Key Chain

INSTRUCTIONS: Your kid will be making their own fish key chain to hang on their S.E.A. Agent badge! Form a heart shape in the center of the pipe cleaner and twist below it several times. Thread beads on both pipe cleaner ends. Add a key chain ring, then twist ends together to secure it. Finally, help your kid hang their fish on their S.E.A. Agent badge.

ACTIVITY | Coloring Page

In your supply bag every day there will be a new coloring sheet that your kids can color with crayons or markers that goes along with that day's Bible story.