

FAMILY TABLE TALK

WEEK OF JANUARY 31ST



Once your family is seated at the table & eating, go through each section below together.

HIGH LOW BUFFALO

Take turns around the table to share your **HIGH** from the day (the best thing that happened), your **LOW** from the day (something that made you upset), and **SOMETHING RANDOM** from your day that you'd like to share.

This week, have the person with the **NEXT birthday** go first.

LESSON RECAP

This week we learned about a prophet, a person who brings new from God, named Micah. Micah was a prophet who lived during Bible times way before Jesus was born. Here's a fun fact: Micah actually brought the news about where Jesus would be born! That's pretty cool, huh? Micah lived in Israel, near a city called Jerusalem. Micah had some pretty big breaking news from God! He probably became the most unpopular person around. You see, the people of Israel – especially the rulers and leaders – had become dishonest and were treating people badly. Instead of pointing people to God, they were turning them away. Micah called them out on their unjust ways and warned them that terrible things would happen if they continued disobeying God and kept mistreating people. Here's the awesome thing about Micah and his news: Micah still followed and listened to God and wanted others to obey, even when it was hard. No matter what others did, Micah chose to stand up for what's right.

THE BIG IDEA: When things go wrong, I can choose what's right.

THE BIBLE: Micah (Micah 3:5-12)

ASK THIS

- What are some of things that were wrong around Micah's time?
- How did Micah stand up for what was right?
- If it were your job to bring news to your friends from God like Micah did, how would you feel delivering it?
- As people who follow God, why is it important to remember that people notice how we live?

NOW WHAT?

Have you ever wished you would have said something about something going wrong around you? Take turns sharing stories about a time when you saw people around you doing what was wrong, and you didn't stand up for what was right. For example, you didn't stand up for someone who was getting picked on. Remember the Big Idea: **when things go wrong, I can choose what's right.**