

Monitrice Services

A Monitrice is a unique combination of a doula with midwifery skills. They provide all the same physical and emotional support of a doula but can also help monitor mother and baby while laboring at home. A Monitrice can monitor baby's heart rate; monitor the mother's vitals and check cervical dilation upon requested. You will receive all the typical support you can expect from my doula services but with added clinical support from the trained Monitrice. This can be a very beneficial service to both the caregiver and the client and especially for those who live in a rural area, where the midwife, hospital or birthing center is a distance away.

A Monitrice does not perform these tasks at the hospital, birthing center, or when the midwife has come to your home unless the caregiver gives consents. A Monitrice does not make primary care decisions or diagnosis.

At the arrival of your midwife or transferring to a hospital or birthing center, your Monitrice will assume the role of Doula only and No clinical support will be available. Unless we are having a homebirth and in which case if the Monitrice is also trained as a 2nd in attendant midwifery assistant, then upon request from your caregiver can switch hats and in her scope of practice then assume the role of a 2nd in attendant midwifery assistant. Your Monitrice is not a Midwife and will not plan ahead to catch or assist in the birth without your provider present. While we believe in birth autonomy, if you have no birth professional hired such as a midwife or OB, I will not be able to attend the birth event in its completion.

If your desire is to labor at home as long as possible and would like someone who is respectful and knowledgeable to monitor you and your baby's progress, with a clear indication of when it's time to go to the hospital, birth center or to know just when to call on your care giver. Or if you are facing some health challenges with your pregnancy and you desire a labor support person with greater knowledge and experience, you may benefit by adding the services of a Monitrice to your Doula Package.