

FAMILY TABLE TALK

WEEK OF NOVEMBER 15TH



Once your family is seated at the table & eating, go through each section below together.

HIGH LOW BUFFALO

Take turns around the table to share your **HIGH** from the day (the best thing that happened), your **LOW** from the day (something that made you upset), and **SOMETHING RANDOM** from your day that you'd like to share.

This week, have the person with the **MOST RECENT** birthday go first.

LESSON RECAP

Moses grew up as the princess's son and had a pretty good life until one day, as a grownup, he made a big mistake. So he ran away from Egypt to begin a brand new life. One day, while Moses was outside taking care of his sheep, he saw something in the distance. It was a bush on fire, but the bush wasn't burning up! When Moses went to take a closer look at the bush, he heard God speaking to him from the burning bush! God had a message for Moses. God wanted Moses to go back to Egypt to bring God's people, the Israelites, out of Egypt. Moses told God that he didn't think he was good enough to do the job. But God told Moses that he wouldn't be alone because God would help Moses!

THE BIG IDEA: God helps us in our weakness.

THE BIBLE: God Calls Moses (Exodus 3:1-14, 4:1-17)

ASK THIS

- Why did Moses run away from Egypt?
- What did God ask Moses to do and why did Moses not want to do it?
- Read Ex. 4:14-17. How did God help Moses in his weakness?
- What do you think is your weakness? How do you think God can help you be strong even when you're feeling weak?
- Is it easy or hard to ask for help? Why?

NOW WHAT?

God helped Moses in all his troubles, and God had a plan for his life. God also helps us when we are in trouble or have worries. As a family, think about a church member or neighbor who needs help. Make plans to send that person a drawing or note, maybe even with a special treat, that shows God's love to them.